Deirdre Murty (l) and Michelle Kennedy (r) at Yale Golf Course graduation ceremony

1994 Commencement and Alumnae/i Weekend Issue
These are extraordinary times for nursing as the nation embarks on one of its most ambitious health reform journeys. Indeed, these times give heightened meaning to the Chinese proverb, "Crisis is opportunity riding on dangerous winds." As you will see below, President Levin has asked me to continue steering YSN's ship through this critical period in the School's history. While we have had our share of turbulent seas, I am confident that we now have the wind in our sails and that we are on a steady and familiar course toward success. It is my privilege to remain at the helm and I look forward to shouting all manner of good news from the crow's nest in the years to come!
Carol Ann Wetmore '94 spoke last January at the Winter Dinner Meeting for District IV of the Connecticut Nurses’ Association (CNA). Her speech, *Nursing’s Agenda for Health Care Reform*, covered the five legislative initiatives on health care reform, and how to become more involved in the future of health care policy. Carol Ann, an Emergency Department nurse at Yale-New Haven Hospital who is completing an internship in government relations at CNA, compared Clinton’s proposal with those of Chafee, Wellstone/McDermott, Michael, and Cooper. She stated that, “... regardless of what plan evolves at the federal level, health policy experts anticipate that the states are going to be pivotal in operationalizing that plan.” Here in Connecticut the Legislative Program Review and Investigations Committee has published a briefing paper entitled, “Health Care Cost Containment in Connecticut.” In addition, this Committee was to make recommendations regarding the coordination of health care policy in Connecticut in response to federal reform mandates. Carol Ann referred to *Nursing’s Agenda for Health Care Reform* as a, “vision for reform (which) is a comprehensive plan that addresses the three problems of the current system: inequitable and limited access, increasing costs, and appropriateness of care delivered.” In conclusion, she encouraged CNA members to become involved in N-STAT and then spoke of the benefits of a media technique training program sponsored by N-STAT. N-STAT, also known as the Nurses’ Strategic Action Team, was created by ANA as the nurse’s grassroots lobbying system to promote health care reform at the federal level. N-STAT represents a nationwide effort to coordinate the activities of the 2.2 million nurses, the largest single group of health care providers in the country, who will work to generate media, political, and home town support, as well as to lobby their federal Senators and Representatives on nursing issues and concerns. The media training program in which Carol Ann participated taught her to communicate in “sound bites”—communicating in anecdotes and with numbers or statistics. This technique was partially responsible for her participation on a televised panel discussion with Mrs. Hillary Rodham Clinton and twenty members of Congress. At this conference, she illustrated a number of key nursing issues and an issue in the Clinton plan, the need for administrative reform. Carol Ann closed her informative speech with the following: “I urge everyone to get on the list of N-STAT (no cost involved) ... This is a key opportunity to influence our future.” She then quoted Senator Dirkson who was responding to a large amount of correspondence on an issue, “When I feel the heat, I see the light!” Carol Ann suggested that, “Nursing is in a perfect position to turn up the fire!”

In honor of National Nurses Week, residents and staff of the Gables at Guilford, a retirement community in Guilford, CT, recognized nursing’s “First Lady,” Virginia Henderson, now a Gables resident. A special luncheon and tribute was made to Virginia on May 11, 1994, attended by many distinguished guests, including YSN friends and colleagues Wailua Brandman ’94; Catherine Mark Burdge ’86, Virginia’s great niece; Judy Chessin ’93; Peg Cushman ’76; Jim Fain; Linda Schwartz ’84; and Florence Wald ’51. Seated (l to r): Virginia, Wailua Brandman; standing (l to r): Florence Wald, Catherine Burdge.
Sigma Theta Tau/YSN Research Day

On May 5, 1994 Delta Mu Chapter of Sigma Theta Tau and Yale School of Nursing sponsored the Annual Research Day, an opportunity for students and alumnae/i to present research results to the YSN community. A wine and cheese reception followed. Associate Dean Margaret Grey started the event off by extending greetings and explaining the program format. The following sessions were offered, covering a wide variety of research interests and results. The extraordinary diversity and quality of research were once again evident.

Marge Allende '94
Patient and Treater Perceptions of Noncompliance, Motivation, and the Treatment Relationship

Sharon Bottomley '94
Uncertainty and Coping in Adults with Asthma

Wailua Brandman '94
Symptoms as Symbols

Timothy Clarke '94
Secondary Psychiatric Comorbidity and Prolonged Length of Hospital Stay

Elizabeth Cusanelli '94
Nurses' Perceptions of Ethical Issues in the ICU

Beth Elmore '94
Utilization of Routine Ultrasound Scanning in Pregnancy as Opposed to Scanning for Indications Only

Mary Pat Lamberti '94
Reimbursement to Nurse Practitioners Using Relative Value Scales

Sherrie Page Najarian '94
Clozapine: Family Experience with Positive Client Response

Lori O'Donnell '94
A Comparison of an Urban and Rural Emergency Department and Times to Thrombolytic Therapy

Julie Oftring '94
Examinations of Mothers'

Perceptions of Their Needs and Concerns Through Their Child's Illness of Cancer and Terminal Phase

Rebecca Ousley '94
Family Needs in Planned and Unplanned Cardiac Events

Robin Pooley Richards '93
Predicting In-Hospital Mortality in Patients with Acute MI

Claire Ryan '94
Adolescent Mothers' Perceptions of Childhood Injury Risk

Karin Thompson '94
The Characteristics of the Family Social Environment in Vietnam Combat Veterans with Substance Dependence or Post-Traumatic Stress

Michelle Bolles Vitale '93
Quality of Life in Younger Persons with an Implantable Cardioverter Defibrillator

At the 1994 Sigma Theta Tau, Delta Mu Chapter, Induction Ceremony Donna Diers '64 was presented with a Hitchcock stool, specially monogrammed with the YSN insignia, for her years of guidance and support. A charter member of Delta Mu Chapter, Donna has been active for nearly 15 years.

Michelle Donlick '96 (l) and Eileen Whyte '95 (r) have received the Richard D. Frisbee III Scholarship, awarded in memory of Richard D. Frisbee III, who died of acute leukemia in 1989. Established by the Richard D. Frisbee Foundation, the scholarship is awarded to YSN students studying pediatric or adult oncology. Michelle, who is enrolled in the Three Year Program for Non-Nurse College Graduates, begins the Medical-Surgical Nursing Program (Oncology Specialty) this fall. Eileen is enrolled in the Pediatric Nurse Practitioner Program and is pursuing a special interest in pediatric oncology.
YSN Supports Fund Raiser for DESK and Sister School Project

Elizabeth Marlow '96

On the evening of April 28, 1994, 60 people gathered at BAR in New Haven for the first annual fund raiser in support of the Downtown Evening Soup Kitchen (DESK) and the Sister School Project. BAR provided both space and music at no cost. Caffe Adulis and Samurai Japanese Restaurant generously donated food for the event. The YSN Student Government Organization lent its support with $200 to help pay for additional food and expenditures. With such backing the stage was set for a perfect party and an opportunity for YSN students and others to take a break from their end-of-semester ordeals. According to reports, a good time was had by all who enjoyed the delicious food, music, and good conversation, not to mention the event raised $600 for the two organizations.

The Sister School Project, begun in 1986, is a relationship between YSN and La Politecnica de la Salud Perla Maria Norosi in Leon, Nicaragua. La Politecnica was founded in 1984 as an effort by the Ministry of Health to increase nursing services throughout Nicaragua. La Politecnica has a faculty of nine for over 200 students. In addition to being understaffed, La Politecnica operates under extreme shortages of the most basic clerical, clinical, and educational equipment. Despite the dearth of resources, La Politecnica continues to train nursing professionals committed to serving the agricultural and rural communities of Nicaragua. Over the past eight years YSN's commitment to providing material supplies to La Politecnica has evolved into a partnership in the exchange of information, expertise, and people. YSN looks forward to further collaboration with La Politecnica in the years that lie ahead.

The Downtown Evening Soup Kitchen was founded in 1987 to provide free meals to the homeless, hungry, and working poor of New Haven. In the past six years, through the efforts of its Executive Director, Willis Diggs, and the committed team of over 100 volunteers, DESK has grown from serving 30-40 meals three nights a week to 90-100 meals all week long. In conjunction with the meal service there is a health clinic organized by YSN students. The clinic offers blood pressure screening, on-site treatment for minor medical conditions, and referrals to area health centers and hospitals. One of the clinic's main goals is to provide continuity of care for the DESK clientele, as it is often the first or only place where a guest may receive health care. Through the health clinic YSN supports DESK's efforts to eliminate hunger and help its guests become self-reliant.

DESK and the Sister School Project assist communities in need. While the populations the two organizations serve may be different, their dedication to improving the conditions of these populations is not. The fund raiser on April 28, 1994 proved that people inside and out of the YSN community are also committed to the ongoing work of DESK and the Sister School Project. Thank you for your support. See you at BAR in 1995!
COMMENCEMENT 1994

by Linda Demas '89

On what Dean Judith Krauss heralded as an elegant and elite occasion, she conferred thirty Certificates in Nursing, and sixty-six Master of Science in Nursing degrees on members of the Class of 1994. The Dean's remarks at the beginning of the Commencement ceremony spoke to the opportunities for creative transformation awaiting the advanced practice nurse, facing a less than perfect health care system, with lines more sharply drawn between those who have access to health care and those who do not, in work environments demanding creative attention. She reminded all present that nurses distinguish among health, illness, and disease, looking at the world through different lenses and maps than colleagues in other health professions, understanding that everything happens in context, and that health and illness have meaning for people.

Ed Drew '92, President of the YSN Alumnae/i Association, presented each graduate with a YSN pin, tangible evidence of accomplishment, and welcomed all to alumnae/i status!

In Gallaudet Howard Garland's '94 Student Address, the metaphor of unfolding creases within an Origami crane eloquently reflected and refracted the themes of caring and compassion within the context of the patient's illness and health, highlighted earlier by Dean Krauss.

Elizabeth Cusanelli '94 presented the 1994 Class Gift, a monetary contribution to the Virginia A. Henderson Fund which provides Virginia with a lifetime income. According to Virginia's wishes, any remainder of the Fund after her death will be used to establish a fund in her honor at YSN, dedicated to the principles of her legendary work in the profession.

Ceralyn Spollett

Stephanie Hertig, Banner Bearer, leads the procession.
Rachel Hutson '94 and Michelle Kennedy '94 presented the 1994 Annie Goodrich Recognition Award to Geralyn Spollett, Assistant Professor of Nursing in the Adult Nurse Practitioner Program.

"As a nursing educator, this year's Annie Goodrich Award recipient is recognized as having an excellent clinical knowledge base. She continually challenges herself to broaden her nursing expertise. Moreover, she possesses the uncanny ability to recognize and understand students' varying backgrounds, learning skills, needs, and educational goals. Most importantly, she has a heart that truly enjoys teaching. As students, we know that her primary goal is to help us achieve applicable, important nursing skills and expertise.

This year's recipient is involved in many facets of activities which embody nursing education and professionalism. Her professional activities include developing test questions for the American Nurses Credentialing Center in Washington, D.C. She is an Acting Program Director in the Adult Division at the Yale School of Nursing and is concurrently a valuable team member and clinician at the Dana Diabetes Clinic at Yale-New Haven Hospital. Other professional activities include work with the Adult Nurse Practitioner Outreach Program for the homeless and diabetes teaching at the Joslin Diabetes Center.

She is also active in many professional organizations and nursing associations, including the ANA, CNA, CNPG, Fairfield University Nursing Honor Society, American Association of Diabetes Educators, and the American Diabetes Association. Additionally, she is on the Executive Committee of the Advanced Practice Group at the Yale Medical Center.

During the past two years, she has presented numerous speeches to diabetes educators, hospitals, and the American Heart Association on diabetes management and its respective health implications. Moreover, she has published nursing articles in the Nurse Practitioner Forum, Nurse Practitioner, and Diabetes Educator journals. She has contributed two chapters to the textbook titled Health Assessment Across the Life Span. While she is involved in all these professional activities, she still has time for family and community activities.

She is perceived by YSN students as an effective role model. She conducts herself professionally, is a stimulating and knowledgeable
educator and simultaneously is genuine, honest, and personable. She is at the forefront of advanced practice nursing policy and provides high quality diabetes patient care. As a clinician, she provides incredible supports to her patients, many of whom have complicated and stressful lives. As one student states, 'I have never seen patients open up to a health care provider like they do with her.'

Her availability and support of students are recognized by many. She is viewed as going beyond the call of duty to supply her students with support and materials to enhance their learning. Students appreciate that they can call her almost anytime and she is receptive to their concerns. She is open to student input, accountable to her students, and most importantly, an excellent listener. She is a person and professor that one readily trusts and respects. One student remarks, 'She will go out on a limb to help you and is comfortable doing so, as long as the student is also out there dangling in the wind and working with her. She has no second agenda. She's here to help us learn.'

The 1994 Charles King, Jr. Memorial Scholars Aid Prize and the 1994 Milton and Anne Sidney Prize were awarded by Dean Krauss to Carol Ann Wetmore '94 and Michelle Desisto '94 respectively. At the conclusion of the Commencement program there was a lovely reception on the lawn of the golf course for graduates and their friends and families.

possible opportunity, both to learn and to contribute. While at Yale, she has taken courses at Epidemiology and Public Health, the Law School, and the School of Organization and Management. Likewise, she has used her policy and politics experience widely and generously in the state and local community. Her work with the Connecticut Nurses' Association has ranged from answering the mail to producing public testimony for the legislative session. Not one to be confined by home boundaries, she seized the opportunity for an international experience in Australia and made major contributions while learning more about the country and its health care system. Such experiences have both challenged and highlighted a very special talent: she is a "team player" who views the goals of the enterprise as more important then praise for her own work.

She has been an invaluable resource to students and faculty alike for her knowledge of systems and policy. She has sought out additional experiences such as participation in open forums on health care reform along with attending the Nurse-in-Washington
workshop. In all instances, the hours and commitment devoted far exceeded course requirements. Now and in the future she will always be an ambassador for Yale School of Nursing!"

admired by Yale School of Nursing faculty and students. Her thesis exemplifies the School's commitment to clinical research. She designed a prospective, exploratory study to determine the incidence and nature of wound healing in patients undergoing coronary artery bypass surgery. Although some consider major leg wound complications at the saphenous vein site to be uncommon, there is evidence that these are under-reported and may prolong hospitalization or cause the patient to be readmitted, increasing the cost of care and delaying recovery. She developed several clinical data collection forms which allowed her to observe patients' wounds on the cardiac surgery stepdown unit; a follow-up with the patient to observe the wounds in the surgical clinic; and a telephone interview with patients who were recovering at home after surgery. As a result of her study, a profile of individuals who are prone or vulnerable to impaired wound healing was identified. Her writing skills are exquisite. Her thesis captured the creativity and excitement that are present in clinical work. The study will lead directly to new nursing interventions and provide an increased knowledge base which guides our practice."

"The 1994 recipient of the Milton and Anne Sidney Prize, Michelle DeSisto '94, is a model student, 

1 Year Later...

With the Commencement issue of the Yale Nurse, we extend the invitation to members of the Class of 1993 to share, via the Yale Nurse, your impressions of the "real world" of advanced practice nursing. To quote Marvel Davis, Past President of YUSNAA, "We all remember the hard work and anxieties during our years at YSN, the relief and pleasure that came with graduation, and the eagerness we felt to move quickly from school into the world of professional practice." What has your experience been in this world? It is interesting and inspiring for us to learn of the challenges and rewards that await new grads entering their chosen specialty arenas. Let us hear from YOU!"
37th Alumnae/i College
Health Care Reform: A Healthy Future for Nursing

By Linda Demas '89

The Alumnae/i Board's continuing effort to achieve just the right balance between social events and educational programs garnered a significant measure of success for those alums participating in the 1994 Alumnae/i Weekend. Renewal and reminiscing began Thursday evening at Calhoun College, accompanied by the musical selections of Shades of Indigo, YSN students all.

Edward Drew '92, President of YUSNA, welcomed alums Friday morning, presented an overview of the Program, and encouraged all to engage in frank discussion of the issues. The panel members for Friday morning's program, "A Nursing Perspective on Reform," were introduced by Dean Krauss who served as moderator. They were Sarah D. Cohn '73, JD, Associate Council, Yale-New Haven Hospital; Sally Solomon Cohen '80, MPhil, PhD, Lecturer in Nursing, YSN; Margaret Grey '76, DrPH, Independence Foundation Professor of Nursing and Associate Dean, YSN; and Judith Shindul-Rothschild '78, PhD, Assistant Professor of Nursing, Boston College School of Nursing. Each of these distinguished nurses presented her perspective and expertise regarding the many issues surrounding health care reform, the impact on advanced practice nursing, and how nursing can influence and shape reform. A lively question and answer period followed, perceived by many as too brief for the stimulation just received.

After lunch, Ed Drew informally introduced a networking concept which the Board hopes to see grow annually. This included a map of the US with pins for placement of business cards and time to exchange information on job opportunities. The afternoon began with greetings from Yale University President, Richard C. Levin, PhD, who lauded Dean Judy Krauss, describing her leadership as shaped by determination and distinction in recent difficult years. President Levin announced that he will recommend to the Yale Corporation...
that she be reappointed Dean of the
School of Nursing for another three
years once her present term expires
in 1995.

In the State of the School
Address, Dean Krauss confided
that she had negotiated a
commitment from President Levin
that an existing building, designed
to meet the School of Nursing’s
long term needs, be completed by
July 1, 1995. She also addressed
ongoing changes in graduate
education, especially regarding the
Clinical Specialist/Nurse
Practitioner roles.

The afternoon concurrent
workshops were timely, intense,
and rewarding. It was difficult to
choose among them:

Issues Related to Home Health
Care and Reform
Paula Milone-Nuzzo, MS, PhD,
Assistant Professor and
Coordinator, Home Health Care
Concentration, YSN

Connecticut and Health Care
Reform: The Financial Issues
Marie Roberto, DrPH, Chief of
Health Policy Development,
Department of Public Health and
Addiction Services, State of
Connecticut; and Donald C.
Pogue, JD, MA, Commissioner
with the Commission on
Hospitals and Health Care, State
of Connecticut

Grassroots Activism: The Better
Elder Services Today Project
Dorothy I. Baker, MN, PhD,
Research Scientist, YSN

Seeing Visions and Flying Kites
Diana Weaver, RN, DNS, Vice
President for Nursing, Yale-New
Haven Hospital

Pediatric Issues in Reform: The
Effects on Mothers, Children,
and Primary Care
Margaret Grey, MSN, DrPH,
Independence Foundation
Professor of Nursing and
Associate Dean, YSN

Nina Adams ’77 (l) chats with classmate Shirley Girouard ’77.

(L to r) Back for their 10th reunion Del Pike, Marge Funk, and Mary
Heery, Class of 1984, sit on the bench given to the School by their
class.

Returning after 30 years Class of 1964 members (l to r) Donna Diers,
Ann Watkins, Joyce Simonwitz, Joan Wagner, and Bernice Hibbard
(not pictured).

Representing the Class of 1949 are Marjorie Wessen (l) and Gertrude
Parkhurst (r).
Saturday morning, speaking with humor flavored with the savoir-faire of political experience (she served in the New Hampshire legislature), Shirley Girouard '77, entertained us and challenged us, as Yale Nurses, to be activists in shaping health care reform. She cited opportunities central to nursing: competition, specifically regarding quality of care; paradigmatic shifts toward integrated delivery, egalitarian collegiality, and public health rather than individual concerns; and resource re-allocation with significant redistribution of primary care and prevention roles and subsequent cost-effectiveness.

The social highlight of the Weekend, the Friday evening banquet, was a festive celebration for reuniting classes. Following the presentation of corsages and class reports, we honored our Distinguished Alumnae.

Deborah Welch-Boyle

She took the long road to realizing her goal of becoming an oncology clinical nurse specialist and we are grateful for her perseverance. From Licensed Practical Nurse to Associate’s Degree, and Bachelor of Science, she found her way to Yale where she graduated in 1979. She began her nursing career at the West Haven Veterans Administration Hospital where she worked in oncology and psychiatric nursing. From the beginning she took part in research projects in Yale’s Chemotherapy Clinic, and coordinated and taught in a Cancer Core Course at the University of Southern California. These early experiences prepared her well for her future role as an oncology clinical nurse specialist.

As a Yale nurse and clinical nurse specialist in oncology, her work has touched practice and education coast to coast — a cancer nursing outreach program in Washington, a faculty position at Oregon Health Sciences Center, the Connecticut Hospice, a cancer program in Arizona, and as a consultant and lecturer in metropolitan

Washington, D.C. to name a few. Recognized as a prolific writer, her numerous articles, book chapters and editorials discuss a variety of oncology topics, including cancer survivorship and oncology issues in geriatrics. Her numerous workshops have addressed both of these topics, as well as the role of the clinical nurse specialist.

A knowledgeable and engaging speaker, she has travelled throughout the United States and abroad addressing colleagues. The Oncology Nursing Society has recognized her numerous times for her contributions to the clinical practice of cancer nursing and for her excellence as an educator and scholar, Baylor University claimed her as a Distinguished Lecturer, and the Royal Women’s Hospital in Australia invited her as Visiting Professor.

It is with great pride and pleasure that the Yale University School of Nursing and her Alumnae/i Association present the Distinguished Alumna Award to Deborah Welch-Boyle, Class of 1979.

Marjorie Funk

Expert clinician, extraordinary teacher, and respected mentor, she is a true scholar with a commitment to excellence in research. Her delightful personality and sense of humor are the vehicles for a wealth of knowledge and creative energy shared with students, nursing staff, and colleagues as she engages them in the work of nursing.

She began her nursing career in the intensive care units of Yale-New Haven Hospital in 1975. As a student at YSN one of her course papers was published in Critical Care Nurse. Yale recognized her gifts and appointed her to the
faculty after graduation with a joint appointment as a Clinical Nurse Specialist at Yale-New Haven Hospital. Her work in the use of technology and in post-operative care with heart transplant patients is legendary and visionary.

First as Assistant Professor and now as Associate Professor in the Medical-Surgical Nursing Program and Coordinator of the Cardiovascular Nursing Specialty at YSN, she has continued to excel. In 1992 she earned her PhD from Yale University in Chronic Disease Epidemiology.

With over 25 journal articles, abstracts, and monographs to her credit and countless national and international presentations, her research has changed nursing and medical practice. A prospective study that examined factors predisposing patients to lower limb ischemia when being treated with the intraaortic balloon pump resulted in the use of a smaller diameter balloon pump.

Consultant, editorial reviewer, researcher, teacher, mentor, golfer, but always nurse, she has been acknowledged here at YSN and nationwide with numerous awards. Her writings range from the most prestigious research journals to the OpEd column of the Boston Globe — always relevant, groundbreaking, and moving.

While we already claim her, it is our privilege to honor Marjorie Funk, Class of 1984, with a Distinguished Alumna Award.

Mary Lee Mantz

Life offers each of us a chance to work toward the betterment of humankind, but very few seize the day, sowing seeds that will bear fruit for an entire nation.

Graduating from YSN in 1969, she spent two decades practicing nurse-midwifery, teaching and developing nurse-midwifery services throughout New England. She lent her elegant blend of clinical expertise and gentle nature to students, at once nurturing and demanding of excellence. Always willing to provide leadership, she directed the Nurse-Midwifery Service at the Mary Fletcher Hospital at the University of Vermont.

In 1990 she took a leap of faith in fulfilling a personal dream to serve other cultures. In joining the faculty at Case Western Reserve Frances Payne Bolton School of Nursing, she was posted to Uganda and contracted with the Rockefeller Foundation and Ugandan Ministry of Health to establish the first BSN program at Makerere University in Kampala.

Working under extreme conditions few of us would find bearable, she flourished. Often without electricity, running water, petrol, phone, with occasional gunshots ringing in the night, and in a culture ripped by poverty and the tragedy of AIDS, she does her work undaunted. Her work includes development of a nursing curriculum tailored to the rural nature of Uganda, building three village primary schools and a rural village maternity clinic. Ever the advocate, she has worked with women’s groups in developing microeconomic projects and financial self reliance.

Perhaps her greatest accomplishment has been the seeds planted in the hearts of her adopted kinsfolk. As a result of her dedication and gentle nature, the Ugandan Nurses and Midwives Association has given her an African name, Achiiki, which means “the gentle one.” Teacher, clinician, founder, visionary, it is with great pride that YSN and her Alumnae/i Association present the Distinguished Alumna Award to Mary Lee Mantz, Class of 1969.

We hope that many of you, especially the reuniting year alums, will begin to make plans for the 1995 Alumnae/i Weekend. Judging from the enthusiasm of participants, the excitement generated by the social and programmatic offerings, and the excellence of the presenters, the 1994 Weekend was an unqualified success!

Sculpture given to YSN by Ugandan midwives in honor of Mary Lee Mantz '69
MINUTES OF THE ANNUAL MEETING OF THE YUSNAA, JUNE 4, 1994

The meeting was called to order by President Ed Drew who made welcoming remarks and offered thank you's to all who had contributed to the success of the Alumnae/i Weekend events.

Justine Glassman '51, reporting for Mary Jane Kennedy '68, Chairperson of Annual Giving, announced a total of $463,837 in donations, given by 41 percent of living alumnae/i, two percentage points above last year. This total reflects a bequest from Lola Laffay '44. 75th anniversary special giving totals $57,379. $92,632 represents total annual giving.

Treasurer Margaret Brigham '92 reported $12,927 in an interest bearing account with the Bank of Boston Connecticut. The Board is looking into transferring these funds to an interest bearing CD account with a higher rate of interest. She also reported expenditures this year for pins for graduating students, printing of Yale Nurse, YUSNAA Weekend expenses, and student scholarships.

The proposed slate of officers, new and returning, for the 1994-95 Board was presented by Alyson Cohen '92 in the absence of Doris Foell '88, Nominating Committee Chairperson. The slate was put to a vote and unanimously approved.

There was no Old Business.

Under New Business Dean Judy Krauss announced that she would be travelling around the country over the next year, to meet with alums and possibly benefactors interested in supporting the School and its programs. She asked for alums interested in hosting a get-together to contact her. President Ed Drew '92 presented an idea suggested by the past year's Board, tentatively called Gradnet, which would be a network of alumnae/i interested in talking with graduating students and/or willing to have graduates stay with them while interviewing for jobs or relocating to their area. Those present felt it was a good idea and further information will appear in an issue of Yale Nurse later in the year. In addition Ed described a project that the Board is working on to present a workshop or workshops for final year students to help prepare them for job interviews, resume writing, and salary and benefit negotiating. Hopefully this will be take place in the beginning of Spring Term, 1995.

The meeting was adjourned at 10:30 am.

Respectfully submitted,

Anne Aquila '89
Secretary
PNPs in the Class of 1974 at the banquet (seated l to r) Penny Hatcher, Mary Sennott, Mary Ellen Erlandson, Sharon Bidwell-Cerone, Anthony Mascia, Pat Harris, Dottie Needham

Yale University School of Nursing Alumnae/i Association Officers and Board of Directors for 1994-1995

The following alumnae/i have committed themselves to serve the Association and fulfill the duties inherent in the various positions:

Treasurer, 1994-96
Directors, 1994-96
Nominating Committee, 1994-95
AYA Representative, 1994-97

Officers and Board members continuing for another year of service are:

President, 1993-95
Vice President, 1993-95
Secretary, 1993-95
Directors, 1993-95
Co-Editor, Yale Nurse
AYA Representatives

Doris Foell '88
Kristin Oberg '92
Gina Plowright '92
Alyson Cohen '92, Chair
Rhea Sanford '86
Mary Jane Thielman '92
Mary Colwell '50
Edward Drew '92
Linda Richard Ryan '92
Anne Aquila '89
Linda Degutis '82
Nancy Kline '92
Linda Demas '89
Nina Adams '77
Marvel Davis '70

Lois Sadler (l) and Toni Tyndall from the Class of 1979

Eleanor Phillips Hutt (l) and Mary Squier Gates celebrate their 55th reunion.
1994 Sybil Palmer Bellos Lecture

by Linda Demas '89

Harkness auditorium was full as the YSN community gathered to hear one of its own, Ada Sue Hinshaw '63, inform us of the relationship between health care reform and nursing research. Dr. Hinshaw, a nationally recognized contributor to nursing research, was the first permanent director of the National Institute of Nursing Research (NINR) at the National Institutes of Health in Bethesda, Maryland. Appointed in 1987, she lead the Institute in its support of valuable research and training in many areas of nursing science, such as disease prevention, health promotion, acute and chronic illnesses, and the environments that enhance nursing care patient outcomes. Throughout her lecture were Florence Wald '41, Dean of YSN when Dr. Hinshaw was a student, and Rhetaugh Dumas '61, former Dean of the School of Nursing at the University of Michigan, whom Dr. Hinshaw is succeeding as Dean on July 1, 1994, after resigning her position as Director of NINR.

At the Wisser Tea, immediately following the lecture, Dean Judith Krauss initiated a new Wisser Tea Tradition by acknowledging the accomplishments of Yale School of Nursing faculty who have received local, regional, national, or international awards over the course of the academic year.

Helen Varney Burst '63 was inducted into the Fellowship of the American College of Nurse-Midwives. Helen is a Founding Governor as well as a Distinguished Fellow of the ACNM.

James A. Fain was inducted as a Fellow into the American Academy of Nursing.

Marjorie Funk '84 was the recipient of the Third Annual Critical Care Nursing Research Grant awarded by Hewlett-Packard Company and the American Association of Critical Care Nurses (AACN).

Tish Knobf '82 was awarded the first Cetus Oncology Award for Excellence in Scholarship and Consistency of Contribution to the Oncology Nursing Literature by the Oncology Nursing Society.

Robin Leger was the first recipient of The Excellence in Clinical Practice Award given by the Society of Pediatric Nursing.

Monteen Lucas received the Psychiatric Consultation Liaison National Association's Psychiatric Consultation Liaison Educator Award for her hard work and dedication to the specialty and the specialty organization.

Janet Makover received the Award of Appreciation from the Connecticut Mental Health Center.

Dorothy L. Sexton was honored with the Connecticut Nurses' Association's Josephine A. Dolan Award for Outstanding Contributions to Nursing Education.

In addition, Dean Krauss inaugurated a new student award for Community Service. This year's recipient was Michael McNamara '95, a final year student in the Adult Psychiatric-Mental Health Nursing Program.

"Upon his arrival in September of 1992, Mike became involved in the Downtown Evening Soup Kitchen (DESK) Volunteer Nurse Program. In May of 1993, Mike became the Coordinator of the DESK Program and continues to volunteer on a regular basis. In his role as coordinator, Mike has been responsible for creating a comprehensive data set on the program, along with developing a standardized documentation sheet to facilitate coordinated care over time. In addition, he has prepared a budget for future expenditures and held numerous training and orientation sessions. His sincere and dedicated interest in this program and its implications both for clients and for nursing practice, resulted in contributions made on his own initiative. He is forever thorough, accountable, and responsible. He is ever the Yale Nurse. We are pleased to present Mike with this inaugural YSN Community Service Award."
Helen Varney Burst '63, was inducted into Fellowship by the American College of Nurse-Midwives (ACNM) during its Annual Meeting in Nashville, TN on April 23, 1994 in recognition of her distinguished achievements in providing health care to women and infants. Helen's past awards and achievements include President of the ACNM from 1977-1981 and the ACNM Hattie Hemschemeyer Award recipient in 1982. She was one of 40 certified nurse-midwives (CNMs) elected as the first group to receive this honor. Beginning in 1995 the ACNM will recognize annually several members for their outstanding contributions to improving the health of women and infants. The ACNM represents nearly 5,000 certified nurse-midwives who are registered nurses with graduate level education and degrees in nurse-midwifery. The CNMs are primary health care providers to women for gynecological, preconception, prenatal, labor and delivery, and postpartum care.

On Thursday, May 12, 1994, Donna Diers '64 gave a keynote address on: Navigating Change Through Health Care Reform: Crisis or Opportunity? The address, given as part of Nurse Week 1994, was sponsored by Yale-New Haven Hospital and was followed by a reception.

Heather Reynolds '80, faculty in the Nurse-Midwifery Program, is involved in a program sponsored by Yale-New Haven Hospital's Women's Center called New Beginnings. The program was designed to help newly pregnant women learn about the prenatal services available to them and allow them to make informed choices regarding their care. It helps young women make healthy choice for their babies; instills in them the importance of healthy lifestyles; and stresses the need for a loving, safe, and caring environment for both the babies and their families. Staff for the program includes nurses, nurse-midwives, dietitians, social workers, nicotine dependency counselors, HIV counselors, and child life specialists.

Congratulations go to Ann Williams '81, who recently was given tenure as a faculty member at Yale School of Nursing.

Margaret Grey Presented Research Findings at ADA Convention

Be on the lookout for psychological problems in children with diabetes in the second year after diagnosis. That's when Margaret Grey, DrPH, RN and her associates found the greatest distress. Two years after diagnosis is about the time that, "reality sets in and they realize, 'Oh, no, this is really for life,'" Dr. Grey said at the annual meeting of the American Diabetes Association. Dr. Grey is the Independence Foundation Professor of Nursing and Associate Dean for Research and Doctoral Studies at YSN.

Traditionally, psychosocial intervention has been provided at diagnosis, but the assumption has been that once children adjusted initially, they would be fine, at least until they reach adolescence. Our studies suggest, however, that physicians and other health professionals should be watchful of children with diabetes around the second year after diagnosis, ask children and their parents how things are going, and be ready for counseling if needed.

A group of 89 children aged 8-14 newly diagnosed with Type I diabetes were followed for 2 years and compared with 53 of their peers without diabetes on a number of psychological measures. At diagnosis the children with diabetes were more depressed and reported more stressful events, more dependency, and more withdrawal than their peers. Dr. Grey reported that depression and dependency improved after the first few months, however, and by six months the children with diabetes were no more depressed or dependent than their peers. Withdrawal also appeared to level off during the same time period but was still slightly higher in the children with diabetes at one year. Anxiety was slightly higher in the diabetic children by six months and remained so over the next two years.

Parents' attitudes may have affected the way the children responded to their illness. At the time of diagnosis, the parents of children with diabetes did not perceive them as less healthy than their peers. By one year, however, the parents were describing their children as less healthy, even though they did not have more illnesses such as colds or flu symptoms or display any more illness than the children without diabetes.

At two years the factors that had improved or at least leveled off—depression, stressors, dependence, withdrawal, and perceived health status—were all significantly worse in the children with diabetes than in their peers, Dr. Grey reported.

Dr. Grey's associates in this study were Mary Emily Cameron, Frances Thurber, and Terri H. Lipman.
Class News

Frances E. Hendrix ’43 has completed the required training course for Home Health Aide through a program in Clearwater, FL, made possible through a grant from the Department of Elder Affairs, administered by Gulfcoast Community Care.

Joan Cost Lester ’67 has been accepted by Antioch College into the doctoral program in clinical psychology at their New England Graduate School in Keene, NH. She begins her fulltime program of studies in September, 1994.

Vanessa Marshall ’70 has accepted the position of Director of the Nurse-Midwifery Program at the University of Rhode Island, effective September, 1994. She will be an Associate Professor on the faculty.

Margaret Speer Bank ’75 has been in Rochester, New York for sixteen years, and in her present FNP position for nine years. She has two “wonderful” sons, Nathan, 11 and Chris, 10.

Jane S. Ferriss ’75 is married with two teenage sons. She has worked at the Newington, CT VA Hospital, at Western CT State University, College Health in Danbury, CT, and at Mt. Sinai Hospital/St. Francis in Hartford where she is part of the Employee Health Department.

Mary A. Blaszko Moffatt ’80 has been married for twelve years to Gregg Moffatt, a pianist who teaches in and owns South Windsor Music Center. She writes, “I have a great son, age 7½, Gregg Jr., who is completing second grade. Work experience includes employee-student health at UConn Health Center (Farmington), Primary Care Unit (urgent visit) and Medical Clinic at Hartford Hospital, plus my current position as Nursing Manager/NP at Cigna Corp., Bloomfield. My teaching experiences include precepting RN/BSN students from Central CT State University, ANP students from UConn and teaching continuing education courses at University of Hartford.

Bruce Carmichael ’82 was awarded the ScD (Doctor of Science in Management Systems) degree at the University of New Haven commencement exercises in May, 1994. His spouse, Linda DeGutis ’82, also earned a doctoral degree, DrPH, this May from Yale School of Medicine’s Department of Epidemiology and Public Health.

Laura Mahony ’83 joyfully announces the birth of her son, Quinn Colin Doyle, on April 21, 1994, weighing 7 lbs. 8 oz. Quinn’s birth was assisted by Amy Gelband MacDonald ’91.

Regina F. McNamara ’83 has been selected as a 1994 Wharton Nurse Executive Fellow after completing a program in Advanced Management at the University of Pennsylvania’s Wharton School.

Marjorie Funk ’84 and Robin Pooley Richards ’93 co-authored the article, “Predicting Hospital Mortality in Patients with Acute Myocardial Infarction,” which was published in the American Journal of Critical Care in May, 1994.

Lauretia Henderson-Prorise ’84 and her husband, John, joyfully announce the adoption of their daughter, Rachel Denise Marie, born on April 30, 1994.

Beth Baldwin Tigges ’84 was recently elected as the 1995-96 Chair of the Board of Certification for Maternal-Child Nursing Practice, American Nurses’ Credentialing Center (ANCC).

Meg Breymann ’86 sends news of her life and family: “Will will be eight and gets a headache if he’s in the house more than one hour at a stretch. Maggie and Jackson just turned five. We are home-schooling the boys, but Maggie feels she’d like to start kindergarten in the fall. I’m just beginning to feel a little professional freedom, and I’ve just heard of a doctoral program nearby! Richard runs his own tree shearing and planting business, plus syringing, so he gets a lot of time with the children (working or not). Our life is good.”

In Memoriam


Lucile H. Brown ’29 died on April 12, 1992.

Mary H. Shaw ’34 died on February 25, 1994.

Eleanor Battin ’40 died on May 24, 1994.

Louise Darby Malmo ’40 died on February 26, 1993.


Alice H. Heck ’44 died on February 1, 1994.

Yvette R. Biehusen ’46W died on April 24, 1994.

Clara Browne ’46W

Eugenia S. Finnegan ’48 died on January 24, 1994.

Bonnie L. Baloga-Altieri ‘89 was honored by the American Association of Critical Care Nurses recently. She received the Ross-AACN Laboratories Management Award.

Congratulations go to Dorothy Wholihan ‘89 who welcomed the birth of her daughter Lola Elizabeth on March 6, 1994. Despite the thirty-two hours of labor she put her Mom through, Lola seems to be enjoying life and her parents certainly feel the same!

Susan P. Barr ‘90 was recently appointed to the faculty of Eastern Virginia Medical School with the rank of Instructor. This is an exciting opportunity for Susan because there are very few nurse practitioners on this faculty and none that she knows of in the department of OB/GYN.

Judy Kralewski ‘91 and husband

Judith Kralewski ‘91 and her spouse, a free lance photojournalist, have returned “home” to Denver, Colorado. Judy is working at a community health center in the city.

Bethany J. Carlson ‘93 is now Bethany C. Hutchinson. She and Scott Alan Hutchinson were married May 7th!

Beth Ann Collins ‘93 presented a poster, “Change in Functional Status of Elderly Individuals After Percutaneous Aortic Balloon Valvuloplasty,” at the National Teaching Institute of the American Association of Critical Care Nurses in Atlanta, Georgia in May, 1994. Marge Funk ‘84 was co-author of the poster.

Caroline Jenckes ‘93 had a busy first year as a YSN alumna. After spending last summer interviewing for positions all over, she ultimately decided on a one year contract at the University of Rhode Island College of Nursing as a Visiting Nurse Lecturer. Caroline found teaching undergraduate medical-surgical clinical practicums to juniors and seniors was an interesting and rewarding experience, but has declined renewal of her contract because she is expecting a baby in July, 1994! Caroline mentioned that in retrospect, her experience at YSN gave her a lot to offer her students. She was considered a rich resource, especially concerning her assessment skills. She also felt she conveyed a professional role model for the students consistent with what was promoted at YSN.

Michelle Bolles Vitale ‘93 presented a paper, “Quality of Life in Younger Persons Who Require an Implantable Cardioverter Defibrillator,” at the National Teaching Institute of the American Association of Critical Care Nurses, in Atlanta, Georgia in May. Marge Funk ‘84 was co-author of the paper.

Kristin Kelly ‘94 and Kenneth Levy were married on April 14, 1994 and held their reception at the Eli Whitney Museum in New Haven.

Effective July, 1994 Alison Moriarty ‘94 joined the YSN faculty as Program Instructor. She holds a joint appointment with Yale-New Haven Hospital’s Adolescent Clinic.

Each year two scholarships are given to members of the Yale-New Haven Hospital staff who are pursuing a bachelor’s or master’s degree in nursing. This year the scholarships were awarded to Janis Bozzo ‘96 (left) and Brooke Karlson ‘97 (right). Janis is at YSN pursuing a degree in adult psychiatric-mental health nursing. Brooke is in her first year in the Nursing Management and Policy Program.

Christina London ‘95 and Josefina Pereira Marquez ‘95 have been selected as Downs Fellows for the summer of 1994. This fellowship supports research and data collection efforts overseas and is sponsored by Yale Medical School. This is the second year in a row in which YSN students have competed for and been chosen to receive support for their master’s research thesis.

Student Government Organization officers for 1994-95 are:

President
Michael McNamara ‘95
Vice President
Eileen Whyte ‘95
Secretary
Patricia Hertz ‘95
Treasurer
Jayme Radding ‘95

Congratulations to all!