In March Rhetaugh Dumas '61 (l) spoke on multiculturalism and diversity in health care at Harkness Auditorium in New Haven. Her talk was the first in a series sponsored by the Minority Recruitment Committee at Yale-New Haven Hospital. Marvel Davis '71 (r) is Co-chairperson of the Committee and long time friend and colleague of Dr. Dumas.

Polish Physician Visits YSN
CULTURAL DIVERSITY . . .
A Gift That Carries Blessings
Reunion Weekend Update
From the Dean

It will come as no surprise to you that the theme of this year's Alumnae/i Weekend is health reform. Sweeping reform (economic, ideologic, health, and education) is the rule rather than the exception of the day. The reform environment creates many tensions both inside and outside of nursing, most of which are in evidence here in New Haven.

There are the tensions between hospital based staff nurses and nurse executives as hospitals, especially academic health center hospitals, move to downsize (or "rightsize" as the euphemism goes) and develop plans for the substitution of unlicensed assistive personnel for RNs.

There are tensions between nurse practitioners and nurse clinical specialists about role definition and turf, as policy-makers focus on primary care. The old tensions between medicine and nursing have resurfaced as non-physician providers appear to make gains in the reform movement. And there are tensions between educational programs and specialty nursing organizations concerning the most appropriate and efficient way to increase the supply of advanced practice nurses, leading to allegations that requirement of the master's degree is unnecessary "degree inflation" with no measurable purpose.

These are challenging times for nursing and for YSN. Reform environments demand the capacity to visualize several possible futures, remain flexible and adaptable, yet principled as we implement YSN's mission. It is a good time to remind you that YSN has always been the pace setter, often defining new roles or bridging traditional roles before others. We are able to do this because our faculty are immersed in the relevant clinical issues of the day and, as a matter of course, actively explore the policy implications of their roles and practices. Our goal will always be to produce the next generation of nursing leaders — advanced practice nurses, nurse researchers, educators, and policy-makers — and to make our curricula relevant to today while anticipating tomorrow.

Next year will mark my tenth year as Dean. The past decade has been one of inward focus on our place in the University. As we stand on the threshold of the next century, it is clear that we are once again looking outward and it is exciting to see how much the world has come to need nurses, especially Yale nurses. These days my time is spent building bridges in the community and the Medical Center. This is nothing new for nursing. What is new is the eagerness with which our partners join in the work and seek our input. New partnerships and health reform will bring about change, even at YSN. I hope you share my enthusiasm for the process and will join with us as we create a new future for nursing and for health care.
Linda Schwartz Leads Crusade For Vietnam Women's Memorial

Article by Tamara Lytle, edited and reprinted from the New Haven Register

For Linda Schwartz '84, the dedication of the Vietnam Women's Memorial was the fulfillment of a promise not to be forgotten. The Memorial, bronze figures of nurses and a wounded soldier, will sit on the Mall about a football field away from the Vietnam Veterans Memorial.

Linda who now lives in Pawtucket, Connecticut has been active in the 10-year struggle to win a place for women Vietnam veterans among Washington's memorials. She is Chairwoman of the Women Veterans Committee of Vietnam Veterans of America. Doris "Dee" Lippman, of Westport, Connecticut was also active in this struggle as Vice Chairwoman of the memorial project. At the dedication ceremony Doris helped pull back the tarp from the bronze memorial.

"It will be a lasting token of their service," said Linda who served as an Air Force nurse in a casualty center in Japan during the war. "Whether they choose to come or not, they will always know they will not be forgotten."

The dedication also marked the fulfillment of a personal promise that Linda made five years ago to the Virgin Mary. That day, Linda was preparing for a meeting with an Ohio congresswoman who was blocking the monument plans. She said she promised Mary that day that if she were given the words to win her case, she would celebrate a Mass during the dedication.

Linda was so preoccupied that day that when her husband called from Connecticut to ask if she knew what day it was, she didn't remember it was her birthday, or that she had invited friends for dinner. The meeting went poorly and she was near tears, but later that evening she got an inspiration.

She let the congresswoman's office know she refused to come to another meeting and planned to take out a full-page ad in the Cleveland Plain-Dealer to let the thousands of veterans in Cleveland know of the congresswoman's opposition to the women's memorial. Suddenly, the congresswoman was a supporter of the project. "It touched their gut, not their heart," Linda said.

To keep her end of the bargain, Linda arranged the Mass, complete with hundreds of women veterans, four bishops and the families of the eight servicewomen who died in Vietnam. The pictures of those fallen women touched her.

Best Project Update

Dorothy I. Baker

The Better Elder Services Today (BEST) project has now been underway for nearly four years. The purpose of the project is to create a community of consumers, providers, and policy makers who regularly communicate about how the health and social service system can better assist community dwelling elderly people, according to Dorothy Baker PhD, RNCS, Project Director, Yale School of Nursing.

The project is unique in developing a supportive community that fosters equity between elders and their paid and volunteer caregivers. Front-line clinicians and administrators from a wide variety of agencies have been involved: faculty and students of YSN; individuals from the department of nursing, religious ministries, social work, and discharge planning in Yale-New Haven Hospital; Interfaith Volunteer Caregivers; Visiting Nurses Association of South Central Connecticut; Regional Visiting Nurse Agency; South Central Connecticut Agency on Aging (SCCAA); the New Haven Police Department; New Haven Public Schools; Community Media- tion; Community Action Agency; and Yale Schools of Divinity and Management.

Phyllis Pallet-Hehn, PhD, RN, and Monteen Lucas, PhD, RN, of Yale School of Nursing, direct the project activities which engage community dwelling elderly people in BEST. Three community-based Elder Forums meet monthly (at Bella Vista senior housing, Goodwin Levine Adult Day Care Center, and in the Westville area) to identify neighborhood specific issues. A monthly Assembly meeting brings agency and neighborhood participants together for consciousness raising, problem solving, and to develop action plans. "The structure that has been created is ideally suited to giving older people a voice in the creation and implementation of programs developed for their benefit, and ensures that service providers have an opportunity to

near directly from their customers about the effectiveness of services," says Carla Hayes, MS, Executive Director, SCAA. Topics of discussion have included emergency room care, health care reform, ethical decision making, transportation, safety, home care, and intergenerational issues. Last year BEST participants assisted in mentoring students from the New Haven career high school who are interested in entering health care professions.

The project has drawn interest from local, state, and national groups and has just received an additional year of funding from the W. K. Kellog Foundation, Battlecreek, Michigan, bringing their financial commitment to $1,008,000 in support of this effort. The upcoming year will focus on further merging BEST with efforts of the SCAA, and on building an even wider community of older adults, service, education, and research organizations.
Polish Physician Visits YSN and Yale Medical Center

YSN has been privileged to host a visiting physician from Poland through the sponsorship of Ann Williams ’81, Associate Professor of Nursing. Aldona Szwarc, MD, has been working with HIV+ and AIDS patients in her native Poland since she graduated from the Medical Academy of Gdansk in 1990. Recently she was invited to attend a course at the Brooklyn Health Center in New York City offered to doctors from Central and Eastern Europe on the epidemiology and prevention of HIV/AIDS. She continued on to New Haven at the completion of the course. Dr. Szwarc is part of the New Haven-Gdansk HIV/AIDS Education Exchange funded by the World AIDS Foundation. Ann Williams is the Principal Investigator for that grant which is intended to expand the ability of the Polish health care system to respond to the growing threat of HIV infection through the development of multidisciplinary teams of health care providers with experience in prevention and care of HIV disease.

Data collection on HIV infection began in Poland in 1985. Poland reported 193 cases of AIDS to the World Health Organization by the end of December, 1993. The growth of the HIV epidemic among drug injectors in Poland has been rapid; as of December 31, 1993 HIV infection was identified in 2864 individuals, 70% of whom were injection drug users. With as many as 200,000 to 800,000 illegal drug injectors in Poland, the potential for spread of the HIV epidemic is quite serious and is heightened by the shortage of both syringes and condoms. Homosexual men represent only 7% of the known HIV infected individuals, but 47% of reported AIDS cases, suggesting that the extent of the epidemic among this very socially marginal group may be seriously underestimated.

According to Aldona the Polish people are quite afraid of this potential epidemic, but it has been difficult to educate the general public, including medical and nursing staff, and particularly dentists. Ann Williams in fact is preparing an educational program for dentists which she will present in Gdansk in March, 1995.

While in New Haven Dr. Szwarc has spent time at the Health Department in Hartford, as well as Yale-New Haven Hospital’s inpatient and outpatient clinics for HIV/AIDS patients. Aldona states, “Treatment for HIV/AIDS infection is very good in New Haven. The AZT drug is very expensive in Poland and sometimes our patients don’t receive such good treatment. They are much sicker throughout the course of the disease.” She was also interested in the Methadone Clinic here since no such treatment for drug abuse exists in Poland at this time, where heroine use is a major problem.

Aldona was born and raised in Gdansk where she still lives with her family. Her father is a retired painter who worked in the shipyards and her mother is a retired accountant. She has one older brother. She enjoys the outdoors and spends a lot of her vacation time bicycling, and climbing and camping in the Tatra Mountains in Poland. She also loves the theater. Aldona has enjoyed her time in New Haven and likes Yale’s old campus, although she states with a smile, “I am surprised New Haven is part of Siberia because it is still so cold and snowy!” She will return to Gdansk in the middle of April.
An Update On The Doctoral Program

The Doctoral Program Committee, chaired by Associate Dean Margaret Grey, has been busy preparing for the new DNsc Program. All of the first year courses are being fleshed out; course outlines have been prepared; curriculum approvals are being sought; and tentative schedules are being prepared. An “Open House” to discuss the doctoral program was held on February 11, 1994. Unfortunately, this day was one of many this winter that brought snow, this one yielding over 12", so many potential applicants were unable to attend. All those who planned to come, however, received the information packets which were distributed to the hearty ten who braved the weather!

The difficult process of determining the members of the first class has also begun. Applicants will be interviewed by the Associate Dean, another member of the Doctoral Program Committee, and a faculty member with whom the student may work on his/her research. Generous financial aid packages have been made available, so that students can attend the program full-time.

The energy and excitement about the program remain high. We look forward to welcoming the first class in September, 1994!

Medical-Surgical Nursing Program Survey of Graduates, 1977-1993
Dorothy L. Sexton, RN, EdD, Professor of Nursing

The first class of four students enrolled in 1975 and graduated in 1977. As of May 1993, the program has 217 graduates. Of these two are deceased (Patricia Welch ’79 and James Fernicola ’82) and for two we do not have current addresses.

In October I mailed survey forms to 213 graduates of the program; 191 (89.7%) were returned. Word has it that others might be in the mail!

Position:
The most common positions are clinical nurse specialist, two of whom are in private practice (n=67,41%); administrator (n=25, 15%); staff nurse (n=21,13%); faculty (n=17,10%); nurse practitioner (n=16,10%); researcher (n=7,4%); and clinical nurse specialist/nurse practitioner (n=7,4%).

Certification:
Of those employed in nursing 111 (67.6 %) hold certification (17 have more than one). The most frequent certifications are Adult Nurse Practitioner (n=37), Oncology Nursing (n=34), ANA (n=26) CNS and Administration, CCRN (n=22), Diabetes Educator (n=4), and Gerontology (n=3).

Advanced degrees:
Since graduation four have earned doctoral degrees. Six are doctoral candidates, and eight are enrolled in doctoral programs. Other advanced degrees earned include MBA (3), MS (2), JD (1), MA (1), and MPA (1).

Others are enrolled in programs for the MHA, MPH, and MPH\JD degrees.

Research\Writing:
Of the 191 respondents 93 (49%) have participated in research as Principal Investigator (n=14, 15%) or Co-principal Investigator (n=79,85%). More than half (n=98, 65%) have published. They describe their involvement in professional activities as very involved (n=42,22%); involved (n=95,50%); and not involved at this time (n=54,28%).

The 90 % return rate is just phenomenal for a mailed survey. This certainly attests to the responsiveness and loyalty of YSN Alums. Many of you took the time to add thoughtful notes and comments, and even included photos. I have read and re-read the letters. Thank you all very much.

March 20, 1994
CULTURAL DIVERSITY...
A Gift That Carries Blessings

Ann Elizabeth (Betsy) Greig '79 writes:

“Greetings once again from Ganeshpuri (India). We are in our second hot season (October) of the year - May is the first one. Humidity makes this one pretty intense though we have been blessed with cool nights. Sunday we start a nine night festival dedicated to the Goddess - my favorite part is listening to stories about the grace and compassion that come to us through the power of the Feminine. Most years we also have traditional garba dancing, a kind of storytelling dance popular in the Indian State of Gujarat just next door. The girls dance with lighted candles or around lighted candles carrying sticks that they tap on the ground or against each other to keep the rhythm of the dance. Partly because of the somberness after the earthquake we aren't having the dances this year. The stories will go on, though, and singing and music.

“Speaking of the earthquake in Latur, perhaps you have heard that the Indian government has done a great job in taking care of the people there. Indian private voluntary organizations that wanted to help were invited to adopt one of the villages hit by the quake, and so PRASAD Chikitsa, Gurudev Siddha Peeth did just that. The village that we have been assisting has 500 families and most of PRASAD's efforts have been in making food available. We initially sent medical supplies and had doctors lined up to go, but those services were not needed. Good cooks turned out to be in great demand.

“The Annual Fund letter arrived today and it was great to hear about the Nursing Policy program and the starting up of the doctoral program. It almost made me want to come back to Yale as a student again. However, I'm very happy as a Siddha Yoga student these days and this feels like where I belong for some time.”

She continues...

“A young boy, 12 or 14 years old, was brought to the Muktananda Mobile Hospital, in Ganeshpuri, India, six weeks or so ago looking very sick, with a high fever and shortness of breath which he's had for about two weeks; he was very thin and so weak. When he sat down on the stool, tears welled up in his eyes and rolled down his cheeks because he was so shy, scared and sick. He was unable to return our smiles. He had green sputum and rales in his lungs, so we started him on antibiotics and sent him for a chest x-ray which he brought back to another Mobile Hospital stop a few days later. The x-ray showed a pneumonia with fluid around the outside of the lung. By this time, his fever was gone, he was breathing easily, and he and his father were smiling such big smiles, but the boy also still had big tears of fear that he would wipe away, obviously embarrassed, but unable to control them. He's been coming weekly since, getting stronger each visit. Last week he came by himself for the first time, and for the first time he sat down and smiled shyly without any tears!

“Since 1978 the Muktananda Mobile Hospital (MMH) has been visiting villages of the tribal people called Adiavis in the Tansa River Valley, three hours north of Bombay. The service was the inspiration of Meditation Master Swami Muktananda whose meditation ashram, Gurudev Siddha Peeth, is situated near the middle of the valley in the town of Ganeshpuri. Baba, as he was affectionately called, recognized that most of the people living in the valley were too poor to get adequate medical care and did not even have the means to go and find the public care that was available. So he decided to take the care to them in the form of the Nityananda Mobile Hospital, named in honor of his teacher Bhagwan Nityananda. When Baba passed away, his successor Gurumayi Chidvilasananda re-named the Hospital and continues to support its work in the valley through PRASAD Chikitsa foundation. PRASAD stands for Partners in Replicable Action for Sustained Appropriate Development and also is a Sanskrit word meaning “gift that carries blessings.” Chikitsa means both “diagnosis” and “cure.” “Most of us in PRASAD are here doing seva, or selfless service, as part of our study and practice of Siddha Yoga. This is a spiritual path that depends on the grace of a Meditation Master to guide one to the final goal of realizing who we really are, why we are living on this Earth. We chant, meditate, and do seva in order to clear our minds and hearts to experience the Truth that lies within ourselves.

“When I first came to Asia five years ago, the poverty I saw was often overwhelming. How could so many people live such a limited and seemingly hopeless existence? After awhile I began to understand that there is another kind of poverty, a poverty that would sometimes arise in my own heart, when anger could narrow my vision and greed close my helping hands. Yet through the grace of meditation and seva there has been an exquisite opening of the heart for me and the gradual dropping away of the inner obstacle of anger, greed, delusion, desire, jealousy, and pride. With this has come greater self acceptance, greater love and respect for others, and the ability to face what I see outside and inside. As I experience my own inner richness, I see it in others, too, despite the holes in their clothes and the ground-in dirt that comes with literally living off the earth. Much of this experience and transformation has come through the vehicle of the Mobile Hospital.

“Today the Mobile Hospital goes out five full mornings a week, each day to a different village, having almost 40,000 patient visits in the last year. The staff has grown to about fifteen with doctors and nurse practitioners, medics, a nurse, pharmacy compounders, medicine dispensers, translators, a coordinator, and other support people. In addition to the family medical care provided, there are basic preventive services such as nutrition supple-
mentation, immunizations and pregnancy screening. The monthly tuberculosis program has about 125 patients enrolled in treatment. All children who come to the Mobile Hospital are offered a cup of hot milk to drink while they wait to be seen; this is a valued boost to their low protein, low calcium diets.

"Staff meet at the Ashram gate at 7:25 am and begin by having a five minute meditation together on the bus. We then travel to the day's stop, usually no longer than 20-30 minutes away. Once at our destination everyone helps to unload tables, chairs, and supplies for the morning. Patients are first seen by history takers who fill in name and village and a brief history of the person's problem. The cost of the case paper is one rupee (about three cents) to encourage people to keep it and bring it to each visit; otherwise all care and medicines are free. There is a reimbursement program for medical tests, but mostly we become very skilled in making our diagnoses on clinical grounds. People must travel 20-30 kilometers to a medical laboratory — time, money, transportation, and the unfamiliarity of being in a city are all significant barriers to getting those tests.

"From the case paper table people wait in line to see the doctors or medics. The examination area consists of tables, chairs, and stools set up outside under the shade of a banyan or mango tree. All the people who came together from one family come forward to be seen at the same time by the same clinician, so there may be six people hovering around the one patient stool. In the monsoon we crowd into the bus itself or use a room loaned to us in the village. At Mehda for example, we use a tractor shed built onto the side of a house with beautiful painted murals of saints and the fruits of the earth on the walls.

"The doctors and medics complete the patient's history with the help of a translator, if needed. The translator also teaches the patients our standard health messages on breast feeding, weaning foods, hygiene, immunizations, scabies treatment, and other treatments. After that the patient goes into the Mobile Hospital to see the nurse if they need wound cleaning, injections, weighing, or preparation for minor surgical procedures and casting. Recently, we talked to the people of one of the villages about the care they receive on the Mobile Hospital compared to the other sources of care in the valley. They pointed out that the Mobile Hospital is the only place where the nurse is willing to touch them to clean their wounds and infections and the only place that has toys for their children to play with.

"From the doctor's table the patient goes to a window of the bus and leaves their case paper. The registrar records the name and number of the patient, the diagnoses and the medicines prescribed, and then gives the paper to the pharmacy area. There the medicines are put together for each paper and given to the medicine dispensers. Ninety per cent of the medicines dispensed on the Mobile Hospital are prepackaged in the ashram and coded for quick compounding and ease of distribution. The dispensers instruct the patients on how to take their medicines and have the patients repeat back the instructions until the dispenser is sure the person understands. To help patients time their medicine dosing, the packages have pictures of the sun and moon in various sky positions with the number of pills or spoonfuls stamped beneath the pictures - we borrowed this idea from David Werner's Where There Is No Doctor. The dispensers also reinforce health and hygiene instructions such as using boiled water to prepare oral rehydration solution and washing instructions for clothes infected with scabies.

"The medical problems that people come in with are a textbook of tropical medicine: leprosy, tuberculosis of almost every part of the body, rickets, pellagra, kwashiorkor, rheumatic heart disease, polio, cysticercosis and other worms, filariasis, amoebic dysentery, malaria, typhoid, trachoma, infected total body scabies and more. And those are on top of the challenges of daily living in a place with climate which varies from flooding rains to desert heat, inadequate clean drinking water, no sanitation services, rare electricity, dismally low literacy, and for some months only one meal a day of just rice. And yet people do get better. For instance, infected scabies used to be rampant among villagers who came to the Mobile Hospital, and now we see it mainly on migrant workers. People have learned some basic prevention, and they come earlier for treatment when the preventive measures or home remedies fail.

"What are the great things in my experience of PRASAD? The opportunity to see God in the form of the Adivasi people can be ecstatic. The challenge is to see the same thing in the people I work so closely with every day. The Mobile Hospital is great seva — it tests our perseverance, strength, and patience hour after hour. Oh, to treat the 300th patient of the morning with as much care and respect as the first! And still we receive much love from the people we serve.

"When I first started this seva, I would look up from my chair to see an endless line of people waiting in the hot sun for myself and one other doctor. I would think, 'We're going to miss lunch again.' Frustration would well up and my energy would drain away. And then I changed my focus: I would look only at the person in front of me, call him or her by their name, look them straight in the eye, and smile. There is nothing like smiling from the heart at a patient who is frightened, only to see them break into a great big smile in return. There is nothing like having a screaming baby suddenly get quiet when you catch her eye, call her name, and hand her a bright pink Hi-liter to play with while you look in her draining ears. My experience was transformed by these simple acts of respect — the patients felt the gift of full attention and I forgot about the long line and the heat. When patients began to tell their stories, I really listened.
“Then there is the beauty of walking down the road through the village to remember that life is really very simple, that birds are singing all the time, the grass is growing, the wind is coming around again without anything to “do” about it — they are all doing their seva just as I am. There is a field in one village that I often go stand in at break time to enjoy Mother Nature in her fullness, to breathe in her steadiness and sweetness and the smell of a hot summer day. The butterflies dance and the breeze blows, and sometimes I can see the villagers up on the side of the jungle-covered hill collecting wood or plants.

“Several Sundays back we finished early (12:00) so we put our chairs under a tree and meditated for half an hour. Last Sunday the medicine dispensers were still dispensing and we were otherwise all packed up, so I took a chair and put it under that same tree to sit and meditate. There was a kid sitting up in the tree. For awhile all was quiet and then I heard other children coming and one of them cleared her throat and did other things to try to get my attention. A small crowd gathered and then one started saying “OM” and the others chimed in with that and other things. I sat for a bit with my eyes still closed, waiting, and then suddenly leapt up and tickled the one closest by: screams of surprise, delight and laughter were all around.

“One day in a village a woman came and asked us to come to her home to see her daughter who was unable to walk and too big to be carried. We went and found a golden green-eyed teenager sitting on the well-pressed dung floor with a big swollen painful knee. We listened to her story, looked at her and her other case papers and eventually recommended some treatments. The next week she walked to the bus to show us her improvement.

“On the first day of a favorite celebration last year honoring the Hindu god Ganesh, we were in the village of Shirori with very few patients to be seen because everyone was celebrating. Ganesh represents that aspect of God that removes obstacles and blesses beginnings. I for one was secretly wishing I could be at the special program being held that day in the Ashram. And then, lo and behold, we were all invited to the house of a well-to-do village family to share their celebration.

“The house had a central hallway with four or five rooms on either side, including a big kitchen with stainless steel storage tins and a spacious pressed-dung cooking floor. Their family altar was in the middle room on one side of the house and was carefully tiled. The walls had beautiful mural paintings of Indian saints. On the altar was a sweet, garlanded and beflowered statue of the Lord in the form of Ganesh with incense burning and children standing in wait to hand out prasad. We went in one by one to pay our respects and receive God’s blessings in the form of the prasad, a special sweet prepared by the family. Then we were invited to sit on cotton dhurries they’d spread on the floor where they served us tea. One of the young cousins was home from medical school and we invited him to the Mobile Hospital; he declined the invitation, yet the seed was planted. This year he has finished medical school in homeopathy, and he shares the rough room we use to see patients during monsoon. We usually finish after he does, so he comes and sits with us and we discuss the patients’ problems and learn from each other.

“The Mobile Hospital is truly a vehicle of grace for all of us, at all levels. Many days I feel like my benefit from the seva is greater than the benefit of the people who come to us for care, and I wonder how can I ever repay God when the repayment I am attempting now only seems to bring more benefit to me. For me I know there is still the step to take where in my heart I feel the same openness and respect for my fellow Mobile Hospital sevites as I do for the simple Adivasi visitors. Yet I have felt happiness and contentment take over my life and radiate out to others in a way I had never known before.

“Our next step is starting a community health program to train selected villagers to be the “barefoot doctors” for their own community. The Mobile Hospital will then become a referral service for the village health workers. Building on the concrete curative and maternal child health services the village health worker can provide, they can also begin to raise awareness and acceptance of public health measures that will make a real difference in morbidity and mortality: maintaining clean water supplies, using latrines, digging gutters and runoff pits, teaching girls and women how to read.

“We recently finished a village needs assessment training called Participatory Rural Appraisal (PRA) to prepare for the community health program. We learned how to empower people through listening and using data collection tools that they control, giving results we can all instantly see. We were reminded that people who can support themselves and their families year after year on only one acre of land are the most expert managers of scarce resources that one can find — they know their environment intimately because their survival depends on it, and not on us.

“At the end of the data collection we went back in pairs to give full reports on what we’d learned to the various village leaders and interest groups — another way of empowerment. A Marathi-speaking woman (Marathi is the local language) and I went together to report to the village women’s group which had been in existence for about five months. There were eight of us sitting on the floor going over what we’d learned. At the end the president of their group said, “You’re just like us; you’re at the beginning, too.” And then they invited us back into one of the sleeping rooms to see the newest baby born to their family just three days before. What greater compliment, what greater indications of acceptance could we have received?

“Each day brings new revelations about what it means to serve
selflessly, to give up taking credit for blessings that destiny has brought me, to stop looking for payback. As I let go of the need for inner or outer reward, there is more awareness of how open or closed by heart is, and the experience of seva unfolds its infinite teachings. Seva has helped me to develop steadiness under pressure. I've learned that "Welcome" is not just a greeting, but an ongoing attitude of opening to unfamiliar people, situations and unexpected change. Fearlessness has come from doing battle with the inner adversaries that arise in the course of an ordinary day. Serving under conditions when things seem endless has cultivated patience and perseverance. I can more clearly hear the soft voice of loving intuition in the quiet that is now recognizable underneath the loud voice of the ego. Having the heart to witness others' pain or suffering I can see is intertwined with the opening of my own heart. Team meetings have presented opportunities to look at how the fire of anger arises and what puts out that fire quickly before anyone gets burned. Above all, there is gratitude for the richness of life and the experiences of rising above what seemed to be the limits of being human. These have been great gifts. Prasad."

On April 6, 1994 Yale President Richard Levin presented Katy Cottingham '94 with one of the President's Community Service Awards honoring Yale students involved in community service in New Haven. Since Katy is in San Diego, CA completing her Integration Module in the Nurse-Midwifery Program, the award was accepted for her by YSN Associate Dean for Students, Jim Fain, who attended the awards dinner at University Commons. New Haven Mayor John DeStefano, Jr. was a special guest at the event.

Cynthia Flynn '96, first year student in the Program for Non-Nurse College Graduates, participated in, "International Perspectives on Reproductive Health: A Student Forum," sponsored by the Educational Collaboration on Reproductive Health. A nurse-midwifery student at YSN, Cindy spoke on her experiences in Ireland.

Delta Mu Chapter, Sigma Theta Tau, Inducts New Members

The Delta Mu Chapter of Sigma Theta Tau International Honor Society of Nursing held its annual induction of new members on March 2, 1994 at 500 Blake Street in New Haven. The thirty-three new members are:

Margaret Allende  Laima Karosas
Karin Berger     Michelle Kennedy
Donna Boehm      Elizabeth Lada
Sharon Bottomley Elizabeth Lamb
John Timothy Clarke Janet Murphy
Maureen Cook     Jeanne Murphy
Victoria Dahl    Dierdre Murty
Michelle DeSisto Jennifer Novak
Kimberly Evers   Julie Offring
Trisha Farmer    Amy Robohm
Lisa Gagnon      Claire Ryan
John Hardiman    Effie Shu
Curtis Harmon    Katharine Stephenson
Annette Hatch-Clein Judy Toussaint
Christine Hillyer Margaret Wacker
Lena Horwitz     Julie Womack
Rachel Hutson

Joy Latvis '94, husband Chuck, and daughter Emily welcomed the arrival of Erick Charles, born on January 12, 1994. Joy is enrolled in the final year of the Pediatric Clinical Nurse Specialist Program.

Patti Slavtcheff '94 and husband Craig announce the birth of Nicholas Craig on March 15, 1994. He conveniently arrived during spring break and after Patti had finished her thesis!
Special Moments From The Winter Holiday Party....

Florence Wald '41 (l) and faculty member Monteen Lucas (r) enjoyed some “goodies.”

Face painting was a big hit.

Maggie Wacker, Adult Psych Program Director, captured the imagination of her young listeners.
Santa and his elves paid a visit.

Sharon Robinson (l), and Carol Stout (r), enjoying holiday fare.
Judith Hriceniak is Visiting Faculty Fellow

Linda Demas

Judith Hriceniak, PhD, RN, Dean of the School of Nursing at Central Connecticut State University, and immediate past President of CNA (1991-1993), has nearly completed her term as the first nurse to participate in the Yale Mellon Visiting Faculty Program. Donna Diers serves as her faculty sponsor, and she has worked closely with both Donna and Cassy Pollack, Program Director of YSN's Nursing Systems and Policy Program. Judy graciously accepted our invitation to write about this opportunity, and her expectations and experiences as a Yale Mellon Visiting Faculty Fellow.

In early December, 1992 a memorandum from Central Connecticut State University (CCSU), Office of Sponsored Programs, came across my desk. Subject: 1993 Yale Visiting Faculty Program. As with so many other pieces of paper that cross my desk toward the end of the semester, this paper was put in a "future reading" category until the papers/grades of the fall semester and holiday preparations were completed.

A few days after Christmas with papers and grades completed, I was reflecting on the courses taught, the distribution of grades, and the learning that I perceived the students received and did not receive. Health care policy, nursing and public policy, and using data in clinical decision making were content areas that I felt were lacking in our baccalaureate program for registered nurses. However, is this content appropriate for undergraduate course content or does it belong in graduate programs? It was while I was pondering the answers to these questions and searching the library that I got around to the "future reading" pile and reviewed the memorandum for the Yale Visiting Faculty Program.

A summary of the salient points of the Yale Visiting Faculty Program include: Yale University will accept up to 25 faculty from colleges and universities in Connecticut to participate in the Program. The benefits of the program to faculty include a formal association with a Yale faculty member for one term during the year, and up to $500.00 in fees for library or computer usage which will extend for one year. The Visiting Faculty Program is primarily designed to provide a context in which Fellows may pursue interests in curriculum development or larger disciplinary concerns. Visiting Faculty Fellows spend approximately one day a week (or its equivalent) on the Yale campus during their term of association. Some Fellows might be on a leave of absence; others might be given released time from their home institutions; others might simply have their schedules rearranged to permit a free day.

Contact with specific departments at CCSU provided me with information that the awards have gone to faculty in the School of Arts and Science in the past. Few, if any faculty from other schools have ever submitted an application for the program. This fact challenged me a bit more. Although I did not know how one more activity could fit into the Fall, 1993 semester (CNA Convention in October and as President, there were numerous obligations to meet, followed by NLN reaccreditation site visit of CCSU's BSN program scheduled for November, in addition to "normal" Chairperson responsibilities), I explored the feasibility with Dean Judy Krauss. Dean Krauss did not know of any other nursing faculty to participate in the program, but was most supportive of my interest. She recommended that I work with both Donna Diers and Cassy Pollack. Dean Krauss made initial contact with them and the needed items for application were completed.

On February 23, 1993, I received a letter of acceptance for the fellowship for 1993-94 effective June 1, 1993 to May 31, 1994. The summer was spent trying to complete the National League for Nursing Self-Study Report in preparation for our site visit and in identifying the most workable schedule for the Fall semester. With Donna Diers's guidance, I observed in N717a, Nursing and Policy. By the end of this semester, I did have some specific ideas about content that should be included in the undergraduate nursing curriculum. In December, Donna Diers was guest speaker at CCSU's Nurse Recognition Day for the December graduates. Donna's topic was Health Care Reform.

This spring semester, my major focus of attention has been in N567b, Uses of Data in Decision-Making, taught by Cassy Pollack and Donna Diers and N711b, Health Policy and Management, taught by Donna Diers. As a result of discussions with faculty members, a research proposal is in progress entitled, "Nurses Volunteering in Professional Nursing Organizations" with Cassy Pollack, Paula Milone-Nuzzo (YSN faculty) and Judy Hriceniak as investigators. A potential case study to add to Donna's collection has also been drafted for our future discussion and development.

The faculty fellowship has been a mini sabbatical for me and has provided me with the mental stimulation to do some thinking—conceptual, creative and critical—about course content, student maturity level, student thinking skills, reasoning strategies, realistic student and program outcomes, and clinical expectations of employers. The ability to observe both Donna and Cassy in action as they use real-life problems/data that require insight, analysis, and proposed solutions has been a treat! They demonstrate and convey enthusiasm for the content they teach (nothing draws students into a course as much as the teacher's love for the subject matter). They make the courses intellectually challenging and they convey respect for the ability of the students. Thank you, Donna and Cassy!

The opportunity to spend more time in the library investigating background information for the courses and delving into subject matter "just for me" has also been courses and delving into subject matter "just for me" has also been refreshing. Then, having the opportunity to listen to and partici-
Yale colleagues is and pate in discussion of content, concepts, and applications with colleagues is invigorating. I look forward to continued dialogue with Yale School of Nursing faculty post fellowship as we continue with the research proposal.

This fellowship opportunity has also provided me with time to reexamine some of the central tenets and most sacred cows of our higher education system. I believe we need to rethink some basic ideas, such as:

- The idea that it takes a certain number of credits to qualify for a degree.
- The idea that faculty know and teach while students learn.
- The idea that most academic subject matter can only or best be learned in a classroom.

I believe that we need to recognize that for most adults the integration of knowledge, communication across fields of expertise, and accelerated learning of new, unfamiliar material are daily necessities, not more and more knowledge of a particular specialty. We need to create more cross-disciplinary courses and majors, prize the faculty members who work together across these barriers and those faculty who are open to fields outside their own, and draw them into their courses.

We also need to operate on the understanding that content and process are equally important parts of the learning experience. Students should be able to experience and reflect upon a variety of learning processes, working to understand the values of each and the ways in which a class or group becomes a learning community; the proper balance between unstructured and structure, the essential ingredient in learning from experience; how each learner can be affirmed, valued, and enabled to make unique contributions to the groups’s learning; and how the group can take responsibility for the learning of its members.

“Anyone who wishes to become an artist in education and to know the theory of it must, it will be allowed, betake himself to the universal and get to know it as far as that may be possible.”

—Aristotle, The Ethics

Judith Hriceniak, PhD, RN
Professor and Chairperson
Department of Nursing
Central Connecticut State University

Jean Barrett, Beloved Teacher and Friend, Dies

Jean Barrett, Honorary Alumna of the Class of 1947, nurse educator, and longtime friend of YSN, died at the age of 90 in November, 1993. She is buried in Eugene, Oregon where she had lived since retirement in 1971. Upon learning of her death Dean Judy Krauss stated, “Jean was a treasured advisor and friend to YSN deans. I shall greatly miss her annual notes in which she cheered me on and offered wise counsel on the issues of the day. I feel certain she is still watching over us as we approach the challenges of a new century.”

Born in 1903, Jean moved with her family upon her father’s death to Minnesota and then Iowa where she earned her baccalaureate degree in 1934 from Upper Iowa University. Later Jean graduated from the Methodist Hospital School of Nursing in Des Moines and taught in several schools of nursing before moving to New York where she obtained a master’s degree in nursing administration from Columbia Teachers College. She subsequently accepted a position as Administrative Supervisor at New Haven Hospital in New Haven, CT.

Jean’s long time affiliation with YSN began when as an instructor in nursing she developed a course in Ward Management and Teaching for senior students. She eventually became an associate professor, but left Yale to develop a graduate program for professional nurses at Syracuse University School of Nursing. Jean returned to YSN in 1963 as Assistant Dean and while here conducted a US Public Health Service research study of the clinical nurse specialist as head nurse. During this period of her very successful career she also published two books, “Ward Management and Teaching” and “The Head Nurse,” conducted a workshop under the aegis of the World Health Organization in Taiwan for nurse teachers of the western Pacific area; and travelled virtually all over the world.

It has been said that Jean’s three great loves were her family, her church, and PEO, a non-Greek sorority founded in the mid-west and committed to educational projects for women. In fact she helped organize the first PEO chapter in Connecticut.

Ruth Ogden ’37 writes, “...those of us associated with YSN and NHH (New Haven Hospital) in the 30’s and 40’s knew her as a wonderful teacher, an idealist about what constituted ‘perfect nursing care’ and its underlying principles.”

Grace Eckelberry ’38 who was kind enough to supply Yale Nurse with the details of Jean’s life and who was a colleague of hers at Yale and Syracuse adds, “[Jean’s] life was so full and rich in experiences as a nurse and educator. She is woven forever into the story of the Yale School of Nursing.”
Faculty Notes

Donna Diers '64, the Annie W. Goodrich Professor of Nursing, has been presented the Sigma Theta Tau International Excellence in Editorial Leadership Award for her eight years of service as Editor of IMAGE: Journal of Nursing Scholarship. At the international nursing honor society's annual convention in Indianapolis, Donna was recognized for her scholarly commentary, provocative observations and humor. Under her leadership, "IMAGE has achieved international recognition through her careful selection of thought provoking and insightful manuscripts that advance nursing knowledge," the society's citation reads.

Neil Ead '90 has joined the Pediatric Clinical Nurse Specialist Program as an Assistant Professor. He is jointly appointed with Yale-New Haven Hospital where he is a Clinical Nurse Specialist in the Pediatric Intensive Care Unit.

Along with leaders from Yale School of Medicine and Yale-New Haven Hospital Margaret Grey '76, Associate Dean for Research and Doctoral Studies, will participate in an interdisciplinary, collaborative effort aimed at developing a program in urban health to help solve problems related to health and social conditions in New Haven. A growing recognition that a community should benefit by having an academic medical center in its midst has prompted the initiative which will emphasize primary care and prevention. "This is a very exciting idea for Yale, especially for YSN students and faculty who have been involved with these inner city programs for many years. The program can only expand our ability to work with the New Haven Community on improving health and health care," states Margaret.

Melva Kravitz, RN, PhD, CCRN, has been appointed Director of Nursing Research at Yale-New Haven Hospital (YNHH) where she will focus on evaluation and clinical research directed toward improving patient care and testing appropriate models. This is a joint appointment with YSN. Before coming to Yale Dr. Kravitz was Associate Chief of Nursing Service/Research at the Veterans Affairs Medical Center in Albuquerque, NM.

The St. Mary's Hospital (Waterbury, CT) Geriatric Community Outreach Services Program has been chosen as a project site for placement of five Nursing Systems and Policy Program students, assisted by Cassy Pollack '83, Program Director. The goal of the St. Mary's project is to collect and analyze demographic and expressed needs data of the elderly in the community in order to better serve those needs in the future. The project was one of two chosen from 35 proposals submitted to YSN.

Veronica Pollack and husband are the proud parents of Rebecca Rosemary, born on April 5, 1994.

Lois Sadler '79, Program Director of the Pediatric Nurse Practitioner Program, has announced a new Pediatric Nurse Practitioner Post Master's Certificate Program which is accepting applications for Fall, 1994. The Program is designed for those already master's prepared nurses who wish to complete course work in pediatric primary care for purposes of becoming certified as pediatric nurse practitioners. For more information contact the Child Division Office at the School, P.O. Box 9740, 25 Park Street, New Haven, CT 06536-0740.
Provost Judith Rodin Guest At February Faculty Meeting

Yale University Provost Judith Rodin, who will soon leave Yale for the University of Pennsylvania to become the first woman president of an Ivy League institution, attended YSN's February faculty meeting at the invitation of Dean Judy Krauss and the faculty. After a brief discussion of the University's form of governance and the importance of the President's and the Provost's interaction with the Graduate and Professional Schools, Provost Rodin addressed several issues put forth by the YSN faculty. She stated that the University is doing a big "institutional think" about the role that Yale wants to play in the New Haven community in health care delivery and reform, and hopes this will be an opportunity to be proactive in discussions with Yale-New Haven Hospital and the Schools of Medicine and Nursing. She also discussed at length Yale's relationships with the New Haven community in general, stating that the health campus has always been a source of community outreach, in addition to the strong volunteer programs on the undergraduate side of town. Yale needs to find ways to be responsive to New Haven while being true to its own fundamental mission of teaching, research, and clinical care.

Provost Rodin stated that she would welcome input from YSN faculty as to how the central administration could be helpful to the School's primary mission, thereby developing a strategy that will serve the Schools of Nursing and Medicine as well as the Hospital and the community.

In discussing Yale's commitment to women and minorities, the Provost indicated that the University will put money and resources toward the recruitment of women and minorities, and that now more than ever the leadership is committed to this effort. A new Director of Public Relations, Gary Friar, has recently been appointed and will help with promoting Yale and its image, including the School of Nursing.

Provost Rodin commented briefly on interdisciplinary research and the cross fertilization of ideas and finished up with a discussion on the search for a permanent building for YSN. She stated that the University is committed to working with the Dean and the School to find a satisfactory solution to the building search, fully realizing that the clock is running and a decision needs to be made by the summer of 1994. There are plans afoot for a biotechnical park as part of the Route 34 extension which might influence the location of a building for YSN. This could create an opportunity for increased visibility for the School in the Medical Center complex.

Dean Judy Krauss thanked the Provost for taking time to dialogue with the YSN faculty. She expressed optimism that such visits would continue under the next Provost and would be critical in shaping the University's agenda on health care.

In March YSN staff and faculty - current and retired - got together in the Bixler Lounge to have a cup of coffee and bid farewell to Heidi Miller, former Reference Room Librarian, who has been in the area for a while, but is returning to her home in Nevis. It was wonderful to see old friends and catch up on the news. Front row (l to r): Mary Colwell, Elizabeth "Tinker" Barrettt, Georgi Antonelli, Sarah Connolly, Heidi Miller, Marge Funk, Mary Ellen Turnbull. Back row (l to r): Helen Burst, Lynne Schilling, Marion Wright, Pat Cross, Joan Fettes, Mary Angelotti, Pat Lacouraere, Donna Epps, Sarah Zaino, Dorothy Sexton, Dan Junior.
Beth Roth ‘87 Offers Stress Reduction Course

Having graduated in 1987 from YSN’s Program for Non-Nurse College Graduates, Beth Roth has been practicing as a nurse practitioner ever since. She has worked with infants, children, adolescents, and adults in inner city clinics in the New Haven area and has a particular interest in adolescent health. Pursuing a personal interest of hers in meditation, last year Beth completed an internship training program with Jon Kabat-Zinn, PhD, at the University of Massachusetts Medical Center, learning about teaching meditation to patients in a health care setting. The stress reduction and relaxation program, a nationally acclaimed mind-body program, currently in its fifteenth year of operation, was featured on the Bill Moyers’s series, “Healing and the Mind,” which aired on PBS television in March, 1993. Beth explains, “Having spent many years as a practitioner of mindfulness meditation, also known as vipassana or insight meditation, I had often thought of how useful meditation might be in the health care system for providers and patients alike. The internship with Jon was a turning point for me. He has brought meditation into the mainstream of health care, and his work and the results are truly inspiring.”

Following her internship Beth implemented a unique program at the Meriden Community Health Center where she works as a family nurse practitioner. It is an eight week meditation course called, The Stress Reduction and Relaxation Program (SR&RP), for adults with chronic disease, life threatening illness, and high levels of stress in everyday life. She is bilingual and alternates the course in English and Spanish. It has been enthusiastically received by patients and has been an exciting experience for Beth, as well. “Teaching these courses has been the singularly most creative, rewarding and enjoyable work I have done as a nurse practitioner. The response from patients has been more positive than I could have imagined, and it is wonderful to bring this healing work to a population that might otherwise not have access to it," states Beth.

Encouraged by her success in Meriden, Beth submitted her course to YSN’s Curriculum Committee and it was approved as an elective course for the 1993-94 academic year. This is an experiential course. Students are asked to make a commitment to attend all eight class sessions, one all day silent retreat, and to devote 45 minutes per day, six days per week to home practice with the tapes. The goals of the course are to provide students with the experience of developing a daily meditation practice which can be continued after the course ends, as well as to provide an introduction to the field of mind-body medicine, specifically, the applicability of mindfulness meditation practices to health care. During fall semester approximately a dozen students “pioneered” the course offering. During spring semester the course was co-facilitated with Jerry Silbert, MD, a physician at the Yale Health Plan and a graduate of the training program at the University of Massachusetts. There were 30 participants, with a waiting list, including graduate students from YSN; Yale Medical School; Yale Medical School’s Physician Associate Program; the Departments of Psychology, Epidemiology and Public Health; the School of Organization; and a few nurses and doctors working in the New Haven area. It was also an international group, boasting participants from Spain, Italy, and Yugoslavia.

After having taken the class YSN students praised the course. Karen Klein ’95 stated, “Beth’s class provides an ideal for maintaining a healthy mind and body. She integrates theory and practice in the classroom that is a model for every practitioner interested in wholistic approaches to patient care.” Adds Trish Hertz ’95, “I am pleased to have had the opportunity to take this course while at YSN. It was a great experience and I plan to use the knowledge gained not only for my own benefit, but for my future patients.” Tracy Creaser ’95 was also enthusiastic. “My experience in

Beth’s class was incredible. I have learned how to bring joy and peace into my life.”

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IN MEMORIAM

Virginia Kirk ’27 died on September 2, 1991.

Grace M. Allenbach ’30 died on June 6, 1992.

Abigail D. Avery ’35 died on December 21, 1993.


Margaret Danforth Kaminsky ’42 died on January 3, 1994.

Anita A. Greenwood ’46 died on January 9, 1993.

Nancy C. Marder ’46 died on January 14, 1994.


Margaret D. Ellison ’64 died on June 16, 1993.

Health care reform is on everyone's mind these days as the reform tide ebbs and flows. Although the ever changing picture of reform remains fuzzy, the YSN Alumnae/i Association Board hopes to clarify some of that uncertainty with its Alumnae/i College program this year entitled, "Health Care Reform: A Healthy Future for Nursing." The weekend will run from June 2-4 in New Haven. This year on Friday morning a panel, moderated by Dean Judy Krauss, will set the stage for the rest of the offering by developing an overview of the reform issues proposed by President Clinton. One panel member will also present an alternative proposal as grist for the reform mill. The afternoon will provide a number of workshops on issues related to such areas as home health care, financial concerns, services for the elderly, the effect of reform on maternal/child primary care, and the possible impact on tertiary care facilities. On Saturday Shirley Girouard '77, Health Policy Analyst, will speak on nursing's role in the reform process, a wonderful way to bring the formal program to conclusion. Continuing Education Units will be provided.

There are many other new and exciting things going on around YSN these days - the new doctoral program, the search for a new home for the School, progress with the Capital Campaign, the new post-master's PNP Certificate Program - all of which you can learn about both formally and informally from the Dean's State of the School Address and casual conversation. This is your School and your faithful support over the years attests to your interest and concern for its healthy future.

Needless to say there will be ample opportunity to socialize and get reacquainted. Several social events have been planned, including the banquet Friday evening, the highlight of which is the naming of Distinguished Alumnae/i.

I often hear from alums that it is so difficult to return for a class reunion after a number of years away and little contact with classmates. One feels strange and unfamiliar with the School and its programs. And I know those feelings. I remember missing my own 25th high school reunion and I have regretted it ever since. I promise you that once that initial effort is made, reuniting is always a worthwhile and wonderful experience, and you will leave renewed, revitalized, and rewarded.

Hope to see you in June. Please come back. New Haven is beautiful at that time of year, with all the flowering trees and bushes, lush green lawns, and lovely old buildings on campus and off. You will be glad you came and so will we!

Shades of Indigo, all YSN students, will perform on Thursday evening.

Carol Ann Wetmore '94 Advocates Nurses' Role In Reform Debate

Carol Ann Wetmore '94, a final year student in the Nursing Systems and Policy Program and a nurse in the Emergency Department at the Yale-New Haven Children's Hospital, represented her profession at the New England Summit on Health Care Reform, held on December 7, 1993 in Boston. She was the only nurse to participate in the morning summit sponsored by the Boston Globe.

The office of U.S. Senator Edward M. Kennedy (D-Mass.) coordinated the summit, which brought First Lady Hillary Rodham Clinton and 20 New England congressmen together to respond to concerns expressed by a citizen panel of health-care providers, administrators, small business representatives and consumers.

During the discussion on the economics of health-care reform Carol Ann pointed out the ability of advanced practice registered nurses to provide primary health care. She also explained these nurses' roles in a health-care system that emphasizes health promotion and wellness.
Lillias Duncan Adams ’34, is an active volunteer with the Regional Pediatric and Newborn Center for Northeast Tennessee and Southwest Virginia, one of only five hospitals in Tennessee who benefit from the National Pediatric Telethon each year. Lillias sends best wishes to what will be her 65th college reunion at YSN this coming June.

Mary Dunlap Pruitt ’49, spends many hours enjoying volunteer advocacy with her cherished refugee friends from Southeast Asia and Haiti, as well as remaining active in church. She and husband Paul welcomed the birth of another grandchild, Jay Randal Pruitt Collins, last January 25, 1994.

Suzanne K. Kusserow ’59, earned her doctorate in education from the University of Vermont on her 60th birthday last year. To follow up that significant accomplishment, Suzanne is currently spending 1994 in Zimbabwe teaching community health under a Fulbright scholarship. This year, out of a total of 2,000, only five Fulbright scholarships were given to nurses.

Effective July 1, 1994 Rhetaugh Dumas ’61 will leave the Deanship of the University of Michigan School of Nursing to serve as the University’s Vice Provost for Health Affairs. In this position Rhetaugh will work to foster cooperation among the various health units on the campus of the University of Michigan, including the Schools of Nursing, Public Health, Pharmacy, Dentistry, Medicine, and Social Work. Ada Sue Hinshaw ’63 will succeed Rhetaugh as Dean of the School of Nursing. Ada Sue has been Director of the National Institute for Nursing Research at the National Institutes of Health.

Charlotte Houde-Quimby ’72, just relocated to Washington, DC to begin her new position as Special Projects coordinator for the American College of Nurse Midwives.

She will spend about half her time working in developing countries for the Mothercare project. Charlotte’s role will include country needs assessments, project development and implementation, and project evaluation in countries such as Nigeria, Ghana, Uganda, Bolivia, Guatemala, Philippines and Indonesia.

Karen Duggan Kelley ’76, has two children, Kathryn, now 2, and Charlotte, born in December, 1993. Dolores Leona, a former YSN staff member, announced the growth of Karen’s family who now live in England.

Karen Fidocki Mason ’78, is the Clinical Nurse Specialist for the Coronary Care Unit and Step-Down Unit at Goddard Memorial Hospital in Stoughton, MA.

Deborah McCaffrey Boyle ’79, is a Clinical Nurse Specialist at the Cancer Center, Fairfax Hospital, Falls Church, VA. She is also a Consultant and Lecturer in Oncology Nursing.

Alice Basch ’80, is a Clinical Nurse Specialist at Mt. Zion Hospital/UCSF and Independent Consultant in communities in the San Francisco area.

In a Christmas letter to Dorothy Sexton, Ginger Capasso ’80 reported that she, her husband Fred and four children, Tom, Maureen, Meghan, and Timmy are leading busy, busy lives in Reading, MA. Ginger has enrolled in an Adult Nurse Practitioner program to prepare her for certification and is “taking the plunge” to apply to Boston College’s doctoral program.

Kathryn Barry ’81 is Director of Community Health and Outreach at the Hospital of St. Raphael in New Haven. The department was established in 1992 to consolidate community outreach programs, such as Senior Services, Outreach Services, and health promotion to name a few.

Linda Curgian ’81, is a clinical nurse specialist in the Department of Pulmonary and Critical Care Medicine at Rush-Presbyterian Medical Center in Chicago. She graduated in May, 1993 with a PhD in educational Psychology and Research Methodology. Her dissertation was entitled, “Predicting Weaning in Patients Requiring Long-Term Mechanical Ventilation.”

Jane Fall-Dickson ’81, a doctoral student at Johns Hopkins University School of Nursing is author of the article, “Clinical Trials and Research in the Community,” published in Seminars in Oncology Nursing, February, 1993.

Ann Neureuter Burnham ’83 and her husband John have adopted twin daughters, Claire and Emily, who are now almost 2 years old. Ann is working as a staff nurse at the local VNA and recently had a chance to visit with Jeanne Erickson ’83 and Eileen Sherburne ’83 who were travelling in the area.

Carol Cowley ’83, was recently presented with the Mary Lyon Award by the Alumnae Association of Mount Holyoke College. The award, named for the College’s founder and first president, serves to honor Carol for her, “dedication to the care of others.” Carol is a nurse practitioner at the Plan de Salud del Valle Community/Migrant Health Center in Fort Lupton, Colorado.

Anne O’Rourke Cloutier ’84, is a clinical nurse specialist at the H. Lee Moffitt Cancer Center and Research Institute, located at the University of South Florida.
Alice Duigon '84, is working to promote effective pain management as the Chairperson of the regulatory/legislative issues committee of the New Jersey Cancer Pain Initiative and as the co-founder of a local Shore Area Cancer Pain Interest Group in the Ocean and Monmouth Counties of New Jersey. She is also self-employed as a nurse consultant, providing consultation and educational services to nursing agencies, home infusion therapy companies, hospitals, and other health care practitioners.

Beth Baldwin Tigges '84 completed a PhD in Sociomedical Sciences with Distinction at Columbia University and is currently an Assistant Professor in the FNP and Nurse-Midwifery Programs at the University of New Mexico. She was recently elected as Region I Coordinator of Sigma Theta Tau International and is Chairperson of the Test Development Committee for the ANA Credentialing Center's PNP Certification Examination.

Mary McElwain-Petriccione '86, is a Pediatric Nurse Practitioner at the Memorial Sloan-Kettering Cancer Center in Manhattan. An article about Mary written by James Brady appeared in the January 30, 1994 issue of Parade Magazine, and focused on Mary's work as part of an "extraordinary team" that specializes in the approximately 70 new cases of children with spinal cord or brain tumors admitted to Sloan-Kettering each year.

Debbie Van Dyke '86 recently graduated from Harvard School of Public Health and is now working with a European humanitarian organization called Medecins Sans Frontieres. Debbie is doing medical and public health work in post-war Tajikistan and soon will be in northern Afghanistan for the winter, working with refugees. She is finding that the role of nurse practitioner is particularly well-suited for her current position since she collaborates with the Soviet equivalent of nurse practitioner, the "feltcher." Feltchers diagnose and treat the local population independently in health posts, refer out complicated cases, and travel to villages each day to provide care in the home. Debbie would love to hear from anyone and can receive letters at: Debbie Van Dyke; c/o MSF-France — Mission Afghanistan (Kunduz); 8 Rue St. Sabin; 75011 Paris; FRANCE

Nancy Tommasini '87, and husband Gary Plotke announce the arrival of Aaron Louis, born on January 28, 1994. Aaron surprised his parents by arriving early, but is doing well and is now at home.

Jane Loubier '89, is living in Albuquerque, NM and just began a new position at the University Department of Pediatrics, working in the Adolescent Clinic which provides comprehensive pediatric care to drug-exposed infants.

Jean Guveyan '90, is a clinical nurse specialist at the Beth Israel Hospital in Boston. Jean initiated the Pain Service at BI, and was recently appointed by the Governor of Massachusetts to serve on a Special Commission to evaluate pain in the Commonwealth. Jean is also President of the American Society of Pain Management Nurses.

Mariette Losasso '90 and spouse have a brand new daughter, Hannah, born on March 1, 1994. Stuart Berger '92 recently shared this happy news with the Alumnae/i Affairs Office.

Cindy Wechsler '90, joyfully welcomed the birth of her daughter Genna Melanie, on January 31, 1994.

Jane Dickinson '93 has recently accepted a position as a Pediatric Hematology/Oncology Clinical Nurse Specialist at the Robert Wood Johnson University Hospital in New Brunswick, NJ. Jane is leaving her job as a staff nurse at Yale-New Haven Hospital to relocate to New Jersey.

Erin Mahan '93, recently accepted a job in Portland, Oregon at the Multinomah Health Department. Erin has found herself preceded by familiar faces since at least five other Yale grads had previously worked there. Tim Crump '88 and Pam Avila '88 (who by the way just had twins), Anne Daly '87, and Christina Malango '87 are past employees. Yale alums Elena Segen '91 and Sue Bisgyer '91 live nearby. Given all this alumnai/i support, Erin says YSN has a great reputation in Portland.

Letitia Rhodes-Bard '93, was married on January 11, 1994. She and her new husband are living in Rockville, Maryland.

Molly Savitz '93, enjoyed this past winter in California where she is settling in, making friends, working and taking advantage of the mountains and ocean.

Claris Fairbanks Tulchinsky '93 and her husband Amir had a baby boy on November 29, 1993. Nathan Fairbanks Tulchinsky came into the world at a healthy 10 lbs. 4 oz.—without a C-section!