SIX ALUMNAE RECEIVE AWARDS

SEPTEMBER 1987
to her writings after spending the months of May and June celebrating new and old alumnae/i. I am sure that I am drawn to her work like a magnet precisely because I have been with people, YSN graduates, who heighten my sense of the nurse as a creative, inquisitive, caring agent of health and comfort.

We have all been confronted with the dual crises of "entry into practice" and the nursing shortage. Reflecting on the 1987 commencement and reunion activities I think of the dual themes of care and creativity. I genuinely believe that what nurses do, how they think, and how they communicate will have a more enduring influence on the shape of the profession than all of our debates about educational credentialing and nursing image. Whenever I have the opportunity to spend time with a group of Yale nurses I am impressed that they are both practitioners of nursing and shapers of nursing practice.

Our curriculum has evolved from a generalist to a specialist perspective over the years but attention to the nursing care process has never waned. YSN students, faculty, and alumnae/i have continued to advocate for better health care for all people, especially for the underserved. Today we confront the health care crises of AIDS, Alzheimers, chronic mental illness, adolescent pregnancy, substance abuse, and infant mortality. As nurses, we are committed to the care of individuals, whatever their afflictions, and to the general improvement of health conditions in the communities where we live and work. Some things never change. I leave you with words about nursing spoken by Annie W. Goodrich on June 7, 1927 before the Third Annual Conference of the New Jersey Hospital Association:

"There is no more nationally important project today than the creation of healthy citizens. There is no group because of its numerical strength, intimacy of contact and association with the early and formative years of human life, that has the opportunity to forward through its most strategic means the ends of curative medicine and preventative medicine. The importance therefore, can not be over-emphasized of the furtherance of public understanding to secure a budget adequate to meet the cost of nursing not less than other service of the hospital and to further nursing education as an essential feature of the educational system of the country."
"It was a dark and rainy night"...but thanks to Ann Ameling and Saybrook College, the well attended barbeque was a delightful opener for Alumnae/i Weekend. The food was cooked outdoors under canopies on the terrace and the crowd ate chicken, etc. comfortably in a spacious college hall.

After dinner, Mary Ellen Russeau, MSN, CNM, addressed an enthusiastic crowd with details of menopause research with hormone therapy. Mary Ellen is part of a team carrying out this Mid-Life Study Program being conducted at the Medical Center. Hopefully we can tap her for more information when the results are in.

If there was any one thing which could characterize this year's alumnae/i gathering, it was active participation! From that first night, during Mary Ellen's talk when an alum opened the discussion exclaiming "I'm in my 60's and I still have hot flashes!" to the planned interactive format of the case study presentation on Friday afternoon, this was a highly involved and enthusiastic group of alums. Representing the many different areas of nursing -- practice, education, etc., etc.; alums in different life stages -- career, motherhood, retirement -- they contributed an intelligent, thought provoking forum to the planned program.

If awards were to be given for having the largest turn-out for a reunion, the Class of 1947 would certainly win the prize! There were 31 members at YSN over the three-day celebration for their 40th reunion. (64 people graduated, 54 are still living, and 31 were here.) They came from the West and the South and all points in between! One could feel their joy in being together again, and it was contagious!

We hope the summaries and highlights that follow will give you a flavor of the weekend, and entice you to come yourself in 1988!

Alumnae/i College

"The Context of Care: Law, Ethics and Economics"

Keynote speaker Mary Mundinger, Dr.P.H., roused an early Friday morning alumnae/i college audience with thought provoking facts and predictions in her address. Dean of the School of Nursing and Associate Dean of the Faculty of Medicine at Columbia University, Ms. Mundinger acknowledged she was approaching her topic from the point of view of an educator, and said the primary challenge for nursing is to attract students and develop "good curricula". (This she predicted is going to be a problem not only for nursing, but for medicine and the other health professions as well.)

Keynoter Mary Mundinger

In 1990, Mundinger predicts there will be only 11,000 nurses graduating in this country and health problems will create a demand for professional nurses that will greatly exceed the supply. She backed up these predictions with reasons for the shortage.

1. There are fewer college age students than in the past decades.
2. The cost of professional education is increasing in disparity with earnings and many students need to take loans to finance their education. She focused upon women in particular, noting that for every dollar a male student can expect in post college earnings, a woman can expect only sixty eight cents.
3. Federal subsidies are dropping. Because Congress believes there is an oversupply of doctors, they also think there must be too many nurses.
4. Prospective payment limits salary increases.
5. There has been a 53% decrease in college freshmen choosing nursing, which is still 93% women. College women are pursuing other careers: 32% of medical students and 50% of pharmacy and
veterinary students are now female. The reasons for not becoming a nurse, she said, are salary ($20,000 starting salary and $27,000 average), status, and shift work.

Mundinger noted that the new growth in a student population today is minority groups, and she described the health care school applicant: older, more secure, maybe needing to attend part time with time out for child care and already carrying some loan debt. She said, "We need to change curricula to meet their needs."

She called for educators and clinicians to work together, as "it may be our last chance to radicalize nursing" and outlined several of the changes she believes are needed: linking students with practitioners as preceptors, contributing with clinical research to the research community, reestablishing credibility as master practitioners by having educators practice.

In response, Dean Krauss noted that when physicians suggest to her that maybe nursing has overreached its boundaries and created programs that require more education and higher salaries than society wants, her answer is "No. We're facing a growth industry and salaries need to keep pace with practice."

This prompted Mundinger to continue, beginning by rhetorically questioning why doctors' salaries are so much higher than ours. "We need to begin using our power," she said, noting that there are 2 million of us. She suggests hospitals make some changes, in particular, starting to use only baccalaureate nurses and using the money previously spent on lesser trained nurses to boost professional salaries; increasing nurses' authority to structure their day; and if there are aides, assigning them to a nurse, not to patients. She suggested nurses should have control of their budgets: our administrators should give power to colleagues.

How can we effect change in national legislation? She advised the audience to write to Congressmen whose interests are the same as theirs rather than writing to their own Congressmen. "Pick the people on the committees dealing with the issues you're writing about who are ideologically congruent." They're the ones who are going to use the input to further the causes. Within nursing, she feels state and regional nurses' associations rather than national organizations are the groups to utilize the pressure for changes.

Panel - Implications for Practice

Moderated by Catherine Gray Deering '80, Lecturer, Psychiatric Nursing, a panel composed of YSN faculty representing the clinical specialties within the School addressed the paramount legal, ethical and economic issues relating to their practice areas.

For midwifery, Barbara Decker, MS, discussed the malpractice crisis and the explosion of technology. She said that technological changes have raised many new ethical and legal dilemmas: the use of fetal tissue for transplants, life saving techniques for high risk newborns, and surrogate motherhood. All have engendered professional, legal and public debate. Recently, she noted, the right of women to refuse prepartum care was even challenged in the California courts.

Decker spoke about the philosophical dilemmas created by the malpractice crisis for practitioners who want to do preventive, low intervention care. "You order the extra test because you can't predict the future...It used to be easy to give support in the first few seconds when the woman was scared and saying, 'C-section'. Now, you have to think, could anything go wrong?" and added that the cost of insurance has many midwives moving out of private practice to hospitals.

Representing medical-surgical nursing, Connie Donovan, MSN spoke of a new, increased sense of ethical responsibility in nursing, "Nurses have an obligation in ethical decision making to enhance the autonomy of patients". She attributes this increase to three factors since the 1960's: the consumer movement, technological advances outstripping moral ones, and movement within nursing from loyalty to the hospital and position to that of advocacy. More recently, she noted the rationing of health care resources has made nurses protectors of humanitarian concerns.

Donovan believes that minimal progress has been made in collaborative decision making -- the process between clinician and patient is not fact delivering and is inadequate. The state of the patient and nurses' time affect this, and she would like to redesign the nursing delivery system so that a nurse specialist or practitioner would follow patients throughout the course of illness. Important issues could be discussed prior to hospitalization, when patients are able to make decisions and use the collaborative process in reaching them.

Sharon Holmberg, MSN, representing psychiatric nursing, focused upon the problems created by a policy of deinstitutionalization. Since patients have been deinstitutionalized, she states, a population of homeless mentally ill has emerged. Once released from hospitals, these chronic psychiatric patients have difficulty integrating into the community and obtaining basic needs. "Whereas
during the Truman era, half of all hospital beds were psychiatric beds, now they seem impossible to obtain." Holmberg presented a case study illustrating these issues and called for more long term recovery units to serve these people.

Phyllis Pallett, MPH, Ph.D., from the Department of Community Health, spoke to the need for public policy to allow adequate payment for someone to care for the sick regardless of ability to pay. Currently, she says, home care coverage is denied to frail elderly needing nursing care but not technical services. She spoke of a moral conflict: nurses committed to traditional values face a dilemma in today's economic situation. Pallett stated that interpersonal caring should be considered a health resource that is figured into the economic formula, and she called for nurses to value and measure it.

A Case Study

A case study demonstrating ethical, economic and legal issues which practitioners encounter was prepared by Mary Ann Starkes '84, psychiatric nursing and edited by Professor Donna Diers '64. Professor Diers acted as moderator for the Friday afternoon discussion and a panel of experts in law, ethics, economics and psychiatric nursing acted as resources for the group: Virginia Roddy, LLM, Director and Counsel for MediQolegal Affairs and Lecturer, Internal Medicine; Jules Coleman, Ph.D., Professor of Law, Political Science and Philosophy of the Social Sciences, Yale University; John Mullahy, Ph.D., Lecturer, Health Economics, Yale School of Organization and Management; and Linda Brown, Ph.D., Assistant Professor of Nursing, YSN.

The case study follows. Its focus is the care and treatment of persons whose problems do not fit what the various health care systems have to offer. As you read it, keep in mind the questions that participants in Alumnae/i College addressed:

- What are the clinical issues?
- What are the placement (management) issues?
- What are the legal issues?
- How does money play a part? What money? Whose?
- What are the systems issues?
- What are the political issues?
- What are the policy, including ethical issues?
- And, finally, who's in charge here?

(Names, institutions and identifying information have been changed to protect the confidence of those involved.)

MR. C.

Mr. C. is 57 years old, white and single. He had been living at home with his family until the fall of 1986. He had received minimal health care for either his severe mental retardation, his seizure disorder, or his diagnosed schizophrenia.

The family maintained Mr. C. at home. This
The family chose Devlin Manor, which had skilled and intermediate levels of care, because it was close to the mother's residence. Mr. C. was interviewed by the Director of Nursing and the Administrator of the nursing home and accepted for placement on the intermediate level of care unit. This required that he be able to dress himself, attend to meals in a common dining room and that he required minimal nursing intervention or assistance. Mr. C. was placed in a semi-private room ($64/day exclusive of medical care) also occupied by an elderly gentleman in moderately good health, but with a severe hearing problem.

Mr. C. was examined by the physician assigned him by the nursing home shortly after admission. It is common practice for nursing homes to have physicians on their medical board cover the care of clients in the facility. Physicians are required to re-examine patients on intermediate levels of care every three months, according to Medicare regulations. Emergency evaluations are always covered if adequately justified.

He was placed on the following medications: Dilantin 100 mg t.i.d., phenobarbital 32 mg t.i.d., and Tegretol 200 mg t.i.d. Psychiatric consultation was requested by the physician, as is policy of the nursing home. Because the care of Mr. C. involved nursing management as well as control of psychiatric symptoms, the psychiatrist and psychiatric nurse clinical specialist evaluated him at Devlin Manor about two weeks later.

Mr. C. had difficulty complying with the interview because his attention span was short and he had limited abilities to communicate. He became easily excited and agitated. He hallucinated -- stared at the ceiling and pointed to an unseen object -- and the hallucinations were mildly frightening to him, causing him to cry out occasionally.

Mr. C. was described by the nursing staff as a major problem in behavior management. He often screamed loudly without provocation and refused to share meals in the dining room, as is required of all other residents. At times he was combative when limits were set on his behavior, as, for example when he tried to touch women patients on their breasts. He would then run down the hall screaming.

There were no other residents with severe mental retardation in the facility, though there were several with a diagnosis of schizophrenia.

The psychiatric consultants wrote up a simple behavior modification program for the nursing staff. For example, it said:

Problem 1: Refusal to attend meals
Approach: Offer to allow him to call his sister if he goes to the meal in the cafeteria with his roommate.
Goal: Offer positive reinforcement with phone call to encourage compliance with the rule that all residents eat in dining room. Accomplish goal in one month.

The psychiatric team also ordered blood levels of anti-seizure medications and planned to follow up at one week.

At the next evaluation, Mr. C.'s behavior had not changed. The nursing staff found it difficult to maintain consistency with the behavior modification plan, mainly because frequently there were temporary staff covering evening and night shifts, and it was difficult to have them understand and follow the treatment plan.

The anti-seizure medications were found to be sub-therapeutic, though he was not reported to be having grand mal seizures. Anti-psychotic medication for treatment of the hallucinations and agitation were not started because they could further lower the effectiveness of the anti-seizure medications.

The consultants recommended increasing the anti-seizure medications as well as contacting the State Department of Mental Retardation (DMR) for evaluation and possible placement in a group home. The psychiatric consultants felt that he was not appropriately placed in this setting. The staff were inadequately trained and he could not get enough attention, given their staffing.

Two weeks later, the consultants learned that Mr. C.'s mother had been admitted to the same nursing home and had been placed on the same unit. Mr. C. seemed less agitated, but inappropriate behavior and resistance to adhering to the unit's rules continued. The nursing staff stopped trying to have him eat with the other residents, and fed him meals in his room. He continued to hallucinate.

The nursing home physician had increased the anti-seizure medications, and so a trial of Trilafon 4 mg prn x 2/24 hours was recommended.

Two weeks later, Mr. C. had only responded minimally to the Trilafon, which had been given twice daily for several days in sequence. The hallucinations, agitation and resistance continued. At this point, Mr. C. was transferred to a private room within the intermediate care unit. The cost of the room rose to $76.80/day, not including medical expenses.

The Department of Mental Retardation had consulted and presented an elaborate treatment plan for the nursing staff to implement. This plan required absolutely consistent active interventions such as meeting every episode of agitation by distracting Mr. C. with another activity. DMR recommended providing a staff member to sit with him until he calmed down and then "rewarding" him with an activity such as playing a game with a staff member. The staff found the plan very difficult to adhere to.

Mr. C. was also placed on a waiting list for a group home for the mentally retarded, but the list was several months long. The psychiatric consultation team suggested that the physician re-evaluate the levels of anti-seizure medications before a routine dose of Trilafon could be
introduced or further increases be made.

Three weeks later when the consultants visited, Mr. C.'s mother had died. He was very agitated, and spent most of his day in his room screaming and slamming the door. The consultants' attempt to talk to him about his mother's death only increased the agitation. Because his nursing home physician had not ordered the blood work necessary to evaluate the level of anti-seizure medication, it was recommended not to change the Trilafon order, as it would place Mr. C. at risk for seizures, were he to receive more than two doses per day.

Several weeks passed with no request from the nursing home to consult about Mr. C. The staff at the nursing home explained that DMR was offering adequate assistance for intervention through behavior modification. However, there was little change in Mr. C.'s actions or symptoms.

During the Christmas holiday, Mr. C.'s nursing home physician observed him during a period of agitation. There were several visitors, and Mr. C. was screaming and repeatedly slamming the door to his room. Although this behavior had been reported to the physician many times over the phone, this was the first time he had actually seen it. The physician decided that Mr. C. was unmanageable in the nursing home and ordered that he be discharged and sent to the emergency room of the local hospital for admission to the psychiatric inpatient unit.

The hospital's psychiatric consultation staff (the same team who had consulted about his care in the nursing home) were requested to evaluate the patient in the E.R., as is hospital policy. He was medically cleared except for having subtherapeutic levels of Dilantin, phenobarbitol, and Tegretol. He was agitated, appeared to be hallucinating and seemed frightened of his surroundings.

The inpatient psychiatric unit refused to admit him because of his diagnosis of severe mental retardation. DMR was contacted, but said they had no way to take this patient as an emergency. The nursing home refused to readmit him and he was held overnight in the E.R. for further evaluation the next day. The physician from the nursing home admitted Mr. C. to a medical floor for work-up of his seizure disorder the following day.

It is now nearing the end of January, Mr. C. has been on the medical floor since New Year's Day. The room rate for his accommodations in this hospital is $340/day. His seizure disorder has improved with adequate levels of anti-seizure medication. His behavior has improved as well, with a reduction in agitation and hallucinations after receiving Haldol 0.5 mg t.i.d.

Placement, however, remains a dilemma. While he is still on the waiting list for a group home, it will take several months for the placement to occur. The family feel they can no longer manage him at home. The nursing home refuses to consider him, despite his improved behavior. The Department of Mental Health (which in this instance would mean the state mental hospital system) refuses to accept him as he is dually diagnosed and is not acutely ill.

The family has been responsible for his nursing home bills; however, they cannot pay for hospitalization. The family has applied for Title XIX (Medicaid).

BACKGROUND FACTS

Medicare and nursing home licensure requirements for intermediate care are one LPN for 60 patients and 3 nursing assistants. Nursing homes with more than 60 beds are to have one "specially trained" psychiatric nurse full time. Nursing homes with fewer than 60 beds are required to have a "nurse with special training" available once a week.

The usual therapeutic dose for medications involved here is:
- Dilantin 100-200 mg t.i.d.
- Phenobarbitol 32 mg t.i.d.-q.i.d.
- Tegretol 200-400 mg t.i.d.

These medications are regulated by blood levels and clinical symptoms.

Antipsychotic medications often used are:
- Haldol 0.5 mg t.i.d.
- Trilafon 2-4 mg b.i.d.-q.i.d.

Antipsychotic medications are usually counter-indicated in treatment of mentally retarded individuals. "Target" symptoms such as Mr. C. has (hallucinations) were being treated with the lowest possible doses of any antipsychotic, especially considering his age. Trilafon was used because of its sedative properties and minimal problems with extra-pyramidal symptoms.

Public responsibility for the mentally ill in Connecticut is under the Department of Mental Health. For a variety of reasons, DMH has "capped" beds in public mental hospitals, essentially reserving beds for acutely ill patients, and for patients committed there because they are a danger to themselves or others. Connecticut has roughly half the national standard of available psychiatric beds.

A group home charges $87/day for services and $34 for room and board. As an adult, Mr. C.'s care would be covered by the State.
Senator Weicker

All alums of YSN, YSM and EPH met in Harkness Auditorium late that afternoon to hear Senator Lowell P. Weicker speak concerning federal support of bio-medical research. Following his presentation he was honored for his support in Congress of nursing and nursing education. Dean Krauss read a citation and President Burns presented him with a plaque making him an honorary member of YUSNAA.

Senator Weicker, Dean Krauss, President Burns

Alumnae/i Banquet

reported by Andrée deLisser

YUSNAA President, Bea Burns says the banquet is one of her favorite parts of Alumnae/i Weekend. After several years of dutiful attendance, I must say that I agree with her!

The evening's events began with a social hour on the lawn of Yale's School of Organization and Management's dining facility, Donaldson Commons. This year we enjoyed the musical accompaniment of a trio Sarah Krakauer, a flutist and a YSN student '89, and two colleagues, Andrew Kim, cellist ('86 Yale Music School), and Jonathan Friedes ('88 Yale Medical School).

Once inside for dinner, the Alumnae/i Board presented corsages to each of the nine members of the 50th reunion class of 1937 and to one from 1932 (55th anniversary!). During dessert we heard class reports which included greetings and letters from classmates not present. There were varying reports from responses to a classmates' activity survey, to personal words of thanks for the YSN education, to alumnae/i fund contributions. The class of 1957 had eleven members return for the weekend and reported that the class gifts this year to Alumnae/i Fund were given in memory of two deceased classmates, Martha Longpre Dooley and Ann Cavanaugh. The highlight was the riotous recollections written by Dorothy Peck Skilton of the class of 1932:

Recollections by Dorothy Peck '32

The class of 1932 entered the Yale School of Nursing in September 1929. A month later the Stock Market Crash occurred and it took its toll of our group.

Our entering class had 32 members in all -- 18 who had completed two years of college and 14 with four years of college. We received Bachelor of Nursing degrees on graduation. Later 13 of us took advanced academic work for Master's or other degrees in related fields.

We now number 15 -- all retired except Carolyn Herrick Critz who supervises a Nursing Home in Pennsylvania. We are in various states of health and our living accommodations vary from Nursing and Retirement Homes to maintaining our own homes.

We were a close knit group; most of us had little spending money. Remember, this was just after the stock market crash. We were devoted to our instructor in the Principles and Practice of Nursing, Priscilla Humphrey '27. Our beloved Dean was Annie W. Goodrich and Effie J. Taylor was Director of Nurses at the Hospital. Dr. C.E.A. Winslow taught us Public Health. Our course was 32 months long which meant that we completed our undergraduate program in January 1932. We took State Boards and several of us stayed on for a four months program directed by Jean Barrett. As I remember, it centered on Ward Management.

After graduation in June, 1932 we went our separate ways. Since I am the only member to return this year, here is a brief resume of what has happened to me over the past 55 years.

In 1932 I was happy to accept a staff nurse position in Farnham Operating Room at $85 a month (remember this was 1932). After three years scrubbing for Brain Surgery I decided that Public Health might be better for my varicose veins, and I've been walking ever since. I spent a year at Teachers College, Columbia, for my Master's degree, then went to the New York State Department of Health as Public Health Nurse in the Albany area. After World War II, I returned to my family home near Litchfield, Connecticut, and went to work for the Connecticut State Department of Health in a supervisory capacity.

In 1949 I married a fellow townsman and became
a wife, stepmother, stepgrandmother, housewife and volunteer for community activities, all at once. In addition I did part time nursing -- hospital, V.N.A., what have you. This continues to be the case, though I've been a widow for ten years.

As we are all aware, in the past 55 years we have seen many changes in nursing and medicine. In 1932 we expected to die with the same heart, liver and kidneys we were born with. Many of the apparatuses that are now attached to us in the hospital were unheard of. Perhaps we didn't live as long, but there were fewer nursing home inmates. Of course, this was before Social Security and Medicare, when the family expected to assume responsibility for older members. It was long before AIDS and when Alzheimer's was called senility or second childhood: I am intimately aware of the problems connected with Alzheimer's! In our day cigarette smoking was fashionable, grass was mowed, coke was something you drank and pot was something you cooked in. We were before day care centers, house husbands, dual careers and live-in partners. In 1932 you could buy a new Chevy coupe for $659, but who could afford that? Nobody! A pity, too, because gas was 21 cents a gallon. We were not before the difference between the sexes was discovered, but we were before sex changes -- we just made do with what we had. In our time closets were for clothes, not for coming out of, and a book about two young women living together in Europe could be called "Our Hearts Were Young and Gay" (Cornelia Otis Skinner and Emily Kimbrough).

But, to be a bit more serious -- in 1932, as the seventh graduating class from YSN, we were aware of the prestige of our School and its place in the Nursing Profession. Long May It Live!!

Distinguished Alumna Awards

The presentation of Distinguished Alumna Awards by Dean Krauss and YUSNAA President Burns capped the evening. The scope and depth of these women's achievements are awesome.

ANN TOMAIANO AMELING

"Her liberal arts, women's college and Ivy League affiliations have long fueled her efforts to make nursing education an intellectually grounded, valid, and valued university enterprise. Her work on behalf of nursing in the university demonstrates one of the most celebrated attributes of womanhood - that of nurturing and sustaining relationships.

Her writing has enriched nursing education, practice and research and has served as a beacon for those who would attempt to integrate all three. She led a pioneering revolution in nursing education when the Yale School of Nursing, revisiting its old roots, opened its Three Year Program for Non-Nurse College Graduates. Her publications on the "Yale Model" challenged traditional notions of nursing education and re-established the value of attracting college graduates to the nursing profession.

Even while breaking new educational ground she has remained a dedicated scholar in the care of the chronically mentally ill. Her work on the plight of homeless women reveals, again, her commitment to women and their place in the world.

Ever a "Yalie," she has now enduringly linked YSN to the larger Yale community through her roles first as Acting Master of Berkeley College and now as Master of Saybrook College. Her many persona -- woman, nurse, scholar, wife, and mother -- are inextricably woven into the fabric that is Yale.

It is with pride that the Yale School of Nursing and its Alumnae/i Association recognize Ann Ameling, class of '67 as a Distinguished Alumna."

MARY ELLIS

"Energetic, effective and elegant capture the essence of this member of the class of '47. Her volunteer efforts in our sister city, New York, have reached from the VNA to families at Harlem Hospital to the Bronx Zoo and the Lincoln Center -- and have crossed state lines to her grateful Alma Mater.

Over a seven year period she has nursed and nurtured the YSN Bequest and Endowment Fund. Through gracious persuasion and careful planning she has taken it from relative obscurity to growing distinction.

For her tireless efforts and outstanding contribution to the financial health of her Alma Mater, the Alumnae/i Association takes great pleasure in presenting a Distinguished Alumna Award to Mary Ellis."

ROXY BOGIGIAN LEISERSON

"Thirty-five years ago she left YSN to define and broaden the boundaries of psychiatric and mental health nursing. The State of Tennessee was the beneficiary. Not content to limit her involvement to Vanderbilt University Hospital and School of Nursing she took her vision of mental health as a "family and community affair" to the Nashville community.

In the way of Yale nurses she became a founding and nurturing member of the Tennessee Mental Health Association and the Nashville Mental Health Association; and helped establish the Nashville Urban League, Crisis Center, and Mental Health Center. Her tireless work on behalf of the minority community, children and their families, as well as mental health have been recognized by the State of Tennessee.

When she applied to the Yale School of Nursing she once said of herself, "I am not an outstanding person..." We beg to differ! For her contributions to the mental health field her Alumnae/i Association proudly claims Roxy Bogigian Leiserson as a Distinguished Alumna."
Evanita S. Morse

"Sometimes you can't measure a person's contribution by their tangible accomplishments. This is so when their contributions come from their unstinting loyalty, support and caring. Over the years such generosity of spirit helps set a tone, an atmosphere that makes a real difference.

She graduated 60 years ago in the class of '27, and a more loyal supporter of YSN would be hard to find. For many years she attended Yale functions in various capacities: alumna, mother, wife and sister of Yalies. She was class agent, keeping in touch with classmates faithfully. She has been generous in time, energy and gifts. While class agent during alumni fund drives, she would make an anonymous contribution in a class member's name in order to achieve 100% class participation.

Her message to her 55th class reunion in 1982 was a telegram that read:

"Loving greetings to Lucky Alumnae, friends and graduates from the class of 1927. With you in Yale spirit that time and distance cannot change. And on to our 60th."

You have made it here for your 60th reunion in spirit, Evanita S. Morse, and the YSN Alumnae/i Association wants to express love and appreciation to an outstanding member of the class of 1927 and a Distinguished Alumna of the Yale School of Nursing."

Virginia Paulson

"Her subtle humor, keen understanding, quiet grace, and rich professional expertise have informed nursing administration, education, practice, research and professional policy. Her dedication to nursing shines in her activities in the professional association at the district, state and national levels. As conference group chairperson and state association officer, as chair of ANA's Commission on Nursing Services, and national officer and now as Deputy to the Executive Director of the American Nurses Association, she has brought insight, energy and expertise to the organization's important issues and programs including educational preparation for practice, collective bargaining and fundamental organizational change. As a member of the National Advisory Committee for Nurse Training in the Division of Nursing during most of the 1970's, she had occasion to translate and make credible Yale's nontraditional programs, to our enduring gratitude. We celebrate her influence both in the public light and behind the scenes. The Yale University School of Nursing and her Alumnae/i Association -- lead the applause as we recognize Virginia Paulson of the class of 1950 as a Distinguished Alumna."

Carolyn Webster-Stratton

"Her pioneering research, prolific publications and unlimited workshops in the field of parent-child relations has brought her nationwide recognition.

Honing her interests while a student pediatric nurse practitioner at YSN, her vision then led her into academics at the University of Washington. As a teacher there she has guided innumerable students through the shoals of academics and research, infusing them with the importance of and excellence in nursing.

She was a founder and is director of the Parenting Clinic at the University of Washington. Through her development of techniques in videotaping, her knowledge and understanding of children with behavioral and learning problems and parent training have reached a wide audience.

It is therefore with great pride that the Yale University School of Nursing Alumnae/i Association presents to Carolyn Webster-Stratton The Distinguished Alumna Award."

Saturday

reported by Mary Colwell

A bus load of alums visited the Connecticut Hospice in Branford on Saturday morning. Priscilla Anderson '47, a regular volunteer who is also on the Hospice speakers bureau, arranged the tour which was greatly appreciated by those who could go. By popular demand, this trip may be planned each year for YSN alumni.

Simultaneously, seminars at the Medical School lured many nursing alumnae to hear about a history of pediatrics in New Haven, about new developments in control of cancer, about orthopaedics and rehabilitation and about management of eye diseases.

Annual Meeting Minutes - June 6, 1987

The meeting was called to order by Beatrice Burns, President, following a buffet luncheon in Room I in the School of Nursing.

It was explained that last year's annual meeting minutes were summarized in the Yale Nurse in the Fall. And the record of this meeting will be included in the Yale Nurse this Fall.

Treasurer's report in absence of the Treasurer was given by Mary Colwell. It was a brief summary of 11 months' activity, not all inclusive. The Association working account is funded from Alumni Fund donations made by our alums.

Special thanks were expressed by the President to Pat Albertoli for all her work and planning as chairperson of Alumnae/i College program.

Nominating Committee report was given by Karen Suchanek. The Committee found that many folks who were called were interested and willing to participate, but that the older classes are in need of representation. She asked for volunteers. Board meetings are usually on Mondays -- 5:30 p.m. and do meet each month during the school year. Question was asked if it really needed to meet monthly, and could there be some
THE CLASS OF 1987

thanks all YSN alumnae/i

for seeing us through!
YSN ALUMNAE/I FUND REPORT
Contributors listed by category in the ANNIE W. GOODRICH SOCIETY

Fellow - $5,000 +
Patron - $2,500 $4,999
Sponsor - $1,000 $2,499
Associate - $500 $999
Member - $300 $499
Friend - $100 $299

Friends (cont.)
Mary S. Fisher '45
Margaret L. Schleske '45
Kathryn L. Burdette '46
Mary A. Burns '46
Anne F. Conkle '46
Patricia M. Curran '46
Juliet C. Dammann '46
Elsie-C. Duncan '46
Barbara Ellis '46
Helen B. Hildebrandt '46
Barbara E. Mathews '46
Mary W. O'Brien '46
Jean T. Saxon '46
Vivian M. Sucher '46
Betty D. Sullivan '46
Clytie C. Webber '46
Priscilla B. Behnkem '47
Grettianna H. Booth '47
Margaret M. Breg '47
Linda W. Burdett '47
Dorothy D. Cannon '47
Priscilla N. Estes '47
Janet S. Fine '47
Thelma L. Joseph '47
Mary A. Kelly '47
Rose C. Longo '47
Elizabeth E. O'Neill '47
Evelyn H. Shopp '47
Elizabeth Smathers '47
Barbara W. Stephenson '47
Mary Joanna Thawley '47
Ruth L. Benedict '48
Dorothea H. Edwards '48
Katherine D. Fager '48
Nancy J. Hill '48
Evelyn J. Jones '48
Rosalind L. Jones '48
Ruth K. Lawson '48
Virginia B. Martin '48
Polly P. McClure '48
Marjorie L. O'Rorke '48
Jane W. Truscott '48
Gertrude H. Parkhurst '49
Esther S. Appler '50
Virginia M. Browne '50
Mary C. Colwell '50
Martha B. Downie '50
Margery M. Krieger '50
Virginia M. Paulson '50
Mary L. Perier '50
Evelyn C. Spolanskey '50
Janice S. Vordale '50
Ramona Garshelis '51
Justine R. Glassman '51
Jean L. Hopkins '51
Sheila G. McClelland '51
Shirley R. Morley '51
Mary Pryor '51
 Mildred K. Taylor '51
Elizabeth D. Wortham '51
Cicely L. Zeppa '51
Judith E. Lissner '52
Dorothy J. Maclean '52
Patricia K. Pagliarini '52
Louise Z. Greenlaw '53
Maureen E. Higrier '53
Phyllis C. Beard '54
Maria R. Bosnak '54
Julia P. Pace '54
Margaretta M. Styles '54
Margaret S. Benton '55
Janet H. Crovatto '55
Frances Sherman Dostal '55
Margaret A. Scherer '55
Patricia A. Vargaa '55

Friends (cont.)
Marjorie M. Deluc '56
Janet P. Manning '56
Mary S. Brox '57
Mavis Chittick '57
Marcia Curtis '57
Carol C. Ferris '57
Jeanne Lynne landfill '57
Katharine R. Dreyfuss '58
Lorraine J. Hall '58
Muriel W. Test '58
R. Pendleton Wiggins '58
Elizabeth S. Sharp '59
Martha E. Barden '61
Retaugha G. Dumas '61
Jeanne S. Neideck '61
Roslyn R. Elms '63
Evelyn M. La Flesh '63
Edith M. McHugh '63
Elizabeth A. O'Connell '63
Donna Kaye Diers '64
Jean Dunham Goss '65
Joyce W. Light '66
Katepleasant D. '66
Lois K. Daniels '67
Elizabeth W. Fitzpatrick '67
Eileen C. Hodgman '68
Charlotte W. Smedley '68
Marylyn A. F. '70
Bette L. Davis '71
Maureen O. Doran '71
Anita W. Finkelman '71
Carol B. Rinzler '71
Mary F. Stuart '71
Frances L. Bushnell '72
Dianne S. Davis '72
Virginia Nehring '72
Anita L. Silberberg '72
Suzan D. Boyd '73
M.T. Mildred Carlswell '73
Sally Isenberg Cohn '73
Constance P. Fisher '73
Eileen B. Korman '73
Mary B. Schwanke '73
Candace O'Brien '74
Mary Sennott '74
Ruth Churley-Strom '75
Glenn S. Ekblad '77
Cynthia P. Finesilver '77
Karla A. Knight '77
Sarah W.W. Knight '77
Jane Milberg-Rubenstein '78
Patricia D. Barry '79
Denise Gaula '79
Richard F. Jennings '79
Ronald L. Krass '79
Judith C. Tierney '79
Elizabeth Manning O'Amour '80
Jane M. Fall '81
Elise Herlihy '81
Patricia C. Murphy '81
Shelia F. Norton '81
Theresa M. O'Connor '81
Joan A. De Maio '82
Marlyn C. Derksen '82
Lourne F. Foerst '82
Barbara M. Moxley '82
Janet P. McMahon '82
Patricia Tauber '82
Lisa Summers '83
Adele W. Pike '84
Mary G. Bay '85
Elizabeth F. Flinn '86
Judith D. Floyd '86
Valerie J. Holcomb '86
Susan R. Yates '86
1926
Wina L. Gauya - Agent
Doris P. Allison
Wina L. Gauya
Priscilla A. Kublanov

1927
Aura E. Kepler - Agent
Marjorie W. Beckley
Sybil P. Bellos
Grace Buttington Thornberry* 
Priscilla W. Halted
Aura E. Kepler
Marjorie Tucker

1928
Mary Jane Kennedy - Agent
Alice G. Howard

1929
Marion Wenrich - Agent
Edward E. Foster
Marion Wenrich
Carolyn L. Widmer

1930
Elizabeth A. Bucholz - Agent
Grace M. Allenbach
Elizabeth A. Bucholz
Antoinette H. Daniels
Hope P. Myers
Mary F. Stavin
Edith M. Windeler

1931
Isabel H. Wegman - Agent
Lois A. Bliss
Eleanor T. Copley
Mary E. Curtis
Eileen D. Dithridge
Ruth L. Fanslow
Mary F. Geary
Kenia B. Horn
Dorothy A. Huey
Barbara A. Kavangan
Charlotte V. McKeown
Margaret M. Scammon
Lucy S. Schultz
Priscilla B. Ward
Isabel H. Wegman
Marguerite L. Young

1932
Dorothy P. Skilton - Agent
Elizabeth H. Andrews
Bernice L. Cowan
Carolyn H. Critz
Mary B. Eagan
Sofia Ehrenberg Vonungern
Alma W. Fraizer
Ruth C. Johnson
Mildred C. Patterson
Dorothy P. Skilton
Katherine S. Speir*
Elizabeth R. Walters

1933
Jean Maclean - Agent
Shirley C. Bow
Ruth E. Burcham
Elizabeth James Dotterer
Donald H. Fritts
Margaret M. George
Caroline L. Gieses
Arris S. Huntington
Laura B. Long
Jean Maclean
Verna S. Rogier
Anna E. Ryle
Eleanor B. Smith

1934
Frances M. McCormick - Agent
Lillias D. Adams
Audra G. Speir* 
Elizabeth F. King
Katharine T. Leah
Frances M. McCormick
Lucille O. Pond
Frances S. Shaffer
Mary H. Shaw
Elsie L. Shippy
Helen D. Stringer
Ira Torrens

1935
Virginia H. Hubert - Agent
Abigail A. Avery
Dorothy B. Bailey
Agnes Bowe
Helen S. Bradley
Mildred T. Briggs
Katherine F. Finne
Suzanne H. Harrison
E. Jean M. Hill
Gwynne Hill
Pauline B. Hirsch
Virginia H. Hubert
Elizabeth C. Hurley
Dorothy L. Ingraham
Anne Maclay Leffingwell
Ruth E. Lightfoot
Virginia R. Lothrop
Jane F. McConnell
Raidie P. Merdinger
Lema F. Schmidt
Patricia Walsh
Helen H. Werner
Eleanor S. White
Mildred B. Yale

1936
Kathleen Thornton - Agent
Anita E. Anger
Mabel L. Archbold
Elizabeth R. Bell
Aldyth L. Claiborn
Elizabeth S. Comer
Elizabeth B. Cooper
Ruth W. Dean
Martha P. Jayne
Helen T. Jones
Ruth G. Kirkpatrick
Nettie I. Lawrence
Beatrice T. Lounsbury
Anne W. Maenish
Emily W. Mendillo
Edward W. Phifer
Dorothy Thoms Pinkerton
Arnold W. Pohl
Kathleen Thornton
Virginia W. Warthin
Margaret B. Wells

1937
Katharine S. Rekers - Agent
Catherine Bastress
Mary S. Carey
Eleanor M. Chernen
Harriet N. Cressy
Marjorie Morse Creeden
Ovidia T. Evensen
Mayda B. Gill
Alberta H. Hartman
Rosemary F. Henshaw

1938
Grace Eckelberry - Agent
Olive L. Blandau
Beatrice L. Clark
Mary M. Conroy
Muriel M. Crosby
Ruth M. Davis
Laura W. Deretchin
Grace Eckelberry
Evelyn S. Farnsworth
Helen H. Fuller
Alice J. Gifford
Kathleen K. Gill
Barbara L. Gilman
Jean F. Graves
Kathleen W. Henderson
Louise B. King
Marie L. Pearce
Lucy F. Riley
Lucia A. Robbins
Helen B. Sexton
Dorothy K. Stein
Lois S. Stowe
Clara A. Traver
Vivian N. Wies

1939
Kathleen M. Barrett - Agent
Lois R. Areson
Kathleen M. Barrett
Elizabeth S. Beckett
Kathryn S. Bixby
Eleanor H. Bogle
Ruth C. Buckner
Frances W. Cheney
F. Janet Cunningham
Marion Draper
Margaret F. Gardner
Mary S. Gates
Ruth Groves
Helen E. Hallors
Dorothy W. Kemeway
Eleanor P. Hutt
Katharine Ketcham
Eleanor R. Kinney
Lorraine M. Kohler
Alice B. Larkin
Louisa P. Leonard
Janet M. Lumpkin
Barbara B. Moran
Carolyne M. Moran
Elizabeth H. Nelson
L. Elisabeth Oster
Marion J. Richardon
Kathleen H. Robinson
Margaret W. Sholes
Barbara Russell
Esther A. Savage
Marjorie Peck Somers
Jessie Parkinson Spear
Ruth S. Whiting
Jane Wilcox

1940
Marjorie F. Allen - Agent
Marjorie F. Allen
Hiram E. Armstrong
Eleanor C. Battin
Nellie B. Bass
Miriam M. Blomquist
Margaret H. Carson
Dorothy M. Craig
Margaret N. Damon
Charlotte C. Eberhard
Mary S. Evans
Marion H. Fasanella
Genevieve F. Fraga
Sage A. Hall
Emma F. Harbison
Mary C. Haring
Evelyn L. Harman
Charles R. Harms
Margaret Hulbert
Helen E. LaBarre
Louise Darby Malmo
Betty N. McKeown
R. Ann Miller
Mary W. Ohle
Elizabeth H. Pettis
Delora A. Pickin
Anna C. Scholl
Mary S. Symonds
Eleanor F. Voorhies
Evelyn G. Wagner
Edna Z. Welker
Edith W. Wernerk
Elizabeth H. White

1941
Katherine B. Nuckolls - Agent
Margaret H. Berger
Natalie L. Brown
Harriet D. Carroll
Charlotte M. Duncan
Hertha E. Flack
M. Elizabeth Peoples Frey
Carolyn D. Gibbons
Margaret D. Gilbert
Gertrude M. Gould
Ethel H. Grass
Phyllis C. graves
Virginia H. Hay
Elinor A. Ingelido
Elizabeth K. Puzak
Olwen W. Roberts
Madeline C. Schwad
Althea O. Shimer
Helen S. Taft
Alice R. Tidd
Charlotte C. Wright
Betty R. Zwicker

1942
Marjorie M. Kenney - Agent
Olga L. Zagraniski - Agent
Rhea V. Bardin
Arne B. Beltz
Betty J. Bascoul
Janet L. Dickson
June Smith Dotterwiek*
Mariln D. Dubrule
Rachel B. Glik
Barbara A. Guptil
Marjorie M. Kenney
Mary B. Kenyon
Elizabeth W. Maines
Eula M. McDowell
Nina P. Newhart
Nancy Hooker Peters
Delia M. Pitts
Elaine M. Porter
Claire L. Sandersen
Lois B. Stokes

* Deceased
1942 (cont.)
Jean G. Williamson
Olga Louis Zagarinski

1943
Mary Anne Ivins - Agent
Elsie S. Adelson
Florence M. Alexander
Mary Sisson Barrett
Helen Langdon Clark
Florence O. Coggins
Dorothy J. Cole
Katherine M. Dohm
Florence H. Eger
Mary N. Greenberg
Frances E. Hendrix
Harriet Hickok
Esther G. Howes
Mary S. Ivins
Eleanor S. Janikowski
Grace N. Knight
Irene B. Landis
Helen D. Lyman
J. Virginia Miles
Lois D. Morse
Carolyn M. Myrick
Mary Jane C. Nickerson
Muriel B. Petruzelli
Mildred S. Sanford
Marjory M. Sarich
Phoebe S. Stubbins
Maxine P. Sweetman
Tyrrell R. Thayer
Sophie S. Thompson
Mary C. Ungberg
Elizabeth B. Wesner
Harriet J. White
Barbara H. Zovichian

1944
Anne T. Boyce - Agent
Anne T. Boyce
Ann P. Bradley
Mary Lord Cassell
Betty K. Countryman
Lucille G. Denman
Selma D. Falloon
Helen B. Feldberg
Margaret M. Field
Alice H. Heck
Emily W. Ilgen
Lois F. Irwin
Janet C. Klos
Pauline V. Kummer
Lola M. Laffay
Clare D. Libby
Myrtle H. Mortimer
Doris C. Oremus
Saisie H. Pratt
Sally H. Pullman
Doris M. Robertson
Barbara G. Ross
Carolyn C. Rudd
Theresa L. Siegel
Janis J. Smith
Elizabeth Sprague
Anne G. Stern
Shirley M. Stiles
Constance B. Thomas
Gwendolyn W. Wilhelimson
Maxine A. Wolston
Kathleen C. Yeale

1945
Mary Ochiai - Agent
Sara S. Ansley
Margaret D. Barrer
Ann K. Clark
Ada R. Davis
Grace K. Fellows
Mary S. Fisher
Marian Hartman
Elizabeth W. Hutchinson
Edith R. Kent
Lucille P. Lewis

1945 (cont.)
Marion C. Martin
Joan B. Matheke
Anne S. Milo
Mary K. Ochial
Priscilla C. Parke
Matilda M. Pastore
Margaret P. Pearce
Margaret L. Schleske
Mary Ann Singleton
Dorothy B. Webber
Katherine S. Welch

1945W
Rosamond B. Hansen - Agent
Kathryn S. Crowther
Jean W. Dooley
Elizabeth S. Grigg
Rosamond B. Hansen
Mary Ellen Haw
Louise H. Mason
Julia W. Meinikheim
Janet W. Meter
Mary E. Stilson
Marian C. Stone

1946
Barbara E. Mathews - Agent
Margaret S. Arnett
Ellen Connelly Avila
Ruth F. Baer
Betty L. Black
Phyllis H. Blodgett
Kathryn L. Burdette
Mary A. Burns
Helene L. Byrns
Elsie E. Calhoun
Charlotte P. Charboneau
Muriel C. Clement
Anna F. Conklin
Harriet A. Craig
Virginia P. Cummings
Patricia M. Curran
Juliet C. Damann
Barbara Ellis
Constance G. Goodman
Eleanor H. Grunberg
Selma B. Hardeman
Helen B. Hildebrandt
Justine W. Kellifer
Anne G. Kramer
Mildred W. Lafferty
Nancy C. Marder
Barbara E. Mathews
Clorinda Marubus McAteer
Catherine T. McClure
Erica B. Miller
Marian G. Miller
Martha B. Miller
Mary W. O'Brien
Mildred N. Peake
Mildred H. Rieman
Geraldine M. Robinson
Mary R. Saunders
Jean T. Saxon
Pearl R. Waterstein
Rae D. Walk
Frances W. Wrzesinski

1946W
Betty S. Sullivan - Agent
Jeanne A. Bruce
Lillian L. Calvert
Frances D. Crane
Louise C. Duncan
Eloise S. Fishel
Marion R. Fleck
Edna E. Harwood
Wenonah H. Koch
Grace R. Lett
Josephine B. Lutz
Margaret O. McLane
Jeanne E. Mercier
Jean B. Milligan
Mary H. Morser

1946W (cont.)
Josephine P. Pecoraro
Elizabeth M. Plummer
Charlotte B. Sparling
Vivian M. Sucher
Betty D. Sullivan
Jean B. Trump
Clytie C. Webber

1947
Priscilla O. Anderson - Agent
Blanche M. Adams
Priscilla O. Anderson
Jeanette Atkins
Marjorie P. Bancroft
Priscilla B. Behnken
Georgiana H. Booth
Margaret M. Breg
Louise G. Buechley
Linda W. Burdett
Dorothy D. Cannon
Constance R. Cole
Carolyn B. Dean
Mary J. Dews
Mary Ellis
Priscilla N. Estes
Jane G. Frame
Jeanette U. Gies
Clarice O. Hargiss
Shirley M. Henley
Ann K. Hiller
Thelma L. Joseph
Barbara A. Kane
Mary A. Kelly
Dorothy G. Kibbe
Janet F. Klemperer
Rose C. Longo
Madeleine McKenna
Mabel Pelkow Mendel
Frances A. Nash
Sylvia Paige
Shirley E. Parkhill
Jewell Q. Patton
Josephine T. Philbin
Evelyn H. Pierson
Ruth G. Russell
Elizabeth T. Smith
Barbara W. Stephenson
Jane Rambo Stewart
Mary Joanna Thawley
Gladys Day Thompson
Katrina Q. Weschler

1947W
Janet S. Hine - Agent
Elizabeth F. Blanchard
Ruth K. Fitzpatrick
Janet S. Hine
Julia S. Morris
Elizabeth E. O'Neil
Lois W. Peyton
Germaine R. Seltzer
Evelyn H. Shopp
Nancy D. Shuster

1947W (cont.)
Margaret T. Silverman
Elizabeth Smathers
Ruth M. Welt
Patricia R. Workman

1948
Rosalind L. Jones - Agent
Elizabeth O'Connell - Agent
Elizabeth G. Barnett
Ethin D. Bell
Ruth L. Benedict
Charline T. Bridge
Gail G. Church
Victoria S. Conn
Adelaide B. Corson
Ellen E. Dean
Dorothy A. Edwards
Eugenia S. Finnegan
Katherine D. Foster
Patricia P. Frueh
Marion M. Gates
Nancy J. Hill
Frances B. Howard
Margaret Y. Jamir
Sydney P. Johnson
Evelyn K. Jones
Marjorie M. Jones
Rosalind L. Jones
Ruth K. Lawson
Mary B. Lempe
Katharine W. Lynn
Virginia B. Martin
Clarice R. McCarter
Polly P. McClure
Elizabeth O'Connell
Marjorie L. O'Rorke
Elizabeth B. Sanderson
Mildred B. Simpson
Virginia S. Sirinides
Carol G. Terken
Jane W. Truscott

1949
Margaret M. Allman - Agent
Margaret M. Allman
Fannie Evelyn Dewar
Mary K. Hirata
Esther L. Hoffman
Jane Detar Jacob
Dorothy S. LeBar
Barbara B. Meggers
Ruth A. Miller
Harriett H. Mitchell
Anne L. Moffett
Mary H. Ottis
Gertrude H. Parkhurst
Wilma C. Reed
Ruth S. Rohman
Amy A. Shapiro
Mary Wylie Stoltz
Elizabeth W. Stude
Elena T. Tashjian
Marjorie R. Wessen
Ann S. Wiles
1950
Jean O'Brien Butler - Agent
Barbara B. Allard
E. Mary Aitken
Esther S. Appley
Helen S. Brandon
Virginia M. Brown
Stephanie C. Cleveland
Mary C. Colwell
Lucy H. Conant
Arlyne J. Dick
Martha B. Downie
Norma A. Gardner
Eleanor G. Hartsig
Barbara M. Hunt
Margery M. Krieger
Elizabeth F. Orser
Virginia M. Paulson
Mary L. Perier
Adèle G. Read
Evelyn C. Slopanskey
Nancy P. Thomson
Janice S. Vordale

1951
Justine R. Glassman - Agent
Emily B. Dale
Mary B. Floyd
Yuka Y. Fujikura
Ramona Garshelis
Justine R. Glassman
Gertrude V. Graham
Janice G. Green
Jean L. Hopkins
Elizabeth M. Houlihan
Ann O. Howland
Marion S. Klein
Margaret M. Lundebjerg
Mary M. Lyons
Virginia W. McAleer
Shelga G. McClelland
Marie M. Milliken
Shirley R. Morley
Jane S. Mulak
Virginia W. Nelson
Mary Pryor
Mary B. Richards
Ann P. Schnell
Elonor M. Schulte
Evelyn M. Soriano
Mildred K. Taylor
Ann W. Walters
Alice B. Willett
Ann B. Wilson
Jo Anne S. Woolsey
Elizabeth D. Wortham
Vera V. Yordon
Cicely L. Zeppa

1952
Jean C. Bradley - Agent
Jean C. Bradley
Estelle M. Carlson
Joan W. Cersap
Jeanne G. Davis
Jane W. Donovan
Judith E. Lissner
Dorothy J. MacLennan
Mary S. Page
Patricia K. Pagliarini
Ellen P. Powell
Helen M. Sullivan
Helen A. Turner
Mary N. Van Ronzenel
Ardis D. Wagner

1953
Jeanne S. Benninghoff - Agent
Naomi B. Ament
Jeanne S. Benninghoff
Mary H. Bliss
Lois S. Brunton
Ellen D. Chapman
Helen B. Crowell
Anne Schnabel Daniels

1954
Jacqueline P. Cannon - Agent
Phyllis C. Beard
Doris Bloch
Maria R. Bosnak
Beverly B. Brothhauer
Jacqueline P. Cannon
Annabelle S. Caron
Eleanor M. Crispell
Dorothea L. Dunn
Laverne F. Elliott
Florence H. Erickson
Isabelle E. Lobeck
Frances M. MacDougall
Louisa M. Murray
Julie P. Pace
Joan K. Parsons
Jane E. Robinson
Merilyn L. Robinson
Margretta M. Styles
June S. Wentz
Jean W. Youngen

1955
Margaret S. Benton - Agent
Patsy Irene Bennett
Louise C. Benson
Margaret S. Benton
Jane Ann Brown
Margaret K. Chang
Janet H. Crovatto
Angela C. Daukas
Frances Sherman Dostal
Helen H. Downing
Beverly N. Dunston
Elaine R. Gareyep
Amy B. Hecht
Reeva M. Liveman
Marguerite G. Quinn
Mary Patricia Randles
Gordon Sawatzky
Margaret A. Scherer
Patricia A. Vergara
Elmo G. Winger

1956
Priscilla D. Kissick - Agent
Patricia T. Becker
Lois D. Crum
Marguerite M. Deluse
Sally C. Elliott
Betty Ann Ford
Gail B. Harwood
Elizabeth P. Huebner
Priscilla D. Kissick
Janet P. Mance
Jane N. Manning
Mereth M. Meade
Gretchen P. Minners
Joan E. Mulligan
Anne G. Packer

1957
Mary R. Dalby - Agent
Joceline K. Alexander
Madalyn O. Amenta
Esther S. Barto
Dorothy P. Benner
JoAnn Tietje Briggs
Mary S. Brodish
Ann Cavanaugh
Mavis Chittick
Elizabeth A. Clarke
Marcia Curtis
Mary R. Dalby
Carol C. Ferris
Lois F. Geeslin
Anna B. Haupt
Eleanore L. Hayden
Helen P. Hopton
Frances M. E. King
Barbara N. Klaus
Hi-Chen Ku
Phyllis O. Lawrence
R. Jeannine Lyerly
Anna W. McKown
Helen S. Miller
Janice R. Salter
Barbara H. Schneider
Priscilla R. Ulin
Marjorie L. Wallace
Elizabeth N. Winkel
Jane M. Wylie
Louise M. Young

1958
Lorraine J. Hall - Agent
Muriel W. Test - Agent
Dorothy M. Allin
Janet Glover Bell
Katherine N. Campbell
Chang-Lei T. Cheng
Octavia S. Cobb
Katharine R. Dreyfuss
Anna Baziak Dugan
Jane S. Ergood
Adelaide B. Fazzone
Lorraine J. Hall
Jean W. Loh
Eleanor P. Montanari
Irene Prisloe
Shirley H. Tenney
Muriel W. Test
R. Pendleton Wiggins
Sally Ann Yomans

1959
Elizabeth T. Richard - Agent
Winifred T. Garrity
Susanne K. Kusserow
W. Annette Massey
Elizabeth T. Richard
Elizabeth S. Sharp

1960
Ruth G. Elder - Agent
Ruth G. Elder

1961
Martha E. Barden - Agent
Martha E. Barden
Claudette B. Barry
Rhaugh A. Dumas
Hilda Mertz
Jeanne S. Neideck
Maryann B. Tarasuk

1962
Audrey C. Ralph - Agent
Virginia M. De Luca
Ieva-Jurata S. Kades
Sheila T. Myers
Audrey C. Ralph

1963
Patricia M. Murphy - Agent
Roslyn R. Elms
Evelyn M. La Flesh
Edith M. McHugh
Patricia M. Murphy
Elizabeth A. O'Connell

1964
Flora Lavery - Agent
Donna Kaye Diers
Joyce K. Simonowitz
Ann H. Watkins
Carolyn K. Zackin

1965
Jean Brown - Agent
Jeanette T. Brown
Jean R. Fisher
Jean Dunham Goss
Jean E. Johnson
Marjorie R. Wright

1966
Kathleen D. Stokes - Agent
Marjory H. Heyd
Joyce W. Light
Ruth Schmidt
Kathleen D. Stokes

1967
Carol K. Scales - Agent
Ann T. Ameling
Lois K. Daniels
Elizabeth W. Fitzpatrick
Virginia G. Kinnick
Maryann F. Pranulis
Sharon S. Rising
Carla F. Robb
Carol K. Scales
Marie-France C. Thibauden

1968
Mary Jane Kennedy - Agent
Judith A. Blocker
Carrie Conser
Eileen C. Hodgman
Mary Jane Kennedy
Charlotte W. Smedley
Karen A. Westbrook

1969
Sandra R. Haldeman - Agent
Agathokleia R. Luckner

1970
Judith G. D'Afflitti - Agent
Donna O. Berger
Judith G. D'Afflitti
Veronica P. Dembeck
Judith B. Krauss
Marilynn A. Schmidt
Marilyn Yuneck Steffan

1971
Saundra Bialos - Agent
Saundra Bialos
Gretchen D. Cohen
Bette L. Davis
Maureen D. Doran
Anita F. Finkelman
Catherine Kienne Forrest
Carolyn T. Glenn
Eileen M. Gloor
Paula W. Goering
Mary G. Hackman
Karol Ann Krakauer
Carol B. Rinzler
Mary P. Stuart

1972
Dianne S. Davis - Agent
Frances L. Bushnell
John E. Collins
Dianne S. Davis

*Deceased
1972 (cont.)
Barbara I. Dobay
Judith F. Flanagan
Carolyn Mazur
Virginia Nehring
Beckett M. Rodgers
Anita L. Silberberg

1973
Eileen B. Korman - Agent
Carol A. Baer
Suzan D. Boyd
Paulette F. Briggs
M.T. Mildred Carswell
Janet S. Celler
Sally Isenberg Cohn
Sarah Dillian Cohn
Linda C. Corinne
Anne L. Donabedian
Therese Doucet
Constance P. Fisher
Joyce R. Girgenti
Beverly S. Greenwood
Janet H. Haas
Barbara B. Hedstrom
Judith S. Kane
Eileen B. Korman
Christine Niemyski Nuger
Marilyn Perkins
Mary B. Schwanke
Elizabeth M. Smith
Poolsook P. Srijaporn
Donna Teachie
Susan K. Wilensky

1974
Patricia Doyle - Agent
Marianne K. Scanlon Agent
Mary J. Belisle
Sharon Bidwell-Carone
Virginia Cleary
Barbara N. Clinton
Philip Edwin Thomas Gower
Penny Hatcher
Mary Erlandson Maloney
Jean McCormick
Barbara E. Meyers
Candace O'Brien
Marianne K. Scanlon
Mary Sennott
Mary Walker

1975
Ruth Ann Churley-Strom - Agent
Ruth Ann Churley-Strom
Mary C. Collins
Helena McDonough
Valerie G. Oreifice
Ruth M. Ouimet
Eileen F. Skowronski
Christina W. Stephenson
Nancy Strafford-HeskO
L. Ann Traub
Sara E. Woolbert

1976
Carol M. Battin - Agent
Carol M. Battin
Christine E. Burke
Margaret J. Cushman
Janice G. Davey
Margaret J. Grey
Elizabeth L. Meredith
Celicia W. Mukai
Brenda S. Penner
Kay R. Plymat
Marilyn McHugh Rochester
Victoria H. Wirth

1977
Judith Suter Burkholler - Agent
Leona J. Ruggiero - Agent
Glenn S. Ekblad
Cynthia P. Finnesilver
Shirley A. Girouard

1977 (cont.)
Eva-Lyn Janson
Karla A. Knight
Sarah V.W. Knight
Nancy Leake
Barbara A. Levine
Margaret M. Schafer-Turner
Christina M. Schenk

1978
Susan K. Davis - Agent
Mary Ellen Ungate Agent
William R. Blouin
Susan K. Davis
Bernadette M. Forget
Mary V. Hatton Gibson
Beth Elissa Goldberg
Sarah Beth Gottlieb
Lois A. Hancock
Michal Sherer Hellenbrand
Marsha E. Kaye
Nancy Kraus
Anne Ledell-Hong
Jane Millberg-Rubenbarg
Karen A. Mills
Lynne Morishita
Karen White Pettigrew
Judith Shindl-Rothschild
Janet S. Taft
Winifred W. Thomas
Mary Ellen Ungate

1979
Elizabeth D. Selvaggio Agent
Patricia D. Barry
Beatrice R. Burns
Julie B. Folio
Scott Quincy Garfield
Denise Gaugya
Richard F. Jennings
Ronald L. Krauss
Susana Ortiz
Sheila H. Pavlis
Sylvia M. Rasie
Nancy Ellen Rosenblum
Barbara Lee Sellers
Elizabeth D. Selvaggio
Sasha Eleanor Slayton
Judith C. Tierney
Antoinette V.B. Tyndall

1980
Nancy C. Allen - Agent
Linda J. Norton - Agent
Susan S. Stengrevics Agent
Nancy C. Allen
Edward H. Branson
Francis J. Caffie
Nedine Press Campbell
Elizabeth Manning D'Amour
Robert Danza
Patricia B. Davis
Catherine G. Deering
Deborah A. Disco
Gloria Fazio
Phyllis S. Gorman
Mary Pennington Harmon
Susan S. Hogarty
Bonny Libby Johnson
Marianne H. Lewis
Barbara Maye Little
Linda J. Norton
Barbie J. Rudolph
Karen Scheffiliti
Sally Beth Solomon
Susan Summer Stengrevics
Dawn Tiedemann
Tracy Carol Wittreich

1981
Kathleen M. Comeau Agent
Elizaebeth A. Ercolano Agent
Cheryl W. Fida Agent
Libby C. Arny-Powell
Danuta I. Bujak
Denise Canchola de Tournillon
Barbara N. Castonguay
Kathleen M. Comeau
Christina G. Conforti
Lauren S. Corbett
Carol P. Curtiss
George Daneri
Candis C. Danielson
Louise Dockstader
George T. Eckenrode
Elizabeth A. Ercolano
Jane M. Fall
Mary Jane Galvin
Elise Herlihy
Jane M. Hirscher
Nina J. Kleinberg
Heidi K. Kylberg
Kathleen M. Mitcheom
Patricia C. Murphy
Sheila F. Norton
Theresa M. O'Connor
Claudia Reid Ravin
Dian E. Sparring
Patricia Urick
Robin S. Vernay-Light

1982
Joan A. De Maio - Agent
Luc Pelletier Agent
Patricia D. Adams
Ann Ritchie Atherton
Suzanne Ballard
Beth Boyarsky
Nancyellen Brennan
Annabel G. Ching
Deborah Ann Chyun
Donna L. Coillard-Getreu
Lisa M. De Dominics
Joan A. De Maio
Marilyn C. Derksen
Laura F. Foerster
JoAnn L. Graziano
Marianne M. Hillemeier
Barbara M. Maddox
Maureen U. Matthews
Janet P. McMahon
Faith Minard
Catharine Moffett
Luc Pelletier
Mary A. Quindlen
Christina Rickenback
Thomas J. Sincic
Rebecca Stockdale-Woolley
Patricia Tauber

1983
Audrey G. Knight - Agent
Eileen Sherburne Agent
Patricia M. Antos
Kathleen A. Austin
Carole Bandura
Catherine Anne Buck
Margaret E. Colby
Bernice Coleman
Jeanne M. Erickson
Cornelia Handy Gonsalves
Donna J. Hagarty
Diane M. Iannini
Karen K. Kane
Audrey G. Knight
Jan Kribs
Linda Knight Morse
Ann Earl Neureuter
Gina Novick
Susanna Peyton
Deirdre O. Rea
Joyce B. Ricker
H. Gilmore Rinard

1983 (cont.)
Eileen Sherburne
Kim Specter
Lisa Summers
Victoria A. Vasquez

1984
Elizabeth Baldwin Agent
Deborah Garfield - Agent
Linda W. Nichols Agent
Elizabeth Averill
S. Elizabeth Baldwin
Jocelyn J. Bessette-Gorlin
Janet E. Carroll
Karen B. Davis
Robin Geller Diamond
Alice L. Duigon
Susan R. Fries
Laura L. Graas
Gayle Lorraine Gravelin
Anne Marie Halmeyer
Kathleen A.Z. Hawk
Mary Beth Heery
Anne Hutchinson
Elizabeth M. Hyde
Mary R. Innis
Karen L. Johnson
Charles S. Kaplan
Kathryn M. Kernan
Pamela June Lethbridge
Sylvia Lee Miller
Barbara H. Mullin
Linda W. Nichols
Christine L. O'Dell
Michele D. Peters-Carr
Adelle W. Pieters
Diane Matousek Propper
Linda A. Schwartz
Chandra L. Sharma
Carol Rogers Stamper
Theresa Ann Tesoro
Helene M. Vartelas

1985
Shelley Jerige - Agent
Norma D. McNair Agent
Michele Murphy - Agent
Sandra M. Slater - Agent
Mary G. Bast
Deborah A. Benton
Grace P. Erickson
Mary Jane A. Fitzpatrick
Elisabeth Bliss Genly
Andrea C.R. Giletti
Sheila Gillespie
Allegra J. Hamman
Diane L. Kessler
Deborah Kay Le Roy
Norma D. McNair
Deborah L. Meredith
Jacqueline Rugg
Elon G. Shlosberg
Sandra M. Slater
Libet D. Streiff
Mary Ann Thompson
Christine Zaleski

1986
Elizabeth F. Flinn-Agent
Kelly C. Mack - Agent
Kimberly Weigel - Agent
Marlayn Kay Ashmann
Paula E. Carmona
Christina A. Clancy
Paulette D. Cramwell
Elizabeth F. Flinn
Judith D. Floyd
Elaine M. Gustafson
Valerie J. Holcomb
Kelly C. Mack
Catherine V. Mark
Susan R. Yates

Friends
John Bacek*
Mr. & Mrs. Bruce Walton*
use for people who could meet only every other month -- or with some such arrangement. This will be discussed at the next Board meeting.

Members going off the Board were thanked:
Patricia Albertoli
Andree deLisser
Ruth Gee
Vicki Wirth
Karen Suchanek
Lorraine Rose-Lerman

The Board for 1987-1988:
President: Beatrice Burns '79
Vice President: Mary Bast '85
Secretary: Elizabeth Selvaggio '79
Treasurer: Jane Milberg '78
Directors:
Nina Adams '77
Olympia Gregory '85
Kristin Hale '85
Mary Ann Starkes '84
Judith Tierney '79
Patricia Coleman '90, Student Rep., Betsy Byron '86, Chm.
Nominating Committee
Kitty Deering '80, Nom. Com.
Jacqueline Rugg '85, Nom. Com.

Ex-officio
Judith Krauss '70, Dean
Mary Colwell '50, Exec. Sec'y

Bea Burns announced that the new AYA representative will be Andree deLisser '79. She will replace Jane Stewart '47 whose term is over.

Mary Jane Kennedy '68, Chair of the YSN Alumnae/i Fund reported that the Fund this year has gone over the goal of $125,000 and is still rising! Some of the success in this has been some large gifts to the Endowment Fund. She is sad to see that the number of contributors this year is less than last year -- and she hopes this is not a trend. Our financial support is essential.

Mary Ellis '47 Chm. B&E Committee -- is thrilled with the increased interest and planning being done by our alumnae/i. The deferred giving and the bequests have increased -- she hopes all alum will consider including YSN in planning their financial affairs.

The Dean, Judith Krauss, gave an informal and inclusive report of the School from her vantage point. She described some of her goals and aims for YSN, statistics on student enrollment, tuition, and financial aid (or lack of it), faculty, and she took time to answer a number of questions raised by alumnae.

ALUMNAE SPOTLIGHT

by Judith Tierney '79

Alums who read the journal, "Nurse Practitioner" might recall Barbara Schneider's account of her practice with the children of migrant laborers (Providing for the Health Needs of Migrant Children, February, 1986). At Alumnae/i Weekend, Barbara took a few minutes to talk with me about her recent work. Since 1986 she has been involved in private practice, first with a group of other nursing specialists, and since May in her own office, the Child Health Center.

Despite difficulties obtaining malpractice insurance and a physician glut in her area (Seattle, Washington), Barbara believes it will still be possible for her to develop a successful private practice. "You need to find a niche so you won't be in direct competition with the M.D.'s," she says.

"Most doctors won't see Medicaid patients," she stated, and nurses in Washington are eligible for third party payment, including state reimbursement, so Barbara negotiated a contract with the Department of Social and Health Services to provide care for Medicaid children. She also has a contract to perform well child care for an Indian reservation, where health problems are similar to those of the migrants with whom she has worked.

Other clients include day care centers, which are required to have monthly nursing consultations, and also utilize her PRN for primary care. "I will see a child there who isn't feeling well and examine her and call the mother. Of course I'll treat the child if they wish." Barbara noted that she is doing immunizations at the day care centers as well because "day care parents don't have time to take the kids to the doctor."

BARBARA SCHneider, ARNP, PNP, MN
Certified Pediatric Nurse Practitioner

PROMOTING CHILDREN'S HEALTH AND WELL-BEING

• Primary Care For Common Children's Illnesses
• Immunizations
• Throat Cultures
• Sport and Camp Physicals
• Parent Education and Counseling
• Hearing Screening

** Well Child Care Including:
• Evaluating Growth and Development
• Physical Examinations
• Hematocrits and Urinalysis
• Nutrition, Hearing and Vision Screening
• Health Education and Parenting Skills

** Recommended Well Child Screening Schedule:
• Birth to 6 mos: 2 wks, 6 mos: 6 mos
• Six to eighteen mos: every 3 mos
• Eighteen months to 2 yrs: every 6 mos
• Over 3 yrs. Annually

11+ Years as pediatric nurse practitioner
25+ years as nurse and parent educator
Yo Hablo Espanol

Not content to sit back and wait for patients, Barbara has been marketing her services to organizations and individuals in her community. She has a printed brochure (see above) and has also used direct mailing advertising to homes in her area. She's contacted school nurses, school athletic
director and other nurse practitioners. Having had prescriptive authority since 1980, Barbara does not employ a medical back up. Instead, she refers clients to local Children's Hospital for specialty consultation and utilizes the house staff there when necessary.

Although nurse practitioners nationwide are faced with a malpractice insurance crisis, Barbara was confident that at least in Washington, which has a very active State Nurses Association, a solution to this problem would be found fairly soon, and her practice would break even financially by August and be profitable by December.

ALUMNAE/I STUDENT RECRUITMENT

We would appreciate hearing from alumnae/i who are interested in representing YSN to potential students in your area or in collaborative efforts with the committee.

Are you interested? Do you have ideas or suggestions for the committee?

Please complete the form below and we'll send you all the information you'll need.

Please mail this tear out to:
Lane Holland, Recruitment Committee
Yale School of Nursing
855 Howard Avenue, P.O. Box 3333
New Haven, CT 06510

Yes, I'll help!! And look forward to receiving the Alumnae/i Recruitment information.

Name ________________________________
Class ______________
Address ________________________________
_____________________________ Zip________
Home phone ( ) ______________________
Work phone ( ) ______________________

A clear and chilly day dawned on May 24th when our 81 nurses led by Banner Bearer Sarah Abrams marched with the other 2000 G & P graduates and 1207 undergraduates to the Old Campus for the traditional Yale University commencement ceremonies. All thrilled to be a part of this colorful and historical celebration.

YSN's own ceremonies took place at 1 p.m. under a tent on the spacious green lawns at the Yale Golf Course. The class processed to the tent with gowns blowing in the wind and holding onto their caps. 81 MSN degrees were awarded and Certificates in Nursing to 26 students who have one more year of their 3 year program to go. Class children were part of the event as they cheered their parents and wandered around the course chasing the Canada geese or playing with toys.

Dean Judith Krauss addressed the graduates and their families with her usual humor, stories and wisdom an inspiring message portions of which she will "take on the road" as she visits alumnae this year.

Debra Pasquale presented the 1987 Class Gift to the Dean with the following words:
"Thank you, Dean Krauss. Good Afternoon,
invited guests, faculty and colleagues. Dean Krauss, on behalf of my classmates, the most recent Yale School of Nursing alumni; I am pleased to present the class gift. My peers and I had several reasons for selecting a Bradford pear tree and companion plantings. Horticulturalists informed us that this flowering specimen grows rapidly and provides an abundance of shade. This is not a seedling but like us arrives with some sense of maturity. During our tenure we have sustained further growth -- growth and change that at times has been painful. Perhaps the author Kay Boyle's words are most appropriate "Yet it hurts when buds burst; there is pain when something grows". As this specimen continues to grow we hope that its shade will provide a quiet spot of repose for our colleagues that follow. It is our wish that this brass plate and our gifts will be a permanent symbol of our ongoing professional development, shaping an ever changing health care environment and providing a bit of shade to the persons, families and communities we will serve.

Deborah Pasquale

Student Government President, Robyn Hoffmann presented the Annie Goodrich recognition Award in behalf of the class to Susan VanCleve, Assistant Professor of Nursing in Pediatric Program.

The recipient of the 1987 Annie W. Goodrich Distinguished Teacher's Award was nominated by members of the YSN student body and was selected by a student panel of review. This teacher has been judged to exemplify the standards of excellence set by Annie Warburton Goodrich, first Dean of the Yale School of Nursing.

In addition to the leadership skills exhibited with the national and international nursing community, an outstanding service record at the Henry Street Settlement House, and the administrative expertise demonstrated during the formative years of YSN, Miss Goodrich received consistent praise for her teaching ability.

This year's recipient, a member of the Pediatric faculty, has been praised for her sensitivity and clinical skill. She has embodied the commitment of Yale to the New Haven community by her service to adolescents at the Yale-New Haven Hospital Primary Care Center and by her dedication to meeting the health needs of Southeast Asian immigrants.

It is my distinct privilege as outgoing President of the YSN Student Organization to present the 1987 Annie Goodrich Distinguished Teaching Award to Susan VanCleve."

The Andrew A. Veckerelli Prize was awarded to Martha Curley who has completed her program in Pediatrics.

"It is usual, even expected, that graduates of the Yale School of Nursing launch stellar careers in Nursing. It is rare, though, for a student to enter with an already established reputation as scholar and clinician. This year's recipient of the Veckerelli Award came to us as a nationally recognized leader in her field. She had written a book and was a sought after spokesperson for critical care nurses.

At Yale her list of accomplishments and contributions grew. She was named a Mellon Fellow, presented at national conferences and completed a thesis remarkable as seminal research in the definition of the role of clinical nurse specialist in pediatrics. Her investigation of the effects of the Mutual Participation Model of Care for parents of children in intensive care is the first study of its kind, solidly grounded in theory.

Through her standard of practice, her compassion, her commitment and her search for excellence, she has earned the respect of faculty and students. She inspires others, brings pride to our profession and honor to Yale."

**RESEARCH COLUMN**

Walter Zawalich, Ph.D. Research Scientist/Lecturer in the three year nursing program, describes his research being carried out in the laboratory at YSN.

The islets (islands) of Langerhans are small clusters of cells scattered throughout the exocrine pancreas. Often termed the endocrine pancreas because they secrete hormones into the internal milieu, these cells perform a variety of functions essential to nutrient homeostasis. Perhaps their most recognized function is that of maintaining a constant and relatively stable blood sugar, a process accomplished by their ability to synthesize and release insulin under the appropriate conditions. It is the malfunction
or destruction of the beta cells of the islets of Langerhans that is the proximal cause of insulin-dependent diabetes. For the past 7 years, my studies at the School of Nursing have focused on the function of these cells. Most recently my efforts have been directed at an analysis of how the immune system may influence their longevity. The comments that follow are concerned with how beta cells function normally and how their inability to secrete insulin in normal patterns contributes to the etiology of diabetes.

In most individuals, adequate amounts of insulin are secreted into the blood stream during the digestion and absorption of various nutrients. This hormone is synthesized in significant amounts only in the beta cells of the islets. Its release is triggered by increasing circulating levels of glucose, amino acids and surprisingly by various peptides originating from the digestive tract, particularly the gall bladder contracting hormone cholecystokinin (CCK). It appears that some of the same hormones which participate in the processes that are commonly associated with digestion actually influence beta cell secretory function. Clearly this elegant communications network between the proximal digestive tract and the insulin secretory cells assures the proper assimilation of nutrients whose uptake and disposition depends on insulin. Furthermore the flexibility and adaptive nature of these cells is quite remarkable. This is particularly evident in obese individuals, where hypertrophy of these cells occurs in response to their constant stimulation by various nutrients.

How might these cells contribute to the genesis of the most common metabolic disease known to occur in humans - diabetes? As you are all aware, two major (and many minor) types of diabetes exist. Their etiologies and subsequent progression of the syndrome differ in several important respects and a few words about them seem appropriate.

The most common type of diabetes is called Type II or maturity onset diabetes. The syndrome is initially characterized by hyperinsulinemia, a condition which may result in the development of insulin resistance. How does the hyperinsulinemia initially develop. Our studies at the School of Nursing suggest that the gut hormone CCK changes the sensitivity of the beta cells to glucose, a situation which causes them to release large amounts of insulin. Furthermore, the beta cell possesses the ability to remember prior CCK elevations and this type of memory persists for 45-90 minutes. Our current working hypothesis is that by selectively interfering with the action of CCK on the beta cells we may be able to prevent the hyperinsulinemia that CCK causes. Several drug companies have indeed made such selective inhibitors and we are in the process of studying them now.

The second major type of diabetes is called Type I or juvenile diabetes. It is characterized by the destruction of the beta cells, a process that appears to be autoimmune in nature. If one considers that Poison Ivy is also a type of autoimmune disease one can easily envision the destructive capacity of the body's own immune system if it is inappropriately activated. Unfortunately no one really understands why or how the immune system becomes altered in Type I diabetes and what causes it to unleash its destructive power on the islet of Langerhans. Our studies have demonstrated that a compound (interleukin-1) released from activated leucocytes can actually destroy the beta cells. Of course many more studies are needed to determine if IL-1 actually causes diabetes in man or animals. I would hope that our studies will help to unravel the mystery of Type I diabetes. Time, money, and further experiments along these lines will, of course, ultimately answer this exciting question.

SIGMA THETA TAU

The Yale University School of Nursing's chapter (Delta Mu) of Sigma Theta Tau International, the international honor society of nursing, has been selected to receive the Ethel Palmer Clarke Award for chapter excellence. This prestigious award recognizes excellence in chapter activities and programming that achieve the purposes of Sigma Theta Tau, which are to recognize superior achievement in scholarship, research, practice and education; to recognize the development of leadership qualities; to foster high professional standards; to encourage creative work; and to strengthen commitment to the ideals and purposes of the nursing profession. The award will be presented to chapter delegates at the biennial convention to be held in San Francisco, November 9-13, 1987. The Delta Mu Chapter, now over 600 members, is comprised of the academic and professional community associated with the Yale University School of Nursing and its surrounding health care organizations. The organization had its inception as an honor society in 1978 and since that time the chapter has embarked upon a path of promoting nursing scholarship in the community.

The chapter sponsors a variety of programs on topics of interest to the nursing community each year, and sponsors annual research, scholarship and leadership awards.

Founders' Award

Linda C. Norton, MSN, RN, immediate past-president of Delta Mu was the recipient of the first annual Delta Mu Chapter Founders' Award at the March 8, 1987 Delta Mu Induction Ceremony in New Haven, CT. Three of the ten founding members of Delta Mu -- Judith Krauss, Dorothy MacLennan and Gretchen Mosman -- were present for the event.

The award recognizes an individual's contributions to the Delta Mu Chapter and is based on written nominations submitted by Chapter members. At the award presentation, Linda was cited for her
past work as co-chair of the Research Committee, as an active member of the Nominating Committee and as a member of the Executive Board. Her highest praise, however, centered around her leadership as President from 1984-1986. Linda now lives in San Francisco.

(reprinted from Delta Mu Newsletter)

International Research Congress

"Clinical Excellence in Nursing: International Networking" was the theme of the Conference in Scotland, July 29-30. Several YSN alums who are Sigma Theta Tau members were participants in the program: Ada Sue Hinshaw '63, Donna Diers '64, Elaine Gustafson '86, Mary-Vesta Marston-Scott '51, Jean Carter Bradley '52, Donna Shields-Poe '69 and Susan Molde '76.

FACULTY NOTES

Deborah Rose, Lecturer in Research Program at YSN and doctoral student in public health, was one of 12 recipients of the annual Elm-Ivy Awards for contributions to increasing understanding and cooperation between the city of New Haven and the University. Mayor Dilieto and President Schmidt presented the awards to the honorees. Debbie has given extensive assistance to community non-profit organizations to acquire and learn to use computer technology in their daily operations and she was a founder of the Community Computing Center.

Phyllis Pallett, Assistant Professor in Community Health, presented a paper at the Connecticut Medical Society Geriatric Update Symposium on "Family Stress in Patients with Dementia". Another presentation at the Hampden District Mental Health Clinic in Springfield was "Limitations and Needs of Persons with Alzheimer's Dementia and How They Interact with Specific Characteristics of the Primary Family Caregiver to Influence Stress and Well Being".

Angela Crowley, Assistant Professor, Community Health Program, spoke at the Connecticut Nurses Association meeting in Newington about "Children in Day Care: Health and Public Policy Implications". She is Co-Chair of the Greater New Haven Child Care Consortium.

Dianne Davis '72, Associate Professor, Psych Liaison, had a son, April 1987. She is on the Task Force on Consultation-Liaison Nursing, ANA Council on Psychiatric and Mental Health Nursing; Northeast Regional Coordinator for the development of standards of Psychiatric Liaison Nursing Practice, 1987. Dianne and Joan Dreyfus '82, spoke at the First National Psychiatric Liaison Nursing Conference in Chicago in April on "Educating Psychiatric Liaison Nurses: Application of Nursing Models to Liaison Nursing Practice".

Gail D'Eramo, Assistant Professor in Med-Surg Program, received her Ed.D. from Columbia in May. In June she presented a paper at the 47th Annual Scientific Sessions of the American Diabetes Association in Indianapolis on "Self-Blood Glucose Monitoring in a Diabetes Education and Weight Reduction Intervention".

James A. Fain, Ph.D., RN, Assistant Professor in the Research Program has been appointed Chairperson of the Three-Year Program for Non-Nurse College graduates at YSN. He came to YSN in January 1985 from the University of Rhode Island College of Nursing where he was on the faculty. In summers between academic years, he has worked as a Clinical Nurse Specialist in medicine at Rhode Island Hospital. Jim holds a Ph.D. in Educational Administration from the University of Connecticut, an MSN with concentration in adult health nursing from the University of Alabama, a BSN from the University of Rhode Island, and a diploma in nursing from St. Joseph's Hospital School of Nursing in Rhode Island.

Sarah Farrell, Instructor, Psych Program, had a second daughter born in May. She presented a paper in Seattle in July at a Conference on Theory and Research-Based Psychosocial Nursing Practice and another at the American Association for Partial Hospitalization 31st Annual Conference.

Helene Vartelas '84, Program Instructor in Psych Nursing, was the recipient of the 1987 Excellence in Clinical Practice Award sponsored by the Department of Nursing at the Connecticut Mental Health Center. She has presented a research paper on "Factors Related to the Community Functioning of the Chronically Mentally Ill" at the 13th Annual Nursing Research Symposium meetings at the Clinical Center Nursing Department of NIH. She will speak again at the Sigma Theta Tau International Convention in San Francisco in November. She will be an official delegate of the Delta Mu Chapter located at YSN.

CLASS NEWS

Irene Bowman Landis '43 was honored by Knox College, her Alma Mater, in June for "lifetime achievements of personal worth and service to others". She will be listed in their special "Hall of Fame" with others who graduated 50 years or more and who exemplify the fine art of living and serving. Irene started at YSN with the class of 1939 and completed her program in 1943.

Harriett "Bunny" Carroll '41 retired from her position in the Division of Nursing at the Dept. of Health & Human Services in April.
Jean Milligan '46W, Dean of the University of Vermont School of Nursing, was awarded honorary membership in the New England Organization for Nursing for her leadership in establishing that organization in 1983.

Elizabeth "Becky" Field Blanchard '47W graduated this Spring from Andover Newton Theological School and hopes for a hospital chaplaincy position.

Lois Hoffman Peyton '47W retired in 1986 after 40 years in nursing.

Vicky Sellens Conn '48 and her husband have moved to Philadelphia where he has a new position at the Thomas Jefferson Medical School. Vicky has been a representative for nursing on the Curriculum and Training Committee of the National Alliance for the Mentally Ill which has headquarters in Arlington, VA.

Evelyn Hamburger Anderson '50 will return to University of San Diego for this Fall semester to teach while her husband is sailing the Atlantic. She will return to Florida in December. Evy now has 8 grandchildren!

"Bunny" Semmler Appler '50 still enjoys her work at the School of Nursing at Northern Illinois. The Applers had a family reunion in Colorado in June at the time of her son's wedding. She has 2 grandchildren.

Louisa Urey Murray '54 is Director of the Family Nurse Practitioner Program at University of Miami. This two year program became a graduate level program in 1986 on the faculty is another Yale alum, Dr. Carol Hutton '74.

Barbara Norton Klaus '57 had a busy week from June 4-11 this year. She attended her 20th reunion at YSN then went to ANA Convention where she was elected to the ANA Nominating Committee.

Flora Vigliotti Lavery '64 is Director of the Pope John Paul Extended Care Facility in Newtown, CT.

Kathy Lopez Bushnell '72 has been appointed Assistant Professor of Nursing at the University of Lowell (Mass.). She has been a Nurse Practitioner at Brigham & Women's Hospital most recently, and is a Vice President of the Massachusetts Nurses Association.

Anne Schaeffer Heffel '74 has a son, born in March 1987.

Mary Walker '74 has a new position as Gerontological Nurse Practitioner at the West Haven V.A. Hospital assigned to the nursing home units.

Jamie Norris Richardson '77 graduated in May from Law School and plans to specialize in health care litigation and has become a member of the American Association of Nurse Attorneys! AND in April she produced her second daughter!

Kathy Stone '77 has been working at the Village School ACES program in North Haven with severe and profound physically handicapped and developmentally delayed 2 through 21 year olds.

Elizabeth Vitale '78 is attending University of Hartford for further study.

Jim Sullivan '79 received his Doctor of Osteopathy (D.O.) degree in June 1987 and is now doing a one-year rotating internship at Metropolitan General Hospital in Pinellas Park, FL. Following this program he will go to a residency position in Physical Medicine and Rehabilitation at the Kessler Institute of Rehabilitation in West Orange, NJ.

Richard Jennings '79, CNM, has been named Director of the new Birthing Suite at the Pennsylvania Hospital. He also lectures in nurse midwifery at the University of Pennsylvania School of Nursing. Richard has been very active in the Pennsylvania ACNM Chapter Legislative Committee and the Regulation Committee which recently worked with the Medical Board to develop new regulations defining nurse-midwifery practices in the state!

A word from Gordy Campbell '80 recently tells of his recent work in Idaho. He and Nedine '80 have been FNP's with the Terry Reilly Health Services - a group of 5 neighborhood clinics serving largely migrant agricultural workers in southwest rural Idaho. Gordy has worked as a Clinic Manager and full-time Clinician and is finding his clinical interests moving more and more towards geriatrics. He has expanded the services of his clinic to several local nursing homes and has started several health education and wellness promotion programs with the elderly. He's been writing on health education for the county newspaper, and has organized a demonstration project of health maintenance for the homebound and frail elderly.

Harriet '78 and Ray '80 Fellows have a son born in 1986! Harriet completed her internship in June (she received her D.O. in 1986) and started her residency program at the University of Kentucky Medical Center this summer. Ray is now charge nurse in OB at the University of Kentucky Medical Center.

Joan Monchak Lorenz '80 had a daughter born in November 1986.

Sally Solomon '80 was married in January 1987.

Ann Williams '81 was honored at the YWCA of Greater New Haven Leadership Luncheon in May for her outstanding and dedicated work at the Methadone Clinic and with drug addicted women.

Jessica Shank '82 is Program Director of the Hospital of St. Raphael's cardiac rehabilitation program. She was a founder and past President of the Connecticut Society for Cardiac Rehabilitation, and also speaks to community groups on family and women's health issues.

Lyn Davis '83 is associated with the Community Health Service in Goshen, CT.

Anne Enos '83 is Executive Director of a hospital-owned home health agency serving the North Adams-Williamstown region of Mass.

Kathryn Grado '83 is a Cardiovascular Clinical Specialist at the Medical Center of Delaware.
Nancy Hall '83 reports "this time I have the job I want, in the place I want to live - I am now the Director of Clinical Services (PsyCh) at the V.A. Hospital in LaJolla, California." She will be working with Paula Carmona '86 who has just started working there.

Karen Kane '83 is a Head Nurse at Beth Israel Hospital in Boston.

Maridel Johnson '83 is Director of Critical Care and Emergency Department at Cape Cod Hospital Hyannis, MA.

Linda Morse '83 is a Clinical Nurse Specialist on an oncology unit at Boston University Medical Center.

Lisa Summers '83 is back in Texas at the University of Texas Health Science Center at Houston, Department of Obstetrics, Gynecology and Reproductive Sciences - in a "wonderful faculty private practice."

Beth Baldwin '84 started full time work on a Ph.D. in Public Health and Social Psychology at Columbia University in September.

Wendy Leitch '84 sent YSN a copy of her research which has been published in CONTRACEPTION, October 1986. The research was done on "Longevity of Gynol II and Ortho Crmem (R) in the Preventive Cervical Cap."

Anne O'Rourke '84 has assumed the position of Oncology Clinical Nurse Specialist at Beth Israel Hospital in Boston.

Adele Pike '84 is a Fellow in Surgical Nursing at Beth Israel Hospital in Boston.

Linda Schwartz '84 did get elected to the Board of Directors at the ANA Convention in June. She is working on her doctorate at EPH in Health Service Administration in Mental Health and is President of the Connecticut Nurses Foundation.

Chandra Sharma '84 is pursuing doctoral study at the University of Pennsylvania this Fall.

Deborah Mayer '85 was elected President of the Oncology Nursing Society (ONS) at the annual meeting in May. It is an organization in which she has been active for a number of years. Deborah has held joint appointments as Assistant Professor on Oncology at Massachusetts General Hospital (MGH) Institute of Health Professions and as Oncology Clinical Specialist at MGH. In July she was appointed Biological Response Modifier Clinical Coordinator at MGH and will maintain her appointment at the MGH Institute.

Janet Parkosewich '85 is now Director of Nursing at Cedar Lane Rehabilitation and Health Care Center in Waterbury, CT.

Catherine Mark '86 is a Nurse Practitioner with Connecticut Community Care, Inc.

Elaine Gustafson '86 and her family moved to Hong Kong a year ago and she writes "these past few months have been extremely busy - my work has been varied and challenging but very interesting. Some of my most satisfying work has been with Vietnamese refugees in the Refugee Camps around Hong Kong. Each week I do a Well Baby Clinic and attend a Pediatric Clinic with the consulting pediatrician from the British Mili-

The language barrier is always a problem but I'm getting used to working with an interpreter and the families are wonderful to work with. In the fall we are planning to begin a screening program for school age children. There are more than 8,000 Vietnamese refugees living in "camps" in Hong Kong. Some of them have been here for more than seven years and have little likelihood of being re-settled elsewhere.

I have also continued my interest in school health this past year. I have worked in health curriculum development at the Hong Kong International School, developed and taught an AIDS education program to high school students, substituting as school nurse and accompanied groups on field days and on a tour into China. I've just been hired by the School to revise and teach a course in Human Sexuality to 11th graders in the Fall. I'm looking forward to working with adolescents again and this should be an exciting challenge.

I'll also be teaching a course at the University of Hong Kong Extra Mural Studies program on Adolescent Health Care Issues. I've just completed the school term as consultant/home visitor at a child development center for handicapped children 0-5 years. It's been a fascinating experience working with families from numerous cultures and children with handicaps ranging from Downs Syndrome to autism to profound hearing loss. I hope to be able to continue to work at the Center next year.

(We are travelling around the world this summer - Tokyo, USA --) and will be going to Edinburgh, Scotland for the Sigma Theta Tau International Nursing Conference - I was invited to present my school nursing research from YSN!"

In Memoriam

Cynthia Wasgatt McBride '38 deceased Aug. 6, 1986.
Margaret Yelland Simmons '38 deceased September 18, 1986.
LaVera Nakvinda Williams ex'42 deceased November 24, 1986.
Anne Elizabeth Cole '45W deceased July 8, 1986.

Change of Address

Evaniia Panburn Morse '27, co/ Hal Morse, 1812 Port Westbourne, Newport Beach, CA 92660.
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Hanna Nancy Salowitz ex '86, 835 Mix Ave., Apt. 501, Hamden, CT 06514.

Mildred Sartucci ex '86, 13 Governor Andrew Road, Hingham, MA 02043.

Last Minute News

Nancy Mae Griffith-Johnson '53, 114B South Rush St., Prescott, AZ 86303.

Roberta Spurgeon '65, has joined the corporation of Baughman & Associates Co., L.P.A. in Cleveland, Ohio as Vice President.

Carole Singer '82 and Barry Katz had a daughter, Lauren, in May. A nurse-midwife assisted the birth.