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YUSN Alumnae Newsletter

Yale School of Nursing

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JUNE 1964 REUNION

June 1964 reunion really began at Alumnae College, with 25 YSN alums attending the interesting program on Friday, June 12. On Saturday, the 13th, 58 YSN alumnae returned for various parts of the program.

Reuniting classes were represented by:

'29 Carolyn Ladd Widmer - whose address at the Banquet Saturday evening was of such wit and inspiration that it is reprinted here in its entirety.

'39 Betsy Wheelock Cheney, Mary Squier Gates, Ruth Groves, Janet Hankins, Eleanor Ward Haynes, Dorothy Knott Hemenway, Eleanor Roberts Kinney, Marion Wilcox Rudd and Marian Y. Sadusky. This group had a private luncheon with invited guests from the faculty, including Jean Barrett.


'49 Gertrude Parkhurst.

'54 Merlyn Owens Robinson.

Lucy Conant '50 presented a most interesting talk in the afternoon based on her Ph. D. dissertation entitled "Nurse-Patient Give and Take in Home Visits." A revised version of this lecture has been submitted to the American Journal of Nursing, so do look for this in the near future.

The presence of three Yale University School of Nursing Deans, Miss Taylor, Mrs. Torrey and Mrs. Wald, at the head table of the Banquet made it a particularly festive occasion, when we honored members of the Class of 1964.

ALUMNAE FUND REPORT 1963-64

The 63-64 combined Alumnae Association, Alumnae Fund drive set some new records for YSN with its grand total of $6,964 received from 688 donors. Congratulations!

There was a 15% increase in the number of donors.

There was a 42% increase in the amount received.

YSN now ranks second in the graduate school list, in terms of % of alumnae participating. (We are outranked in that column only by YMS)

Have you read -

FACULTY AND SCHOOL NEWS

Formation of the "Joint Committee Yale University School of Nursing, Grace-New Haven Community Hospital", who's purpose is to confer on problems jointly affecting nursing education and nursing service, involves a number of YSN faculty and alumnæ. Members are Florence Wald, Jean Barrett, Virginia Henderson, Hilda Mertz, Ernestine Wiedenbach, Anna Ryle, Katherine Davis, Dorothy MacLennon, and Elizabeth Wilkinson, along with Mrs. Marie Archibald, associate director of the Grace-New Haven Hospital School of Nursing, and Marie Turbie assistant director of Nursing in the Memorial Unit of Grace-New Haven Hospital.

The faculty is also busy compiling a monograph which will review five years of research done at the Yale School of Nursing.

Lucy Conant, who received her Ph. D. at commencement last June, is currently a Research Associate at YSN, pursuing some aspects of the problems identified in her work for her dissertation.

Other recent recipients of a Ph. D. degrees are Mr. P. Wooldridge, Assistant Professor in Research in Nursing and Sociology, and Diana Crane, Assistant Professor in Sociology (Nursing). P. Wooldridge's degree was earned here at Yale, Diana Crane's at Columbia.

YSN's contribution to the Prepared Childbirth Program, sponsored by Grace-New Haven Hospital, Yale Medical and Nursing Schools is Vera Keane, who is on "loan" from the YSN faculty to function as director of the program. This is a clarification, and formalization of services started in the late '40's when interest at the medical center was focused on natural childbirth and rooming-in. Many individuals and departments have provided aspects of this service through the intervening years, with varying enthusiasm and success. The present program will have two phases. The Mothers Classes, a six week series of two hour lectures, aim to give the prospective mothers information which they want, as well as help them cope with pregnancy, labor and delivery through mutual support. The classes are purposely small, eight to ten mothers, and are arranged to bring women together who are at relatively the same stage of their pregnancies. The instructor of the classes visits the mother when she is in labor (if she is delivered at Grace-New Haven), and again post-partally. The second aspect of the program consists of Parents Classes, a series of four lectures which are repeated on a monthly basis. Patients availing themselves of this Prepared Childbirth program come from varied areas of the state. Private patients need a signed card from their doctors, a device designed not only to get permission for patient participation, but also to involve the private physician in the aims of the program. The service is available to any who wish it for a nominal fee.

Kate Davis '48 has returned to New Haven with a joint appointment as Associate Director for the Ambulatory Nursing Service at Grace-New Haven Hospital, and Assistant Clinical Professor at YSN.

Another joint appointment is held by Mary Churchill Fischelis who is both Instructor of Psychiatric Nursing at YSN and also Nursing Consultant at the Psychiatric Out Patient Clinic in the Medical center. Mr. and Mrs. Fischelis had a second son, William Churchill on April 21, 1964.

Professor Leo Simmons has returned to the School of Nursing as senior research associate on a study of Nursing Care in Nursing Homes, the study being supported by the E. Langley Charitable Trust. Miss Dorothea Jaeger is research associate
on this project.

Joy Alice Ruth MSN '63, Instructor in Maternal and Newborn Health Nursing announced her engagement to Howard Cohen. The wedding is planned for late November.

Three of last year's graduating class are now Instructors at YSN. Mary Angela Barron and Donna Diers are Instructors in Psychiatric Nursing. Anna Pearl Rains is Instructor in the Maternal and Newborn Health Nursing program.

Along Brady Corridor:

Antoinette Daniels, '30 left the Registrar's Office at the end of the summer after nine years of sheparding applicants, students and alumnae here at YSN. She has switched her focus to the University as a whole now, as a member of the staff of the Department of University Health.

Elizabeth Barnett '48 has been appointed Assistant to the Dean for Student Affairs.

Germaine Boucher who was secretary to Deans Taylor, Torrey and Wald, has crossed the street to the Department of Pharmacology in Yale Medical School. Mrs. Betty Flagg has assumed Germaine's responsibilities as administrative assistant at YSN.

Esther Parsons, former residence director at Sterling Dorm, and subsequent executive secretary of the YSNAA, enjoyed a trip to Europe in May.

Myrtie Carpenter has returned to New Haven, having spent the whole healthy summer in New Hampshire at Winchester.

Heddie Teolle is recuperating satisfactorily from a recent hospitalization.

A SPECIAL TRIBUTE

When Dorothy A. Huey, YSN '31 retired as director of the Smith College Infirmary, a fitting tribute appeared in the Smith Alumnae Quarterly, July 1964, written by Mary Ellen Chase. We quote portions of this article:

"The red brick house which...is called the Elizabeth Mason Infirmary is alive and gay, helpful and healing, imaginative and understanding. Dorothy Huey has made it all those wonderful things ever since she tripped merrily into it in 1936, having decided - thanks to God and her! upon a return to her own college in order to use her talents .... to make the best college hospital in the United States and also to win full accreditation for it...."

"How has she done this?.... She has done it by plain hard work, yet hard work glowing with faith and devotion. Of course, she's had marvelous training, too at Smith, at the Yale School of Nursing (that peerless place), at Syracuse, at Cornell."

"Dorothy Huey has done even more than make an incomparable Infirmary for Smith College. She has made a New Life for hundreds of us. Now that she's going to Whately to live in a charming old white house, let's all cheer her on her new, well-earned way."

GOING BACK TO SCHOOL - TO WORK?

Transcripts: Available from Registrar's Office, YUSN, 310 Cedar Street, New Haven, Conn. 06510. Fee for processing and forwarding is $1.00, payable in advance.

YSN Caps: Available from Bruck's Nurses Outfitting Company, 771 Lexington Avenue, New York, N.Y. Price per cap is $1.10 plus handling charge.

YSN Cap Ribbons: Available from YSNAA Office, 310 Cedar Street, New Haven, Conn. 06510. Price per ribbon is $.35, or 3 ribbons for $1.00.

YSN Pins: To replace YSN pin, write to Registrar's Office for voucher which will be sent to individual, along with address of Lambert
Brothers. Pins now cost $20.00, plus $.50 mailing charge.

Looking for new opportunities? The School of Nursing receives job descriptions and requests for recommendations to fill vacancies daily. These include all areas of nursing, in all parts of the country, and even abroad. If you are looking for a new job, won't you write to us, indicating your area of interest in nursing, and in locale. We will send you whatever information is available in our files.

**NEWS OF INTEREST TO REGIONAL GROUPS**

Chapel Hill, University of North Carolina School of Nursing Virginia Henderson will speak at a symposium on her interpretation of the role of the nurse, December 3-4, 1964.

Santa Fe, New Mexico - Vera Keane (president elect ACNM) and Ernestine Wiedenbach will be attending American College of Nurse Midwifery meetings in Santa Fe, April 30-May 1, 1965.

Points West - Watch for the announcement of the Regional Meeting of the Yale University Alumni Association scheduled for San Francisco, March 19 and 20. You will have an opportunity to meet and hear Yale's President Kingman Brewster. The theme of the meetings will be the value of a liberal education in a scientific and specialized world. Alumni/ae of both undergraduate and graduate programs are welcome, and we hope that YSN will be represented.

San Francisco - The National League for Nursing convention will be held in San Francisco May 2-7, 1965. News of the Yale dinner will be sent in the spring newsletter. There will also be a Yale booth.

**CLASS NOTES**

*See Faculty and School News 1930*

*Antoinette H. Daniels.* 1932

Eleanor King is now Associate Professor of Nursing at the University of Massachusetts School of Nursing. She is getting settled in a recently purchased home. Her new address is: 129 Harlow Drive, Amherst, Massachusetts 01012.

1936

Anne Middlemiss wrote at reunion time to tell of leaving the position of Director of Nursing (Service and Education) in Middletown, Ohio after 10 years, to join the Agency for International Development. She is currently in Shiraz, Iran working with the Developing Pahlavi University Medical Center. She wrote of seeing Verna Smith Rogier, YSN '33 with husband Dr. Jean Rogier who is with AID as Chief of Public Health in Dacca, East Pakistan. Anne is looking forward to attending her 30th reunion. Her present address is: US AID/Health Div. - Field, APO 205, New York, N.Y.

1942

We regret to report that Natalie Packer Opdycke (Mrs. James P.) died suddenly on December 28, 1963.

1943

Bess Morrow Piggott (Mrs. James R.) wrote in July that she has accepted the position as Director of the Tacoma (Wash.) General Hospital School of Nursing. Husband James is camping director of Mount Ranier Council of Boy Scouts. New address for the Piggotts - 928 Benston Drive, Pugallup, Wash. 98371.

1945

Mrs. Margaret Leach Schleske
(Edward) is at present working for the Meadowbrook Hospital, East Meadow, New York in the Educational Department. Her work consists of assisting with the in-service education program and also assisting with the clinical instruction of an affiliating practical school of nursing. Current address is 171 East Dover Street, Valley Stream, New York.

1945W

We regret to report the death of Elizabeth Kirkwood in Baltimore on October 31, 1964.

1946

Mrs. Barbara Evans Thayer (Crawford B.) returned early this fall from a seven week tour of the Far East.

We regret to announce that Charlton Craig, husband of Harriet Arnold Craig, died in Providence on April 22, 1964.

1948

*Kate Davis' new address is: 593A Prospect Street, New Haven, Conn.

Mary Baker Lempke (Mrs. Robert E.) left on January 4, 1964 for Karachi, West Pakistan where she and her husband and family will spend the next year and a half. Dr. Lempke will be a visiting professor of surgery setting up a surgical residence training program at the Postgraduate Medical Center in Karachi under the auspices of Indiana University and the A.I.D. program. Their address is: PMC US AID, APO 271, New York, N. Y. 09271.

*Elizabeth Smith Barrnett (Mrs. Russell J.).

1949

Elizabeth Woodworth Stude (Mrs. Henry J.) has taken a position in the obstetrical unit of the Delaware Hospital in Wilmington, Delaware, a "part-time" job involving attending and/or giving student seminars in Labor and Delivery.

1951

Jean Hopkins has been appointed Director of Nursing at Riverside Community Hospital, California. Her address is: 2130 Santiago Drive, Newport Beach, California 92660.

Jane Stacy Mulaik (Mrs. Stanley A.) had a son Stephen Allen on April 21, 1964. The Mulaiks live at 27 S. 8th East Street, Salt Lake City, Utah 04102.

1952

Jean Carter Bradley's husband C. Arthur has been appointed senior minister of the Church of the Redeemer in New Haven, Conn. New address – 67 Ridgewood Avenue, Hamden, Conn.

1953

Rauha Koski (Mrs. Alex William) has assumed the duties of director of the Hibbing Junior College associate nursing degree program in Hibbing, Minnesota.

Constance Callahan Hornnickel (Mrs. Robert M.) welcomed a 6 lb., 8 oz. boy, Frank Howard, on April 15, 1964.

1955

Caroline Weiss, who lives in the Lodge, a resident club in San Francisco, has published a collection of light-hearted cartoons called "The Lodge is a Warm Guitar." For three years she has been recreation director at Berkeley's Herrick Memorial Hospital. The Lodge is at 1590 Sutter Street, San Francisco, Calif. 94109.

1957

Barbara Norton Klaus (Mrs. Robert R.) announced the arrival of a son Jonathan Wesley, on January 19, 1964. The Klaus address is 5629 Thomas Avenue, Philadelphia, Penna. 19143.

Ruth Sheatsley Neikirk and husband Richard T. adopted a baby boy in October 1963.
1957

Mary Churchill Fischelis (Mrs. Robert L.)

1958

Virginia Sewell Vidaver (Mrs. Robert) announced the arrival of a son, Robert Clyde, on July 22, 1964. Address is 1516 Providence Road, Baltimore, Md. 21204.

1961

Roslyn Elms (Mrs. Alan C.) is an Assistant Professor in Psychiatric Nursing at Texas Christian University School of Nursing, Fort Worth, Texas.

Elizabeth Freeman Enloe (Mrs. William S.) announced the arrival of a son, William Scott, on November 27, 1963.

Mary Ann Bochnak Tarasuk (Mrs. Paul E.,) writes that she will be in Germany for at least one year. Paul is a counselor at the Heidelberg High School and she is working as the School Nurse at Manaheim American High School. Their address is: Heidelberg American High School, APO 403, New York, N.Y.

1962

Sheila Kathleen Taylor was married on August 7, 1964 to Mr. Kent Nixon Myers. They are at home at 4212 Northwest Forty-third Place, Oklahoma City, Oklahoma.

1963

Barbara Bender, research assistant at YSN last year, is now Instructor, Maternal and Child Nursing, School of Nursing, West Virginia University.

*Joy Alice Ruth.

A son for Mr. and Mrs. M. William Mayberry (Betty Zalewski), born January 26, 1964. Current address is 42 Derby Avenue, Orange, Conn.

1964

Margaret Dickerson Ellison (Mrs. George W.) is holding down two jobs Research Assistant, Dept. of Epidemiology and Public Health, YMS, and also is the Director of School for Special Children, Church of the Redeemer in New Haven.

Carolynn Ann Hagen is an Instructor in Obstetrics, Capital University, Columbus, Ohio.

Perry Roger Mahaffy is an Assistant Professor in Psychiatric and Mental Health Nursing at the State University of New York at Buffalo, School of Nursing.

Barbara Rogoz is working in a 3 month orientation schedule preparing her for supervision in Nursing Service at Cornell-New York Medical Center.

Joyce Kreitinger Simonowitz had a son, David Israel, on August 28, 1964, and though taking a leave of absence from professional nursing, plans to continue on Steering Committee for NLN. Her new address is: 2545 Carter Avenue, Ashland, Kentucky 41101.

Mary Neville Turner has returned to the University of Toronto School of Nursing, Toronto, Canada where she is an Assistant Professor.

Flora Vigliotti is working at the Connecticut Valley Hospital in the children's unit.

Joan Wojey is now an Assistant Professor in Psychiatric Nursing at the State University of New York at Buffalo, School of Nursing.

MEET THE CLASS OF 1966

Psychiatric Nursing Program

Kathleen Marie Dooley, B.S.N. 6/8/64, Georgetown University.

Roberta Anne Firzgerald, Diploma 3/8/59, Massachusetts General Hospital School of Nursing, B.S. 6/10/63, Boston College (School of Nursing).
Elaine Viola Kiviniemi, B.S.N. 5/18/64, University of Kentucky.

Mrs. Ruth Litfin Schmidt, Diploma 9/2/48, Waterbury (Conn.) Hospital School of Nursing, B.S.N.Ed. 2/1953, The Catholic University of America.

Joyce Wax, B.S. 6/5/60, University of Bridgeport, M.A. (to be conferred June '65) Seton Hall University.

Maternal and Newborn Health Nursing Program

Mrs. Margaret Adolph Field, Diploma 9/6/58, Mercy Hospital (Baltimore, Md.) School of Nursing, B.S.N. 6/8/64, University of Maryland.

Jane Kathryn Goddard, B.S. (Nursing) 1/30/60, Syracuse University.

Virginia Lou Gramzow, B.S. in Nursing 9/12/62, The University of Kansas.

Mrs. Louise Westberg Hedstrom, Diploma 9/8/63, Swedish Covenant Hospital (Chicago, Ill.) School of Nursing, B.S. in Nursing 6/10/63, North Park College.

Marjory Claire Hogan, B.S. 6/8/64, Boston College (School of Nursing).

Mrs. Jean Hallett Young, Diploma 10/8/59, New England Deaconess Hospital School of Nursing, B.S. 9/15/61, Syracuse University.

RETROSPECT AND PROSPECT

[Reunion address by Carolyn L. Widmer]

I have chosen as my topic tonight "Retrospect and Prospect". There is nothing very original about looking backward and forward; in fact I have done it before. I was valedictorian of my high school class (this was no great honor since there were, I believe, 33 students in the class) and my rather flowery valedictory address began "Class of

1919, we have come to the parting of the ways. We have journeyed up the foothills together; now we must separate and strive each toward his chosen mountain peak. But before we begin the ascent ahead of us, we pause for a moment to look backward over the way we have come, forward along the way we are to go...." So I was doing it 45 years ago. Now at my 35th reunion at the Yale University School of Nursing I feel that I have the right to reminisce; and so as not to seem completely senile, I must also cast a glance at the future.

My reminiscences will be in part very personal, but they may also be somewhat typical of the experiences of other students. Although I had always wanted to be a nurse, my family thought the idea a foolish one. In the first place, I fainted if anyone so much as cut his finger. In the second place, I was inclined to spill, drop or break whatever I handled. But mainly, my parents wanted me to go to college; and in those days one chose nursing or college, but not both.

So I entered Wellesley but nursing was still in my mind; and early in my freshman year I sent to several schools of nursing for catalogs. Later that year Wellesley had a series of career lectures and, surprisingly enough for a college in that era, one was by a nurse. Of course I attended. It was, however, so lamentable a presentation of the profession that when I returned to my room I threw the catalogs in the wastebasket; and it was seven years later when I finally entered nursing.

Since then I have given many talks on nursing to young people and I have always hoped that, even though I may not have enlisted recruits, I have at least not dissuaded anyone who was seriously considering the profession.

Three years after I finished college I was dissatisfied with what I was doing, and I still wanted to be a nurse. I had heard of the Yale School of Nursing, applied, and was deliriously happy when I was accepted. I did not realize that in those early days the competition for ad-
mission was not exactly keen.

Instructions regarding uniforms arrived with the acceptance. We were to purchase a certain McCall's pattern and to order the material, plus some accessories, from a New York company. A dressmaker made two uniforms for me, I made one, and with these I set out for New Haven. The uniform had a stiff pique collar that sawed into the neck, long sleeves, with soft cuffs for work and pique cuffs for dress. Since this was 1926, the waistline was down around the hips. The aprons were much as they remained in later years.

Shoes and stockings could be white or black. The outdoor uniform featured a coat, cape and hat of greenish-blue wool. The hat was an odd-looking affair that defied the charm of even the prettiest student. We were to wear the cape in cool weather, the coat when it was cold, and the coat and cape together when things were really frigid. Aside from donning these full regiments to take each other's pictures, I doubt that anyone ever wore the complete costume.

My class of 1929, together with some members of 1928, revised the wearing of the cap, which had originally been designed with the cuff folded over half way and the gathered peak rising behind it. Most of my class punched in the peak and folded the cuff over it; and the Yale cap has been worn in that fashion ever since. We were less successful in another attempted change. The uniform included a black Windsor four-in-hand tie, which some of us thought looked nicer arranged in a bow. We were informed, however, that one did not make innovations in the uniform (and how many times have I repeated this admonition to generations of students since then!)

We were greatly privileged in having Miss Goodrich as Dean and Miss Tayler as Superintendent of Nurses (as she was then called). It is interesting to recall that when I first met Miss Goodrich, I thought "What a frail, little old lady" and to realize that she was active in nursing for over 20 years after that. Her influence upon those of us who were so fortunate as to be her students was immeasurable. She was far ahead of her time then and was in many ways far ahead of us now.

In the early years at Yale, students had to be adaptable. Miss Goodrich and some instructors believed that students were human beings who flourished best in a permissive atmosphere and that the old, rigid hospital etiquette was unreasonable and unnecessary. There were, however, some old-line supervisors and head nurses who did not share these ideas. One head nurse came from a school in which the students, when they were ready to go off duty, were required to stand before the head nurse with arms folded behind their backs and ask "May I report off duty?" She reported to our Nursing Arts instructor (Katie Lyman) in shocked dudgeon that two of my classmates, at the end of their first half-day of clinical practice, instead of reporting off duty in this way had pranced past her desk with aprons flying, waved their hands gaily and said "Good-bye, we had a lovely time."

We were curiosities in those days, to patients, doctors, nurses and visitors. Yale nursing students were very few and affiliating students from other schools abounded. We were "shown off" to distinguished guests who had come to see what this strange new school was all about. The story is legendary that Barbara Munson, of the class of 1928, was coming off duty at the end of a very rough day when she was snared by Miss Goodrich and introduced to an important visitor. When that lady inquired "And what made you decide to enter nursing?", Bobby replied feelingly "Heaven only knows."

Older private duty nurses like nothing better than to find one of us doing a routine, and preferably unpleasant, task and to say "I suppose you had to go to college to learn how to do that." And
when we did something stupid we occasionally overheard such a remark as "Well, college didn't do her much good."

Although by today's standards we were kept very busy, our 44-hour week of classes and nursing practice was revolutionary in that era. We worked a good deal of overtime, we had generous doses of evening and night duty, and we were used for service to a moderate extent. We found how different things were elsewhere, however, when we went to Butler for psychiatry. There we had a 62-hour week and all of two free half-days. We could not take a P.M. followed by an A.M., however, since this was called "accumulated time" and was discouraged.

Another revolutionary aspect of the Yale program was its emphasis on the nurse's role in public health and disease prevention. I was slow to adopt this point of view since I felt that I had come into nursing only because I wanted to take care of sick people, and not to help them keep well. I was almost half-way through our program before I quite suddenly "got the message". This message was, of course, reinforced by our public health nursing experience; but that experience did have its unusual aspects. A committee of the V.N.A. Board used to turn up at unexpected intervals to inspect our appearance. We went into a small room one by one, turned around in front of them, and received their comments. We were to wear either brown or black oxfords with matching stockings. A classmate and I had brown shoes but since we found brown stockings very difficult to obtain, we hit upon the idea of dyeing white stockings brown. This worked well for a time but with repeated washings the stockings turned, for some reason, purple. The Inspection Committee noted this fact rather acidly. Finally I discovered one pair of quite expensive brown silk stockings in a store, purchased them, and kept them in my desk at the V.N.A. When the Inspection Committee was announced, I would hastily don these choice stockings, go in and be inspected, take off the stockings and give them to Jane who would put them on and pass inspection in turn. Then the stockings would return to my desk drawer until they were next needed.

With all of its varied experiences, I look back on our program with keen recognition of its value, with warm affection and with some nostalgia. Being in early experimental classes gave us a particular attachment to our school. Even though many aspects of those far-off days now seem to us a bit old-fashioned, many we can realize were far ahead of their time in a day when so-called "students" in nursing were almost everywhere exploited, overworked and under-taught.

Before I leave these rambling reminiscences, I will toss in for good measure a recently discovered "poem" which I wrote during my first year as an student in nursing. I suppose many students have tried their hand at an "If for Nurses", and this was mine.

AN IF FOR STUDENT NURSES

If you can keep your head when all about you
Are calling you and want you right away,
If you can bear a tranquil air about you
Yet hurry every minute of the day;
If you can give a bath in twenty minutes
And keep the unit orderly and neat,
And make a bed without a wrinkle in it,
Yet not so tight it irritates the feet;
If you can count a pulse without an error
Read a thermometer with half an eye,
Observe an operation without terror,
Apply a bandage just as it should lie;
If you can always read the doctor's writing,
Remember everything you ought to do,
Prepare a tray that's tasty and inviting
Yet keep the calories on record too;

If you can rush and hurry 'til you're dizzy,
Running from room to room, from bed to bed,
But never let yourself become too busy
For words of hope and comfort to be said;
If you can be efficient and exacting,
Give medicines, and sterilize, and chart,
Yet show the patient you are never lacking
In that most all-important thing -- the heart;

If you can render service without shirking,
Be poised and calm and helpful without fail,
Yet always keep your sense of humor working,
The while you act like Florence Nightingale;
If you can wear, each day and hour and minute,
A cheerful face and never the reverse,
Yours is the ward and yours is all that's in it,
And, what is more, someday you'll be a nurse.

So much for retrospect. Now for prospect. For two reasons I am less than qualified to talk on this subject. In the first place the audience knows more about it than I do. I am reminded of the story of a man who had survived the Johnstown flood (which most of you are too young to have heard of). He talked about the flood until his acquaintances became so bored that they would no longer listen. In due time he died and went to Heaven, where St. Peter told him that one wish would be granted. The man replied that he would for once like to tell someone, without interruption, all about the Johnstown flood. So St. Peter brought an elderly gentleman who listened most attentively throughout the long narrative. At the end of his story the man asked "Wasn't that stupendous? Did you ever hear of such a disaster?", and the old gentleman replied "Well, my name is Noah." You are Noahs where my knowledge of the future of nursing is concerned.

But my other reason for hesitating over this part of my talk is that I wonder whether anyone can predict the future of nursing. The recent advances in medical and scientific knowledge are breathtaking. Thirty-eight years ago when I entered nursing, insulin had only recently been discovered; Minot and Murphy had just introduced the liver diet for pernicious anemia; pulmonary tuberculosis required from two to ten years of treatment in a sanatorium; bone and joint tuberculosis were prevalent in both adults and children; cases of pneumonia were frequent and often fatal; septicemia and osteomyelitis flourished and infected wounds were irrigated endlessly with Dakin's Solution; syphilis required years of weekly treatment with arsenic or mercury; polio epidemics were leaving a pitiful train of death and crippling in their wake; much mental illness was considered incurable. There were no miracle drugs, no tranquilizers, no
heart-lung machine, no artificial kidney, no cardiac surgery. Outer space was a matter for outlandish fiction.

Now neurologists in Minneapolis have watched an electroencephalogram from England which was bounced off Telstar. Doctors are making diagnosis by digital computer. Scientific miracles occur daily. Also, of course, there have been vast geopolitical, social and economic changes. While we cannot predict what all of this will mean for nursing, we do know that mankind has not changed. We know more about him in many ways, but his needs, his hopes, his fears haven’t altered. He is still anxious, afraid, frustrated, questing, aspiring, subject to ills of body and mind.

I can mention very superficially a few salient trends as nursing seeks to meet these needs of man in the modern world and as it looks to the future. First may we look briefly at the worldwide picture. Progress in health care is being made through such agencies as WHO, AID and the Peace Corps. These and many other organizations are helping people to help themselves. Their policy is to work with people of other countries, not over them, as was sometimes the case in the past. In nursing education, many of the mistakes we made, such as the control of schools of nursing by hospitals, have been avoided. But underdeveloped nations have a very long way to go in public health and medical and nursing care. It is useless for us to say that many of these countries are not ready for independence. I often think of the words I used to hear shouted when my children were playing Hide and Seek: "Ready or not, here I come." Ready or not, these countries are coming, and our job is to help them as much as we can.

When we look at our own country, we find that it, too, had its problems. To quote from an editorial in the April Nursing Outlook, "In the midst of the quiet revolution in which we spend our days, there are many challenges." I shall mention a few briefly.

1. We are living longer, with all that this implies.
   As Dr. Rusk says, "It is not enough to add years to life; we must add life to years."
2. We have more babies.
   To some extent we are becoming a nation of children and old people.
3. Public Health is increasingly important.
   Eternal vigilance is the price of maintaining our gains. Tuberculosis and venereal disease are already showing marked increase over their recent lows. The "bugs" are at least as smart as we are.
4. Mental health is crucial.
   Increased knowledge of mental health and psychiatry and increased hope for cure require greater understanding on the part of the nurse. The professional psychiatric nurse has an enormous contribution to make, but there are far too few of them.
5. Much more research is needed.
   We have made a beginning and it will surely burgeon in the future. The Yale School is, of course, one of the pioneers in this field. Much research thus far has been in psycho-social or paramedical areas; we need more in actual nursing.
6. Hospital nursing is changing.
   Patients are acutely ill and their average hospital stay is less than eight days. The effort is to keep nurses only for skilled nursing work and to use auxiliary helpers for more routine and less important tasks. There aren’t enough nurses, however; nurses are frustrated, and patients feel fragmented among too many categories of ministering angel.

The care of patients has become increasingly complex, and automation is definitely a part of the future. I hope fervently that it will not replace the nurse but will free her for more real care of the patient. We can never automate intelligence, compassion, tenderness and judg-
ment.
7. Nursing education is changing.

And here I shall not be brief and I may sound a bit old-fashioned. I am not sure who is responsible for trends in collegiate nursing education -- whether our national accrediting body leads or follows the nursing educators of the country. But I view with concern the decrease in clinical practice which is almost mandatory in degree programs. Is nursing surrendering its greatest strength, the opportunity it affords to give personal care, physical and emotional, to people who need it? And are students being deprived of a chance to gain this concept of their chosen profession?

Not long ago I horrified some nursing educators by stating that I thought it was good for students in nursing to feel needed. I do not retract that opinion. It is good for anyone to feel needed; and other disciplines envy us this opportunity for our students to know that they are making a real contribution to human welfare. Of course I don't want exploitation, I don't want students to feel so needed that they are burdened, and most emphatically I do not want the educational process to be vitiated.

One difficulty in planning this education is that we are not sure of the product we want to turn out. We say that we do not aim to produce a new graduate who is highly skilled; yet how can a student's heart and mind be at leisure to minister to a patient's spirit if her hands do not know what they are doing in ministering to his body? We repeat the statement that we aim to make safe, if not highly skilled, practitioners. But are there not many occasions in which the nurse, to be safe, must also be skilled? This whole area is one which demands more thorough examination and more research.

The present trend in nursing is toward emotional support and under-
Nursing has many other problems. Nursing is groping. The nurse of 1910 or 1925 knew her role. Today we aren't sure who we are, where we are going, what is our unique contribution to society, how best to prepare for making that contribution. But I believe firmly that nursing has a unique contribution and that nurses will always be needed. When man gets to the moon nurses will follow shortly, if they aren't in the first spaceship to land. Unless man becomes a robot, he will always need skilled, compassionate care, support and teaching; if he does become a robot, he will need someone to oil his joints.

In an essay written by one of my students, she twice used the expression "Nursing is viable." I think she was doing what students are apt to do: using a word which sounds impressive without much concern for its meaning. But she was right, nursing is viable; it will survive.

Nursing does, however, need fresh thinking, research, and experimentation, and some of this is already under way. Nursing's traditions mean a great deal but they have been a handicap as well as a source of pride. I once heard Miss Goodrich say "If we were like our ancestors, we wouldn't be like our ancestors." What she meant by that rather cryptic statement was that our ancestors were pioneers, whether they struck west in a covered wagon or came from other shores to seek a new life in this country. They were not bound by tradition, were not living in the shadow of the past. If we are to be like them, we will not be circumscribed by their ideas and their opinions. We will be pioneers, as the Yale School has been a pioneer in its two incarnations. We must take for our own the motto of the Passavant Hospital, "More than yesterday, less than tomorrow."

Although I hesitate to quote so outmoded and lightly regarded a poet as James Russell Lowell, I will, in closing:

"New times demand new measures and new men; The world advances, and in time outgrows The laws that in our fathers' day were best; And doubtless, after us, some purer scheme Will be shaped out by wiser men than we."

**RECENT FACULTY PUBLICATIONS**


Simmons, Leo W. and Virginia Henderson, RESEARCH IN NURSING, Appleton-Century-Crofts 1964.

Tryon, Phyllis, and R.C. Leonard, "The Effect of Patient's Participation on the Outcome of a Nursing Procedure", Nursing Forum Vol. III.

YSN ALUMNAE ASSOCIATION OFFICERS AND BOARD MEMBERS 1964-65

Elizabeth G. Barrnett '48 - pres.
Sarah Rowley '46 - vice pres.
Elizabeth Smith Day '52 - treas.
Dorothy MacLennan '52 - sec.

New Board members are Evanita Pangburn Morse '27, and Barbara Kane '47.

Our thanks go to Betty Armstrong Bucholtz '30, and Ruth Landau Benedict '48 for their contribution to the YSNAA Board for the past two years.

Elizabeth Tennant continues as our YUSNAA executive secretary, and Rita Quinlan assists on a part time basis.

Jean Butler '50 has been appointed as YSN's Alumni Board Representative to replace Virginia M. Brown '50, who's four year term expired last spring. All representatives, Anne Goodrich Waters '26, Betty Due Reilly '46W, Marcia Curtis '57 and Jean Butler '50 attended the Fall Alumni Board Convocation in New Haven. The Alumnae Association plans to sponsor one local resident's attendance to the regional Alumni Association Meeting in San Francisco in the spring.

Finance Committee 1964-65
Lucy Conant '50 - chairman
Ruth Landau Benedict '48
Priscilla Olson Nelson '47
Shirley Weber Howard '51
Elizabeth Plummer '46
Dorothy Peck Skilton '32

Nominating Committee 1964-65
Mary Houghton Beers '31
Frances Wheelock Cheney '39
Mary Schaffle Rendall '57