Spring 1973

Yale University School of Nursing Alumnae Association Newsletter, Spring 1973

Yale University School of Nursing

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FROM THE DEAN -

FIFTIETH ANNIVERSARY

"The First Fifty Years: Change and Progress"

You have already received some information about the grand fiftieth anniversary weekend. It was impossible to include all the things that will go on in the earlier mailing, so here is how it shapes up:

Arrive early Friday morning, June 1. Alumnae College that day will focus on the expanded role of the nurse and you'll get a chance to hear some of the students and recent graduates and faculty talk about the exciting things going on in nursing, in nursemidwifery, in nursing in prisons, psychiatric liaison nursing and who knows what else! You'll hear comments and summary by Eva Reese, Director of the New York City V.N.A., and you'll have a chance to meet informally and talk with people who are taking on increasing nursing responsibility in many areas of patient care.

There will be plenty of chance for socializing too - at lunch, at the sherry hour, and in the evening when we hope the reunion classes will get together.

Saturday begins with the annual alumnae meeting. But there will also be some surprises. There will be an exhibition of memory-reviving pictures and artifacts in the School of Nursing, and there will be a fine collection of School of Nursing memorabilia in the rotunda of the Medical School Library. It will be on display throughout the weekend and for some weeks afterwards.

The regional groups may have special surprises for you too. Several of the groups have special projects in mind to share with you including one spectacular one that can only be hinted!

Saturday noon you are free to socialize or visit old familiar sights or just rest, because starting at 3:30 PM the celebration begins anew.

The Convocation is a calling-together, a celebration of the fifty years of the Yale School of Nursing, and the 100 years of nursing in America. We have planned an elegant occasion. President Kingman Brewster, Dean Lewis Thomas of the School of Medicine, Miss Anna Ryle of Yale-New Haven Hospital (YSN '33), Dorothy MacLennan, President of the Alumnae Association, and Dean Diers will all help set the mood for Faye Abdellah to speak. She is a former YSN faculty member and is now Chief Nurse Officer, Public Health Service, and Assistant Surgeon General. The Convocation will be held in the Mary Harkness Auditorium, of the Sterling Hall of Medicine.

Finally, Saturday evening is the grand finale - a lush and lovely banquet, a special program, and more surprises. The evening will begin (weather permitting) with cocktails on the lawn in the courtyard of Ezra Stiles College, and strolling musicians to entertain the crowd. Then there is a program to beat all programs - a multi-media show illustrating the fifty years of change and progress with music, visual effects, and everything. Dinner and conversation follow, then more of the program with some special events. You won't want to miss a moment of this!

- Donna K. Diers, Dean

REUNION CLASSES FOR 1973

1928  1943  1958
1933  1948  1963
1938  1953  1968

We look for a great turn-out of each of these classes, as well as many grads from all other classes who can come to New Haven for the fiftieth anniversary celebration.
NEW PROGRAM - OPENING DATE SET!

The ad hoc committee for the new Combined Basic-Graduate Program is progressing by leaps and bounds. The Assistant Coordinator has joined a national group of new curriculum project directors which has resulted in a flow of incoming materials ranging from tools for evaluation to ideas on curriculum which seem to be effective in other areas of the country. This group will be meeting again in Minneapolis in May of this year.

The first proposal for tentative approval has been submitted to the State Board of Examiners for Nursing. The National League for Nursing has been contacted and a personal visit with them is planned for the near future.

More consultants such as Jean McLean (Class of '33) and Dorothy Orem have visited the School and given their advice and personal experiences in similar activities. Various committee members have visited such schools as New York Medical College (which has a two year basic nursing program for college graduates leading to a MS) and St. Louis University (which has a one year basic nursing education program for college graduates resulting in another BS).

The committee has reviewed all current resources in the university that might be helpful to our students, reviewed all current program content for any duplication or overlap, and written the terminal objectives. The committee, while continuing to meet monthly, have become conveners for various task forces focusing on a single aspect of the new program. Other faculty volunteers have joined in surveying audiovisual materials and teaching resources; writing details of the curriculum as to courses and content of each; and revising admission forms and procedures for the new students.

Clinical sites which have been used in recent years and which are being considered for use in the future include: facilities in Milford, Guilford, New Haven and Hamden Public Health Nurse Associations/Visiting Nurse Associations; pre-paid health maintenance organizations including the Community Health Care Center Plan and the Yale Health Plan; local community health centers including the Hill Health Center, the Dwight Community Health Center, the People's Free Health Center, and the Fair Haven Community Health Clinic; several hospitals including St. Raphael's, Meriden-Wallingford, West Haven Veteran's Administration and other hospitals; various clinics from Planned Parenthood, City Family Planning Clinics, the Polly McCabe Center, the Yale Child Study Center, the Norwalk Children's Medical Center, etc.; other health agencies including the Connecticut Mental Health Center, Yale Psychiatric Institute, the Rehabilitation Center, and other settings including several day care centers and various private pediatricians, obstetricians and gynecologists and internists' offices.

All planning will be complete by this July (1973) so that faculty members will have a year to plan details of the individual courses. The curriculum as tentatively planned includes roughly half of the time in clinical practice and the other half divided between core nursing courses and supporting sciences.

The target opening date has been set for fall, 1974, for a first class pilot group of 10-15 students. At the current time, Connecticut has the most applicants (115) with Massachusetts (84) and New York (68) closely following. Altogether applicants come from 48 of the 50 states. Eleven percent are men.

Virginia Nehring

FROM THE DEAN - FEDERAL FUNDING: THE FACTS

Anyone who has been following the papers these days knows that the news about sources of federal support for health manpower training programs is grim indeed.

The National Institute of Health is especially hit. In the Administration's 1974 FY budget request, funds for nursing are cut by nearly 75%. All capitation monies (funds given to eligible schools of nursing on a per/head basis) are removed. All support for nursing research projects and research training is cut. All start-up funds are gone. Special projects funds (training grants which support faculty primarily) are cut, and most of those funds are already com-
mitted. All student traineeships are cut off. Student scholarship funds are cut about 40%.

Similar bad news comes from the National Institute of Mental Health, where training grants will be allowed to run out completely, removing both faculty and student support from nursing as the grants expire.

At Yale, these are the facts: All 79 of our students receive some financial aid. 72 of the 79 are wholly supported on traineeships. (The others are military, Canadian, or foreign students). Yale's tuition is the highest of any nursing graduate program in the country—$3400/year next year. A number of faculty receive portions of their salaries from federal sources; a few are wholly supported on federal funds.

This is not a local problem, of course. Some schools of nursing are cutting their faculties by 30% or more. Others will have to close parts of their programs. Nursing research is seriously compromised throughout the country.

We are somewhat less affected than other Schools. Two of the traineeship grants which support about 20 students have another year to run—after that, no traineeship money will be available. We have requested the maximum in federal loans and scholarships and the University has been asked to triple its contribution to student support. Yale's Tuition Postponement Option, which we hope to increase, will also help as students can postpone the payment of a good portion of their tuition until they graduate. We are seeking other sources of faculty support, and had anticipated the cuts somewhat, so our programs will not be seriously compromised if enrollment can be kept up. It is a simple fact that tuition income will never be sufficient to cover all costs of any School, however. Our endowment, the reserves we have accumulated, and other special funds are essential to tide us over this situation, and keep us moving.

The Administration's rationale for these cuts in nursing support is that there are "too many nurses" already (and too many public health people, allied health, and other paraprofessionals). While that may be true in some states, it is only true of staff nursing levels. There is a dramatic and critical lack of nurses trained at the graduate level to provide clinical leadership, faculty-prepared people, and researchers. There are now over forty open deanships in nursing schools; over 1500 open faculty positions. Even more serious, with the prospect of National Health Insurance and Health Maintenance Organization legislation, the need for nurses prepared to give primary care--nurse practitioners, psychiatric nurse clinicians, nurse midwives and so on--is desperate. Graduate education in nursing will suffer the most by the cutbacks.

The American Nurses Association is working very hard and speedily to compile information on the effects of the cuts, and convey it to the right places. Various other nursing groups, including the American Association of Colleges of Nursing (the deans of baccalaureate and higher degree nursing schools) have political action committees or lobbyists. Congress needs to be informed a good deal more than they are now about what nursing is and why it should be supported. Particularly involved are the Senate and House Appropriations Committees and the Senate Committee on Labor and Public Welfare, and the House Committee on Education and Labor.

Alumnae cannot be asked to take over the role of other resources, obviously. But nurses can support nursing, and Yale nurses can help other Yale nurses by contributing as generously as possible to the Alumni Fund, or the Annie W. Goodrich Fund, or any of the special student scholarship funds. (The Howell, Wisser, Morse, or Effie Taylor funds).

Donna K. Diers, Dean

NEWS OF FORMER FACULTY

An alumna and former faculty member of YSN is one of the charter members selected for the National Academy of Nursing. Rtheaugh G. Dumas (YSN '61), Chief, Psychiatric Nursing Training Branch, National Institute of Mental Health, was recently named along with 35 other nationally prominent nurses to the new Academy. Nominations were solicited from American Nurses Association groups and individuals throughout the country and the final selection was
made by the ANA Board.

Mrs. Dumas joined the faculty of YSN in 1961. In recent years she was Chairman of the Psychiatric Nursing Program and Director of Nursing at the Connecticut Mental Health Center. She now lives in Chevy Chase, Maryland. Another former faculty member, Faye G. Abdellah, who taught at Yale from 1945-1948, was also selected as a charter member of the Academy. She is currently Chief Nurse Officer, Public Health Service, and Assistant Surgeon General.

CORRECTION OF NEWS ARTICLE

In the Winter issue some incorrect information was printed about one of the new faculty. The corrected article is as follows:

Dorothy Watts Harrison has been appointed the first Senior Research Associate at the YSN Center for Patient Care Research. She is a nurse, a midwife, and an anthropologist. She received her Ph. D. from Catholic University of America, and taught in the Department of Preventive Medicine and Public Health in the Howard University College of Medicine for several years. She constructed the Health Education Curriculum for Project Head Start which is currently in use throughout the United States. She is also the immediate Past President of a national sex education and counselling organization, which position she accepted because of a broad background and interest in health and social problems, but no actual involvement in sex education per se.

REGIONAL GROUPS

New York

The Spring meeting of the New York Regional Yale Alumnae Association was held again at Columbia Medical Center (a delightful place for this group to meet at) and featured Sandra Regenie '69 discussing the Expanded Role of the Nurse.

Some discussion occurred first regarding fund-raising efforts towards a donation in honor of the 50th anniversary of YSN. Exploring various factors, it was decided that we would join in the efforts of another regional group and purchase Annie Goodrich's book. There would be some publicity efforts made towards this goal and the chairman was directed to contact the Philadelphia group to advise them of our interest in their idea. Then, our AYA representative, Eleanor Grunberg, gave a brief synopsis of AYA activities to date and asked for an expression of opinions to be made either through her or directly to Ruth Benedict, our AYA-er Board Member.

Sandra then discussed at length the topic at hand and only the setting of the sun caused the meeting to finally officially end although most everyone remained to talk further about the many facets of expanding roles, the many implications involved, the future of our country and of humanity. Sandra pointed out the proliferation of new roles of late in the health fields caused confusion over the haziness of the dividing lines, one from the other, not only to the patients but also to the professionals involved. In her field of nurse-midwivery, however, there seemed to be more clear-cut lines indicated in the realm and range of activities in this particular field. She traced midwivery from biblical times to the present and emphasized the total patient involvement carried on in this health sector. The feeling was that there should be more independence allowed these highly skilled practitioners. As one of the gals so aptly put it - "Gray matter is not centered in the ovaries - we are highly trained capable clear-thinking individuals! We should be treated as such!"

Like the pendulum forever swinging from one extreme to the other, the spring meeting had occurred on discussions of birth and new life; plans for the fall meeting center on death and dying. With hopes that we would all meet again at the 50th celebration in June, the meeting ended with an eye towards the future and future meetings.

Eleanor Grunberg

Philadelphia

Dean Diers spoke at the meeting held on March 5 in Philadelphia. 15 people gathered - a most enthusiastic and interested group. Jane Stewart is chairman. 14 of these women are actively engaged in nursing, all are MN grads.
All fascinated with plans for the new program; all are concerned about the Federal financing. There was some discussion about a fund-raising project, but no decision was made.

LATEST FUND FIGURES

As of March 6, the Annie W. Goodrich Fund was close to $212,000. The Margaret G. Arnstein Fund was up to $103,726.

MEMORIAL GIFTS

We have been reminded by the Yale Alumni Fund that gifts to the Nursing School Alumnae Fund in memory of a deceased classmate are credited in the name of the deceased classmate, not in the name of the donor. Thus to be credited with a gift to the Nursing School Alumnae Fund in her own name, an alumna who has already given an In Memoriam gift must give a second gift in her own name. She receives a special "In Memoriam" acknowledgement form for such a gift, a different form for her own gift.

Also we often receive gifts in memory of a Yale graduate from non-alumni or alumnae (a relative, friend, etc.). Naturally these gifts are also entered against the name of the person memorialized. The donor receives an acknowledgement, but not credit for a gift in his or her own name.

FROM THE "GRAPEVINE" EDITOR

We are accepting subscriptions for the Yale School of Nursing "Grapevine", a newsletter published 6 times during the school year. The newsletter contains articles written by students and faculty concerning nursing issues, seminars, in and outside of Yale community symposiums, etc. There is a creative column, recipe column, free classified section, and an advertising section. The subscription if being offered at $2.00 (for the year). Interested subscribers please submit your name to Sally Cohn, Yale School of Nursing, 38 South Street, New Haven, Conn. 06510.

The Treasurer will bill you next year. Hope to be able to share our newsletter with you.

Sally Cohn
Editor, Yale School of Nursing "Grapevine"

FACULTY PUBLICATIONS

Recent publications by Y.S.N. faculty members include:

Angela McBride: The Growth and Development of Mothers. (Harper and Row)

Katherine B. Nuckolls: "Nursing Research Good For What?" (Nursing Forum, Vol. XI, No. 4 1972)

Jeannette Eisler: "Research is Fun!" (Nursing Forum, Vol. XI, No. 4 1972)

IN MEMORIAM

1930

CLASS NOTES

1944
Betty Ann Kosters Countryman (Mrs. Frank W.), writes that she has four married children and four grandchildren, two boys and two girls. She is on a leave of absence from her position as Assistant Professor of Maternal and Child Health Nursing at Indiana University - Purdue University at Indianapolis (which she says is affectionately known as IUPUI).

She is Professional Liaison on the LaLeche League's Executive Board, and has also published several articles recently: one in the AJN in Dec. '71, and 2 in the coming issue of the Journal of Ob., Gyn. and Neonatal Nursing.

She has a new address: 4140 E. 75th St., Indianapolis, Ind. 46250. Ex 1949

Winifred Donahue Kenady (Mrs. Charles W., Jr.), says her eldest daughter, Melissa, is a senior at the Univ. of So, California, her daughter Carolyn is a junior at Yale, and her son Henry works in the computer center at Fireman's Fund.
1951
Mary McClellan Lyons (Mrs. Robert P.) took a two month "Reorientation to Clinical Nursing" program, last spring, doing clinical work at Kansas Univ. Medical Center.

Virginia Whittemore McAleer (Mrs. John J.) has recently taken a job with the Board of Education of Prince George's County, Maryland.

Jane Stacy Mulaiik (Mrs. Stanley A.) is an instructor in psychiatric nursing at Emory Univ. During vacations she and her family have travelled recently to Utah, Colorado, Ohio and Kentucky. They combine visiting, camping and "rock-hounding". Her husband, Stanley, has recently had a textbook on Factor Analysis published by McGraw-Hill.

1952
Jeanne Goohs Davis (Mrs. Donald D.), says she does volunteer nursing on the ward of Suburban General Hospital (Pittsburgh) several times a month.

Eileen Farley Hemond (Mrs. Conrad J., Jr.) is a public health nurse at the Granby (Conn.) Public Health Nursing Assn. She says, "This is my second year, affiliated with a small agency, and working in a rural community (Hartland, Conn., pop. 1869). I am responsible both for community and for the school (K-8) health programs. I thoroughly enjoy the challenge of my job and the part-time hours fit in with my family's schedule beautifully." She went on to say that her eldest daughter Nancy has been spending her junior year abroad in England and Wales.

Ex 1953
Mary Ellen Whitmore Cheek (Mrs. Donald B.) wrote that she was expecting to move in Nov. 1972 with her family to Melbourne, Australia. Her two daughters went to Australia at the end of last August to enter boarding schools there. Her husband was appointed Director of Research Foundation of Royal Melbourne Children's Hospital and Professor of Research Pediatrics, Univ. of Melbourne. Sara Cruikshank Stone (Mrs. David B.), is president of the Board of Managers of the V. N. A. of Boston.

1954
Carolyn Wells Aquiar (Mrs. Jose C.) says that her husband is to spend two months (May and June) on the S.S. Hope in Brazil. She and the children hope to go in an unofficial capacity.

Maria Rinella Bosnak (Mrs. Robert J.) says that her husband has retired as a Capt., U.S. Coast Guard. They plan to make their home in Maryland where they lived for eight years prior to a two-year tour in Mass. She works part-time at Sibley Memorial Hosp., in Washington, D.C., as a staff nurse in psychiatry.

Ex 1954
Lois Collard Yaffe (Mrs. Howard S.) writes that she does office nursing in her husband's office, where they have been setting up an allergy skin unit. She also tutors remedial reading in a local school.

1955
Joanne Heckman Blyer (Mrs. Donald N.), says she is "living a very varied life - a small farm, assorted livestock, and a do-it-yourself home. At work I have been involved in developing a 2-year diploma program (accelerated from 36 months) with our first class to graduate in Sept. '73. In conjunction with this I am teaching an integrated science course which is really a course in Human Ecology." Joanne is an Instructor in Natural Science, Basic to Nursing at Geisinger Medical Center, Danville, Pa.

Margaret Kwei Chang (Mrs. William S.C.) went last summer with her husband and their eldest daughter Helen to the People's Republic of China with a group of American-Chinese scientists. She says "it was an emotional and exciting event for us to see the new China and our family again after more than 20 years." Janet Herrold Crovatto (Mrs. Arthur C.) writes that she is busy in many different volunteer capacities in health and health related areas, such as serving on the boards of the York (Pa.) V. N. A., York Health Corp., York Hospital Auxiliary, etc. In April 1972 she attended the first National Health Education Conference in Chicago, which brought together the national leadership of over seventy organizations to discuss the establishment of health education programs.

1957
Madalon O'Rawe Amenta (Mrs. Joseph S.) is a doctoral student at the Graduate School of Public Health, Univ. of Pittsburgh.

Phyllis Overholt Lawrence (Mrs. Gregory E., Jr.) took a refresher course in
nursing at Grossmont College in San Diego, where she says her Yale training helped her to graduate 1st in the class! She and her husband are the owners of Potato King, Incorporated. Anna Watts McKown (Mrs. Delos B.) works part-time at the Macon County Health Dept. (Tuskegee, Ala.) in the Children's and Maternity Clinics. She also teaches an on-going series of classes for expectant parents.

Barbara Holcenberg Schneider (Mrs. Allan) is a counsellor and R.N. Educator in Family Planning in a pilot program in industrial medicine as part of the Federal Population Control Program. The idea is to offer family planning counselling through industrial medical programs where people work to get this type of information to the worker.

Phyllis A. Tryon is Associate Professor of Nursing and Clinical Director, Nurse-Midwifery Service, at Maine Medical Center in Portland, Me. She writes that she has been working for the past two years in getting a nurse-midwifery service set up at Maine Medical Center. She says the program is now underway and looks promising.

1964

Nell Joiner is Associate Professor of Maternal and Child Nursing at Memorial Univ. of Newfoundland School of Nursing at St. John's. She is currently working on setting up a curriculum for a "Family Practice Nurse" research project, which will explore in research fashion the expanding role of the nurse in primary health care delivery.

Mrs. Hyde, former housemother to many YSN classes, is staying at the Kane Nursing Home at 10 Lessey St., Amherst, Mass. 01002. She would appreciate hearing from us.

ALUMNAE DIRECTORY

The directory is nearing completion and should be mailed to you in early summer. As was mentioned in an earlier newsletter, no address changes will be printed in this newsletter issue since they will appear shortly in the new directory.