Yale University School of Nursing Alumni Newsletters and Magazines

Winter 1973

Yale University School of Nursing Alumnae Association Newsletter, Winter 1973

Yale University School Nursing

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Yale University School of Nursing
ALUMNAE ASSOCIATION

Newsletter

Published three times a year
by the YUSNAA
Sally Isenberg Cohn,
Editor
Please address all communications to
Mrs. Mary C. Colwell,
Executive Secretary,
Yale School of Nursing

Winter 1973

COVER STORY

With his permission, we are using Robert Osborn's cartoon as a cover for this issue. Mr. Osborn drew the cartoon for the Schools of Art and Architecture to use in their alumni fund drive. The message was "Come on, you guys who are giving chicken feed to the alumni fund. The nurses are outdoing us!" The officers of the Art and Architecture Alumni Funds, and the Deans of the two Schools presented the original of the cartoon to the School of Nursing as a fiftieth anniversary birthday present. It hangs in a place of honor in the School.

FROM THE DEAN:

It's a crisp November evening as I write this. From my living room window I look out at Harkness Tower, lighted tonight to reveal the lace of its granite and space -- a treat that will sadly disappear in our energy crisis.

The visibility of Harkness Tower calls to mind the hard work the faculty, students and School Administration are putting into increasing the visibility of Yale School of Nursing. Some time this winter there will be a television show on YSN on Channel 8, WNHT-TV, due primarily to Mary Colwell's representing the School on the University-wide communications committee. Plans are afoot to produce an hour-long TV documentary on nursing to be shown on national television. I hope to have more to report in the next Newsletter. These efforts are merely the tip of the iceberg. Faculty and students are involved in countless ways in bringing the YSN message to others -- workshops, lectures, presentations to community groups, panels at schools of nursing and prep schools. To say nothing of the services faculty and students give to the health-seeking public, which is really where our impact is felt. We are also improving our visibility within the University. One of the students, Carol Lasater '74, is Vice President of the Graduate and Professional Student Senate. Two faculty are Fellows of two of the Yale undergraduate colleges. Faculty of the School of Nursing are represented on two important University committees -- the Women's Liaison Committee working out of the Provost's office, and the University Committee on the Education of Women working out of the President's office. In the Medical Center, faculty are on important committees deciding educational issues in psychiatry; the possibilities of collaboration with the School of Medicine in offering joint programs; the development of services to pregnant women; the possibility of a primary care center; the training of all health professionals in the medical center; the administration of the medical center. And this list, incomplete as it is, does not even count the visible contributions of people like Ann Ryle who represents nursing in the whole Medical Center, or the clinical impact faculty and students and alumnae make in less politically visible ways.

The alumnae role in YSN's visibility needs some comment. It's easy to think that the only role alumnae have is giving money or complaining to the administration about the current programs. Let me tell you, from personal experience, that alumnae have a much more profound impact than you may think. When this year's Alumni Fund meeting uses the School of Nursing's record in alumnae giving as its model, that's visibility. When so many of our alumnae take the
time and trouble to come to the general University functions -- October's Alumni Convocation, for example -- it's noticed, and noticed by the right people. When our AYA representatives, Ruth Benedict, Barbara Pratt and Eleanor Grunberg, assume important roles on the AYA committees, that's because they are valuable and competent people -- and YSN's star rises. When alumnae, profiting from their Yale experience, become nationally known, that's visibility. And when we all seize upon opportunities to carry forward the message of what we're all about, that is heard -- and I hear it almost daily.

A change of topic: you should know what your gifts to the School are used for. The School must budget a year in advance (we are now doing the 1974-75 budget). Until the last few years, it has not been possible to anticipate that far in advance the Alumnae Fund receipts. Therefore, that income has been used for "incremental expenses" -- taking advantage of opportunities to move the School forward. For example, the Alumnae Fund (which is accounted separately from other income) supports the Alumnae Association budget. Funds have been used in past years to support recruitment of faculty and students; to help our library increase its acquisitions and storage space; to provide furniture for the student lounge and the student affairs office; to purchase a copying machine (and you wouldn't believe how important that piece of equipment is!) to provide salary support for our "external affairs" staff; to underwrite planning for long-range visibility projects -- for example, the TV documentary; to pay honoraria to visiting lecturers who enrich the School; to pay for the portraits of former deans; to fund the Alumnae Secretary and the reunion weekend. Any excess of funds not spent is transferred to the Annie Goodrich Fund principle.

As the Fund grows and becomes a dependable source of income, we can begin to budget it as income for student aid (an increasingly serious problem), faculty salaries and the like.

So you see, the support you give the School is crucial to our survival and development. And "support" is not only financial. And for both kinds of "support" the School is enormously grateful, in ways that would fill the next twelve Letters were I to write them all. Trust us that we value our graduates quite deeply, as we trust you to continue your professional and personal contributions to the world and to value the experiences you had at Yale.

Donna Diers, Dean, '64

FROM THE PRESIDENT OF THE ALUMNAE ASSOCIATION:

I should like to take just a few paragraphs this time to tell you what is being planned for the year 1973-74. By taking advantage of the interest and enthusiasm engendered by the events of the 50th anniversary, and, by maintaining that momentum of active alumnae support, we have great hopes for continued superlatives this year.

And how can we fail with the following pluses "going for us"? not one, but two substantial gifts from alumnae who provided challenges to augment individual alumni fund giving; Ruth Benedict's energy and creativity as chairman for special gifts; Janet Hine's enthusiasm and encouragement of the class agents for the alumni fund program; and Donna Diers, as Dean and involved alumna whose commitment to YSN's programs inspires the confidence of us alumnae.

By the time you read this Newsletter it will be six months since last June and all the festivities, and, not at all too soon to begin planning for this year, particularly if you and your classmates have a reunion to plan. We, the Board that is, have decided to put all our energies on the alumnae weekend, and to forestall the mid-winter program. Although there will be no program at the school on the 2nd of March, the University Alumni Day, some of us will attend the luncheon and will look forward to seeing any of you who can make the trip to New Haven. Watch the Yale Alumni Magazine for program and reservation information.

The new academic calendar and early graduations do pose problems of scheduling, but, hoping to overlap or avoid other dates appropriately, we have set Friday, May 31st as the day for Alumnae College, and Saturday, June 1st for Alumnae Day. There will be more forthcoming as to program details...
and scope, but we want you to save these dates. We look forward to another chance to witness the change and progress that is taking place within and with reference to nursing education at YSN.

Dorothy J. MacLennan, '52

FROM THE PRESIDENT OF THE STUDENT COUNCIL:

I would like to digress from the usual president-oriented discourse on student council activities, to share with you some thoughts, feelings, and a very special message which is so infrequently expressed.

Under the crust of my own defenses as a student, I know that all too often my feelings of being the "victim of cruel and unusual punishment" are the result of very painful feelings of inadequacy. I doubt that I stand alone with these feelings; they seem to belong to many students at Y.S.N. who are motivated to be the very "best". I believe that if we take the time to examine our bruises, we would realize that the extraordinary group of people with the band-aids are truly our friends—not our persecutors. This group collectively is the Y.S.N. faculty.

Through working with many of the members of the faculty, I have begun to appreciate their enormous capacities to give of their time, knowledge, enthusiasm, talent, and above all caring. What's more, they "give" in a host of creative and innovative ways to us as students, in fact, to all Y.S.N. graduates in their relentless and brilliant efforts to keep our school in the very front lines of nursing progress.

Many of us have had the marvelous opportunity to develop meaningful relationships with select faculty members who really "turn us on" to thinking about and believing in ourselves and our profession. Speaking on behalf of many grateful students, I would like to take this opportunity to formally express our appreciation to each and every member of our very fine "band-aid brigade".

Doris Banchik, '74

FROM THE EDITOR OF THE GRAPEVINE:

As editor of the Grapevine, I would like to thank those few alumnae who have already subscribed to this School Newsletter--your funds have paid for the cost (approximately $16.00) of printing, postage, and preparing an interesting cover for each issue. Due to the high cost of postage, we have reluctantly decided to mail out further issues to paid up subscribers only. If any of your readers have not paid, but wish to receive further issues of the Grapevine, they should make their cheque for $2.50 payable to P.E.T. Gower, and mail to The Editor, The Grapevine, Yale School of Nursing, 38 South St., New Haven, Conn. 06510. As we are on a very limited budget, we would be glad to receive donations from "patrons", or advertisements. Suggested quotes, articles, etc. are most welcome, and inspired ideas for covers would help us to maintain our usual standard.

With every good wish,

P.E.T. Gower II, '74

FROM THE EDITOR:

We have received a great deal of enthusiastic response from alumnae since the mailing of the Fall issue of the newsletter. Please continue to correspond with us so that we may share with others what you are presently involved in. Any suggestions for format, cover, articles, and so forth are welcome.

A special thanks to Miss Evelyn Sturmer and Mrs. Clara Buckley who volunteered to proofread this issue before going to press. We are in need of volunteers to proofread the Spring issue. Contact Mary Colwell if you are available for 2-4 hours. Deadline for articles for the Spring issue will be April 1, 1974. Please TYPE your contributions. Thank you.

Sally Cohn, '73

YSN Pins to replace YSN pins write to the Office of Student Affairs for a voucher which will be sent to you along with the address of the Jewelers to which the order must be sent.
ALUMNA ASSUMES PROMINENT ROLE AT YALE

Nursing at Yale is celebrating fifty years of excellence this year. Among our many graduates who have distinguished themselves, Ruth Landau Benedict, M. N., ’48, deserves particular notice in her service to Yale and its alumni as well. Her enthusiastic interest in the forging of better relations between the alumni of the School of Nursing and the School itself is known and appreciated by all who have dealt with her in this capacity; her work in the formation and organization of the 90,000 member AYA (Association of Yale Alumni) during the past two years has been impressive as well. She has been an instrumental force holding several positions in that fledgling organization.

Born September 14, 1925, in New York, Ruth received her B. A. from Bucknell University in 1944, and her M. A. from Columbia University in 1945. In 1947 she was married in Dwight Chapel to Howard M. Benedict, Yale ’47. The Benedicts live in Hamden, Connecticut. They have four sons: Howard III (b. 1951), Craig (b. 1954), Roger (b. 1956), and Scott (b. 1959).

Ruth pioneered as the first woman in its 82 year history to become a member of the Board of Directors of the Yale Alumni Fund, appointed in June of 1971. She was subsequently appointed to the Executive Committee and became Assistant Chairman of the Fund for the Graduate and Professional Schools except Law.

In the fall of 1971, Ruth was asked to serve on the Founding Board of the AYA, a position distinguished by the fact that she was the only alumna on the 24-member Board. In her position with the Founding Board she travelled extensively, furthering an understanding both of the AYA and the concept of coeducation to sometimes less than enthusiastic alumni. Accepting no reimbursement for her expenses, she contributed them instead to the recently established Margaret Arntstein Fund of the School of Nursing.

As a member of the Representation Committee of the Founding Board, Ruth played a key role in creating the structure of the AYA. Then, in April 1972, Founding Board Chairman David C. Grimes, ’45W, appointed her chairman of the Accreditation and Election Committee. In this capacity, Ruth was responsible for communicating with all Yale alumni to explain the purpose of the AYA and to encourage participation in the first AYA election.

The Constitution and By-Laws of the AYA, written by the Founding Board and approved by the Yale Corporation, required that the first members of the AYA Assembly be elected during the summer of 1972 in time for an historic first Assembly to be held in the fall. At this point the members of the Founding Board had scattered for the summer. The Yale campus was semi-deserted. Alumni House, with its future AYA staff of 11, was not yet in operation. The Communications Office was not yet in existence. Recognizing this as a time to make a unique contribution in solidifying all the work done by the dedicated alumni who worked on the Dwyer Commission and the Founding Board, Ruth cancelled plans for a trip to Europe. She spent the next four months, with the invaluable help of Yale staff member Gordon Ramsey and his secretaries, administering the first election. Because of her involvement in the writing of the Constitution, she was able to interpret the Founding Board’s intent as literally hundreds of special policy questions arose during this process. In Los Angeles, at the other end of the telephone, David Grimes was a constant source of support and encouragement. There was a sense of drama throughout the summer as the new organization began to take shape.

(continued on page 6)
On November 3rd and 4th, when the first Assembly met in New Haven, Ruth was elected to the first permanent Board of Governors, receiving the highest number of votes of any candidate. Speaking to the 255 delegates from all over the country, Founding Board Chairman Grimes said, "There is no Yale graduate who deserves the gratitude of the alumni body more than Ruth Benedict."

Later that day at the first meeting of the new Board, AYA Chairman Frederick Rose appointed Ruth as Chairman of the permanent AYA Accreditation and Election Committee. Since November of 1972 this committee has met monthly. She is, in addition, a member of the AYA Committee for the Nomination of Alumni Fellow, and Chairman of the Ad Hoc Committee on the Role of the AYA Assembly, which was appointed by the Board of Governors in May, 1973, in response to a need expressed by assembly members for greater direction of purpose.

Besides this impressive list of the past 2 years active role in the AYA, Ruth's concern for the School of Nursing is long-standing. Nominating Ruth for the Yale Medal in October, 1972, Donna Diers, present Dean of the School, stated:

Ruth has served on the board of directors of the School of Nursing Alumnae Association for seven years. She was instrumental in reviving the alumnae organization, and has unfailingly supported it. She organized the first Y.S.N. Alumnae College in 1957, beginning a series that continues still. She has organized regional alumnae groups throughout the country and coordinates their activities. It is partly due to Ruth's efforts that the contributions to the Alumni Fund from the School of Nursing have doubled twice in the past three years, a record no other school can match. She has been an effective and much needed bridge between the School and its alumnae over these years when there was much bitterness among the alumnae over the closing of the basic program in 1958. Ruth has consistently supported and encouraged the School's efforts and interpreted them to the alumnae. She has the respect of both the facul-

ty and the alumnae a not inconsiderable achievement.

Specifically concerning the School of Nursing, Ruth served for five years as the Yale Alumni Board representative from the School of Nursing; she was a member of the Annie W. Goodrich Fund Committee; she organized the first Y.S.N. Alumnae College; she served for 7 years on the Board of Directors, YUS NAA; she is coordinator of fund raising and Y.S.N. Regional groups; and is now AYA representative from the School of Nursing.

Her dedication to the spirit of cooperation, as manifested in her continuous service in positions which encourage this cooperation between Yale and its alumni, is most certainly deserving of grateful recognition by both the University and the School of Nursing.

Jake Schrum
Assistant Executive Director AYA

$20,000 CHALLENGE GIFT TO YSN ALUMNAE FUND

Ann Cudahy '55 of Milwaukee, Wisconsin and Marian Miller '46 of Los Altos, California each have pledged a $10,000 Challenge Gift to help boost YSN's 1973-74 Alumnae Fund to new heights. All of YSN's volunteer Alumnae Fund workers and especially the class agents were delighted by the news of the $20,000 Challenge Gift given by these two generous alumnae.

The many graduates who came back to New Haven for the nursing school’s 50th anniversary festivities in June will recall the announcement of the first $10,000 Challenge Gift from Ann Cudahy. This fall, with the addition of Marian Miller’s $10,000 Challenge Gift, the $20,000 total created the exciting possibility that the YSN Alumnae Fund might well top $50,000 for the first time in the school’s history. Here is how the challenges will work:

1. Mrs. Cudahy will match, 50¢ on the dollar up to a limit of $10,000, any increase over an alumna’s 1972-73 gift. She hopes in this way to stimulate the generosity of those who give under $1,000 annually.

2. Miss Miller will match, 50¢ on the dollar up to a limit of $10,000, every gift of $1,000 or more. She hopes in
this way to secure at least 20 alumnae who will begin to contribute $1,000 yearly to the Nursing School.

The Cudahy and Miller Challenges are mutually exclusive; i.e., the Cudahy Challenge applies only to donors of less than $1,000 and the Miller Challenge only to donors of $1,000 or more.

These two extraordinary gifts start the '73-'74 Alumnae Fund drive off with a bang. The loyalty and generosity of Mrs. Cudahy and Miss Miller makes us increase our pride in the YSN experience. Let's see if we can match them!

- Ruth Benedict, '48

CONVOCATION - OCTOBER 25-26-27

Over the three-day period of meetings of the Association of Yale Alumni and the Yale Alumni Fund, there were a number of YSN alums in New Haven. We had a great chance to socialize together at cocktails with Donna Diers at the Faculty Club on Friday evening before the Dinner at the Commons, where there must have been over one thousand Yale alumni gathered. On Saturday morning at the Graduate and Professional Schools Alumni Fund workshops, YSN was used as the focus of the discussions, since our school has had such a fine record of excellent cooperation these past few years (the result of the great leadership of our Alumnae Fund Chairman, Janet Hine). There was very helpful sharing of ideas and experiences by the agents of all these groups. We sure wished that more of the agents and friends might have been with us!!

At all or part of the weekend, the following YSN alums were seen: Evanta Morse '27, Mildred Yale '35, Jane Frelick '44, Eleanor Grunberg '46, Betty Due Reilly '46W, Janet Hine '47W, Tinker Barrnett '48, Ruth Benedict '48, Mary Colwell '50, Dotty MacLennan '52, Barbara Pratt '56, Mary Rendell '57, Martha Barden '61, Thelma Thornton '61, Julie Rhymes '62, Donna Diers '64, Jean Fisher '65, Mary Jane Kennedy '68, Charlotte Wood '68, Sally Cohn '73.

- Mary Colwell, '50

NEW YORK REGIONAL GROUP

The New York Regional Alumnae Group shared a moving afternoon in October when they gathered to talk about Death and Dying. The focus of this meeting was the viewing of and reaction to a poignant film called "How Could I Not Be Among You?" The discussion leader was Chaplain Sam Deibler of the East Midtown Protestant Chaplaincy Office, but the afternoon was enriched by the presence of former Dean Florence Wald and a guest of hers from St. Christophers. The film, made by a young man dying of leukemia, brought out many points that we all took to heart: dying is a very personal matter even though the course often follows a noticeable pattern, therefore it is not helpful to point out these milestones along the path to the end; dying implies that soon you will be nothing therefore at this moment you can be anything - enjoy the moments that are left - you can live a lifetime in a fleeting spot of time; there are many times when silence is sufficient and supportive - do not feel that you must be doing something and filling in the gaps of silence - just be there with the person who is shortly leaving this earth. This last point led to an intriguing thought raised by one of the group - why not have a trained group of "patient-sitters" people available to just be with the dying patient. This is available in some cities - why not more? The fact that Hospices offer such a supportive role amongst their occupants lends more support to the need for a new group of people willing to lend their presence to the last moments of the dying person. The afternoon closed with the thought that perhaps we could be instrumental in reaching various hospital administrators to spread the notion of the need for a receptive human being at the dying person’s bedside, especially of children. Since dying is inevitable, why not try to make the path to it as pleasant and painless as possible?

Next meeting will be April 22, 1974 at the Yale Club in Manhattan.

Eleanor Hoffman Grunberg, '46
HOW FAR A LITTLE LIGHT CASTS ITS BEAM.

We received the following letter from Jane Frelick, '44:

At the Philadelphia Regional meeting in the Spring of 1973 Alumnae met with Dean Diers and the Dean of the University of Pennsylvania School of Nursing. There was considerable discussion of the role of the nurse practitioner.

After returning home from the meeting, I had considerable discussion with my husband, Robert, Director of the Tumor Service at the Wilmington Medical Center. He was so impressed by the discussion of the role of the nurse practitioner that he promptly hired a nurse clinician whom he had helped train, from the University of Delaware's School of Nursing Master's Degree Program. The nurse clinician was hired at a base salary of $15,000. Her privileges in the Department of Medicine at the Wilmington Medical Center are presently being defined, but in practice she is accepted and working well within the hospital community. Her fees for patient visits have been approved by the Delaware Blue Cross and Blue Shield but not by Medicaid and Medicare.

She has been working since June 1st and has made a tremendous contribution for improving patient care and providing an excellent liaison between the medical and nursing services.

She spends a 40-hour week on the Tumor Service. Her responsibilities include admission histories, physical exams, rounds, administering chemotherapy, interactions with families, home and nursing home visits to tumor patients, (summarizing of records), and conferences with the chaplain and his staff concerning patients, families and hospital personnel.

In four months working with patients, families and staff, the nurse clinician has learned a great deal of cancer chemotherapy and cancer nursing. She is participating in the education of nurses, medical students, and interns who rotate through the tumor service.

Her newly created position has been warmly welcomed by nurses and physicians alike. The Center hopes to attract other nurse clinicians to develop similar roles in the Wilmington Medical Center.

DEAN EMERITUS RETIRES FROM VNA

Dean Emeritus Elizabeth Bixler Torrey president and one of the founders of the Visiting Nurses Association in Jaffrey, New Hampshire, has retired from the position, President of the Association. In the Jaffrey paper, the Ledger, Dean Torrey's work with the agency from 1965 to the present time was elaborated. Presently Dean Torrey is active as treasurer of the Women's Society of the First Church in Jaffrey and moderator of that Church. Of her retirement she says, "It's lack of time. I still plan to stay in touch with what's going on".

KANSAS CITY REGIONAL GROUP

Wednesday evening, November 14, seven YSN alumnae gathered for a delightful dinner at Brennan's restaurant. Reservations had been made by Mary McClellan Lyons '51, and local alumnae Grace Buddington Thornberry '27, Louise Darby Malmo '40, Ruth Kitson Lawson '48 (and husband Bob, YMS '48) joined Eleanor Keating Gill '38, Elizabeth Barnett '48, and Laverne Fakkama '54 who were attending NLN meetings in the city. Regrettably, a League of Women Voter's Board meeting kept Ruth Groves '39, and Muriel Byer Petruzzelli '43 from attending. Mary has a list of a potential Kansas City regional group, and Muriel offered her home, for some future meeting...With ANA headquarters now located in that city, this is an ideal setting for a new regional group.

Our hats are off to Louise Malmo, who, after 28 years of professional inactivity, took a refresher course at U. of K. in Lawrence, and is now employed full time as a charge nurse at a new rehabilitation center in that city.

Eliz Barnett, '48

YSN REUNION

Save these dates! May 31 - June 1

The following reunioning classes will meet at YSN: 1929, 1934, 1939, 1944, 1949, 1954, 1959, 1964, 1969. The Medical School will also hold their Alumnae Day activities on Saturday, June 1. We look forward to seeing you.
TENURE FOR TWO FACULTY

At its meeting on November 10, the Yale Corporation voted to grant tenure to two members of the YSN faculty - Kit Nuckolls '41 and Donna Diers '64. (Rhetaugh Dumais '60, received tenure two years ago.) In presenting the tenure proposal to the Corporation, the Provost informed them of the progress of the School. The Corporation vote is seen as reaffirming the University's commitment to YSN and its direction.

REPORT FROM NEW CURRICULUM

Although we must have formal approval of the State Board before admitting students, our ideas and plans have received tentative approval from the State Board of Nurse Examiners. Over the summer material from prospective applicants has been reviewed so that those who could more appropriately be referred elsewhere could be so referred or counseled as soon as possible without waiting. Students' needs such as uniforms, housing, and clinical settings continue to be assessed and examined.

Vivian Wolf from the University of Washington (Seattle) visited for one day to suggest further improvements in the written terminal objectives of the program and the "white paper" of YSN's philosophy. Ms. Wolf, an expert in nursing education curriculum planning was very helpful in pointing out where wording was vague or where further details were needed for clear understanding.

The terminal goals of the program remain the same as the goals of YSN have been for many years. These goals are based on social mandate to nurse the sick, prevent illness and help individuals rehabilitate themselves to maximum wellness. YSN prepares students as 1) Persons skilled and knowledgeable in basic nursing care and interpersonally competent both in one to one relationships and in groups; 2) Nurse practitioners/clinicians in the "expanded role of the nurse" (in a specific setting according to student preference: medical/surgical nursing, pediatric nursing, psychiatric nursing, family health, or in midwifery); 3) Research-oriented scholars capable of going on for more education or engaging in nursing research studies; and 4) Nursing leaders, responsible for their own actions. The curriculum, therefore, will be based on the basic assumption or core principle of the "patient care process" defined as what the student needs to know in order to give the care needed by the patient. This nursing model includes patient assessment, diagnosis, priority setting, intervention and evaluation. Clinical sites will be chosen to provide experience in a variety of practice situations including: well persons at home; chronically ill persons both institutionalized and ambulatory; and acutely ill persons needing critical care.

Throughout the program the interdependence of practice, theory and research will be emphasized. The curriculum will be in depth from the beginning in a continuum without a split between the "basic nursing" and the "specialized" practitioner content. Expectations of student leadership would be explicitly verbalized and the curriculum will include built in opportunities for decision making and evaluation of the consequences.

Ms Nehring continues to be involved with the Colloquium for Higher Education in Nursing. The NLN has responded positively to the colloquium's request for workshops on curriculum development so that other schools planning changes would not have to struggle quite so hard to discover resources and appropriate ways of going about such a difficult process. The first workshop was held in New York this summer. Ideas and written material continue to be exchanged among colloquium members. Several possible texts and skills manuals have been received which will considerably shorten the time we must spend writing such a text appropriate to our students and settings.

Virginia Nehring, '72

Caps and ribbons may be ordered from the Alumnae Association

Perma-starch caps $2.30 each
Linens caps (need heavy starch) $1.75 each
Ribbons 35¢ each or three for $1.00
Please include 30¢ to cover handling and postage.

Make check payable to: Y. U. S. N. A. A.
A DIFFERENT KIND OF PUBLIC HEALTH NURSE: THE FAMILY NURSE PRACTITIONER

Public health nursing has been and continues to be based on family orientation, community outreach, environmental awareness and preventive health care along with a humanistic philosophy and holistic approach to man and his health. The public health nurse traditionally has been the most "independent" clinician and has often assumed the role of the sole care giver to many people who are outside of the mainstream of the medical care system. From settings as varied as visiting nurse associations and international health organizations, public health nurses have made many distinct and essential contributions to the health of people and groups of people in all strata of society.

The practitioner trend in nursing has produced a unique yet natural challenge for the public health nurse who is interested in further expanding her role in the provision of primary health care. Family nurse practitioner programs have been developed in response to this challenge and are graduating a new kind of generalist in health care. With the abilities to provide health care to children, adults and families, the family nurse practitioner offers an exciting alternative to the fragmented, impersonal and pathology oriented care that, unfortunately, dominates much of the medical care delivery system. In addition, her base of practice is broadened because of her knowledge and awareness of community and environmental needs and resources.

Completion of a family nurse practitioner program does much more than legitimize "what public health nurses already do." Her medical knowledge and skills and degree of responsibility for patient care are substantially increased. The family nurse practitioner becomes a generalist who combines many of the skills of medical and pediatric nurse practitioners along with the orientation and approach of the public health nurse. In doing so she is able to provide a high level of health care to people of all ages. She is prepared to take medical histories; to perform physical examinations; to diagnose common and recognize uncommon health problems; to treat and manage common problems; and, depending on the problem, to provide care jointly with other health workers or to initiate referrals for health problems that are beyond her scope of practice. The family nurse practitioner is aware of the limits of her practice and works closely and interdependently with physicians and other health professionals and paraprofessionals in order to provide the best possible health care to patients.

Teaching and counselling are important components of her practice as she seeks to support and promote positive health behaviors at all levels of preventive health care. Her ability to work with a variety of health problems of children, adults, and families in community settings makes her unique among nurse practitioners. Her skills in developmental, psychological and physical assessment make her well prepared for the provision of front line primary care.

A recent study of family nurse practitioners in Montreal, reported that family nurse practitioners were able to manage independently and competently 70% of patients who came to family practice settings for care. The other 30% of the patient sample were appropriately referred to the physician for either in-depth consultation or his solo care. These patients were assigned, without preselection, to family nurse practitioners. This study and others have demonstrated the ability of the fully prepared family nurse practitioner to provide quality health care to all ages of people for a great variety of problems.

Consumer acceptance and satisfaction has been excellent. Physician acceptance has been good. On the grassroots level, nursing acceptance is coming along and on the national level acceptance is demonstrated by the formation of a family nurse practitioner section within the ANA which will have its first organizational meeting in January.

Closer to home, the first class of students was admitted into a track to prepare family nurse practitioners within the Public Health Nursing Program at YSN in September, 1972. A second class began its first year of study this past fall. The program is two years in length and in the first year family nurse practitioner students take the usual re-
search and theory courses and participate in the public health nursing seminar along with other graduate students in the public health nursing program. To increase their clinical knowledge, the family nurse practitioner students take a three semester didactic course which begins with psychiatric assessment and human development and then focuses on the "work-up", differential diagnosis and management of common health problems of children and adults.

In their first six weeks of clinical practice, family nurse practitioner students join with maternal-newborn and pediatric nursing students in a course in physical diagnosis taught by a physician on faculty in the pediatric program. During this six weeks, as well as practicing on each other, students spend time practicing history taking and physical examinations on adults in a nursing home of a Veterans Administration hospital and on children in a community health center. Following the first six weeks, students spend approximately 14 hours a week in clinical practice. An average of four hours a week is spent in pediatrics and an average of seven hours a week is spent in adult medical clinic settings. Other experiences during the first year include rotations in family planning clinics (to learn pelvic examination), cardiac and chest clinics and participation in an intensive short course in dermatology along with medical students. Nurse practitioner faculty as well as physicians serve as preceptors for students in the clinical settings.

During the second year, students spend twelve hours the first semester and four hours the second semester in clinical practice in the community with family physicians. Students are able to take some electives, primarily in the second year, and also during the second year, complete a master's thesis. Skills learned in the research process help the family nurse practitioner to critically analyze the quality and outcome of her clinical practice. Throughout the two years individual and group clinical conferences provide a forum for discussion of practice in which there is emphasis on the nursing aspects of patient care.

Upon graduation, family nurse practitioners will be seeking employment in settings that have a family orientation to care. For example, this may be in visiting nurse/public health nurse associations, community health centers, health maintenance organizations, family practice residence programs, or with physicians in private practice. The demand for this kind of care giver and for the kind of care she gives is increasing in both rural and urban areas. The School receives many notifications of available positions for family nurse practitioners in education as well as service institutions.

But becoming a family nurse practitioner is only one of many ways that nurses can help provide better care to people. There are many public health nurses who are not interested in the "expanded role" per se, and there is an acute need and demand for nurses who are effective in other dimensions of family and community care. The public health nursing program therefore continues to prepare public health nurse specialists within the Individualized Track. This track is designed for nurses who want to develop expertise in various areas that fall within the framework of public health nursing; i.e., discharge planning and continuity of care, nursing of chronically ill patients and their families, school health, and so forth.

The family nurse practitioner and the public health nurse specialist share a common conceptual basis, philosophy and approach. They differ in the direction in which they expand their knowledge and skills and this difference is essential and good for the future development of public health nursing. We look forward to the continuation of both educational tracks within the Public Health Nursing Program.

While we are able to only admit a relatively small number of students into each track, we would welcome and appreciate the alumnae's assistance in encouraging interested and qualified nurses to apply for admission. The field of public health nursing is opening wider than ever before in response to the needs of society and it is graduates of programs such as Yale's that will help meet and mold the exciting challenge to public health nursing in the future.

Charlotte Januska, Instructor P.H.N.
NURSE-MIDWIFERY IN NEW HAVEN

A nurse-midwifery component of the Obstetrical Service now exists at Yale-New Haven Hospital. It is responsible for the TOTAL CARE of patients within two clinics of the women's outpatient department—the young mothers' program and the nurse-midwifery evening clinic. Staff nurse-midwives and YSN faculty with joint appointments to the Hospital provide the services to patients.

TOTAL CARE begins with the initial physical examination and determination of pregnancy, then continues with nine months of prenatal supervision. Only if a patient's pregnancy becomes abnormal will she be seen by a physician.

When a patient's labor begins, she is guaranteed that a nurse-midwife will be with her in the hospital. This is accomplished by having a nurse-midwife working on labor and delivery during the day, and having one on call at night and on weekends. A physician is available for consultation if necessary, but otherwise the nurse-midwife manages the labor, i.e., decides when to rupture membranes, when to medicate, when to transfer to the delivery room, and so forth.

The nurse-midwife helps the patient deliver the baby under a pudendal block or local infiltration, and sometimes with medical agreement under peridural anesthesia.

Following the birth, the nurse-midwife continues her responsibility for the patient by writing the post-partum orders, making daily visits to mother and baby, and discharging the family home.

Follow-up is provided at two separate times. One week after discharge, a telephone call is made to the patient, and if needed, a home visit is arranged. Six weeks later in the clinic, the patient is given her terminal post-partum exam and family planning by a nurse-midwife.

In December, the nurse-midwifery service will be extended to a satellite clinic in Fair Haven where patients can be seen throughout their pregnancy. Unless medical complications arise, the patient will go to the hospital only for labor and delivery.

Outside of Yale-New Haven Hospital, the nurse-midwives are involved in many activities. They provide complete family planning services and pregnancy counseling at the Webster Street Clinic and at the Teen Clinic of Planned Parenthood. Also, nurse-midwives are employed by the Yale Health Plan and by a private Ob-Gyn group practice.

The acceptance of nurse-midwifery has been positive on all levels. The patients seem to be enjoying the care, and, health professionals are recognizing the quality of the care. The maternal and newborn nursing department of Yale School of Nursing has enrolled its largest first year class: Ten students. For the first time in the history of this program, students will have their entire clinical experience at Yale-New Haven Hospital.

Yes, nurse-midwifery has definitely found a home in New Haven.

Eileen DeGermo, MSN, CNM, '73

CURRENT FACULTY OPENINGS

YSN has faculty opportunities open (as of November 6, 1973) in several areas.

PSYCHIATRY: A senior faculty person is needed for a joint appointment between YSN and the Connecticut Mental Health Center. In the clinical setting, the position is Director of Nursing. Academic rank depends on experience and credentials. A Master's degree is required, and significant clinical administrative experience in psychiatry is highly desirable. Teaching responsibilities are negotiable.

PSYCHIATRY: A joint appointment is open for a nurse as Associate Unit Chief of the Community Support Service of the Connecticut Mental Health Center. Academic rank and teaching responsibilities depend on the individual's background and interests. The Community Support Service deals particularly with the nursing treatment of patients with chronic mental illness. Treatment modes include group, family, individual therapy, activity groups and medication maintenance. A Master's degree is required and experience in the care of chronically ill patients is desirable.

PSYCHIATRY: A new position for a child psychiatric nurse is open. This position is a joint appointment with the Human Resources Center of the Connecticut Mental Health Center, located in West
Haven. Responsibilities include developing the nursing components of the services to children, and developing a child psychiatric nursing "track" in YSN's graduate program. A Master's degree and at least one year's experience in Child Psychiatry is required.

PUBLIC HEALTH: We are seeking a senior faculty person for this area - a family nurse practitioner is especially desired. This position is a Chairmanship which involves certain administrative responsibilities, as well as responsibilities for curriculum in the two "tracks" of the program the Public Health Nursing Specialist track and the Family Nurse Practitioner track. Academic rank depends on credentials. Opportunity for clinical practice is available.

People interested in the above positions should contact the Dean.

We are also assisting Yale-New Haven Hospital in recruiting a medical nurse practitioner. In this position, the nurse practitioner works relatively independently in the medical clinic with her own case load of patients. A baccalaureate in nursing, plus special training as a medical nurse practitioner is required. A MSN is desired. Opportunity for teaching graduate nursing students, as well as medical students and Physician Associate students is available. Persons interested in this position should contact Ms. Christine Ferriter, Director of Nursing for Ambulatory Services, YNH, 789 Howard Avenue, New Haven.

There may be other positions open in the future and we eagerly solicit the interest of qualified faculty. In general, for all School of Nursing positions, a Master's degree is required, a doctorate is desirable. All faculty engage in nursing practice and research, as well as teaching during any term of appointment. Salary and rank are dependent upon experience and education. Both 9 month and 11 month appointments are available (except in the case of clinical joint appointments which are always 11 months). Fringe benefits are excellent, teaching load is low. Hint to alumnae recruiters: many possible faculty recruits don't realize that YSN is entirely a graduate program. Experience teaching graduate students is, therefore, a distinct advantage to potential faculty.

NAMES IN THE (Alumnae) NEWS

From time to time you will see stories in the newsletter written by officers of the student organization. We thought you ought to know a little about these people whose names you will encounter:

Doris Banchik is president of the student organization. A second-year student in psychiatric nursing, she has a special interest in psychiatric liaison work. Doris graduated from Northwestern University, Boston and worked at New York Hospital before she came to us. A New Yorker by birth and accent, her warm smile, enthusiasm and liberal use of the phrase "really f-i-n-e!" make her friends feel they're all better.

Vice-Chairman is Terry Lindsay Beck. Terry came to Yale from Toronto. She is a second-year student in public health nursing with special interests in research. Her husband is doing postdoctoral research in the Dept. of Pharmacology. Terry is a member of the Faculty Executive Committee and brings to us the reasoned and mature point of view of the students.

Eileen Skowronski is secretary of the student organization. A first-year student in pediatric nursing, Eileen is already a pediatric nurse practitioner and worked at the Yale Health Services Center before coming back to school. We knew Eileen first as a student in the experimental contract the School had to train pediatric and medical nurse practitioners.

Treasurer is Ray Stefan, a first-year student in psychiatric nursing. Ray graduated from Loyola University in Chicago and was a Navy nurse prior to coming back to school. Ray's wry humor doubtlessly helps him cope with the problems of funding an organization entirely through voluntary contributions of students.

Editor of the "Grapevine" newsletter is Phil Gower. Phil is also Canadian, and a second-year student in psychiatric nursing. He worked as supervisor and then director of Queen Street Mental Health Center in Toronto before coming to Yale. Among other things, Phil is an amateur carillonneur and has played the Yale Carillon on occasion.
SOCIO-CULTURAL ACTIVITIES

The Socio-Cultural Committee has been trying to increase communication and relationships between the first and second year students and the faculty. Our first social function was a Cider-Doughnut get-together the day before Halloween. Another afternoon social is being planned for the week after Thanksgiving and in conjunction with the faculty, we are presently planning the annual Christmas Party. As soon as the second semester gets underway in January, a Pot Luck Dinner will be held.

Because of the heavy clinical commitment on the part of both faculty and students and the individualization of the schedules of the second year students, it seems essential to plan certain events where we can come together in order to learn more about each other and share our interests and our concerns. The accomplishment of this goal is the plan of our Socio-Cultural Committee this year.

Mary Ann Scalon, '74

CLASS NOTES

1947 Sylvia Drake Paige has been teaching for the past three years at the University of Maine School of Nursing. In the Fall of '73 she enrolled at Boston University in the Doctoral Program. Sylvia says, "it's strange to be a student again, but the program is very exciting..."

1948 Evelyn Krueger Jones writes that after a busy summer in Delaware and New Hampshire, she and husband Frank flew to Greece, Crete, and Istanbul. Evelyn has received correspondence from Edith Hash Raines, 1947W. Edith has been ill and I'm sure would enjoy hearing from some of her classmates. She and her husband are living in Los Angeles.


1971 Cathryn Brower is teaching on the Graduate Faculty at Boston College School of Nursing.

1972 John and Judy Collins are the proud parents of John Robert Collins who was born October 23, 1973 at Yale-New Haven Hospital.

1973 Anne Mulkeen and David Romond (YMS '73), were married in August. They are living in Gallup, New Mexico.

CHANGES FOR THE DIRECTORY

Add to the front of the new Directory, an Honorary Alumnae Association Member: Miss Myrtie Carpenter, 220 Lawrence St., New Haven, Conn. 06511. Myrtie was made an honorary member in 1954. She started working in 1927 as an administrative assistant, and worked in this capacity and as friend and helper to students and alumnae until her retirement in 1961.

1927 Evanita Panghorn Morse (Mrs. Arthur), 7 Cohasset Lane, Madison, Conn. 06443.

1927 Marjorie Tucker, Box 127, Marstons Mills, Mass. 02648.

1946 Mary Root Saunders (Mrs. Bruce E.), Rte. 1, Box 237A, Maitland, Fla. 32751.

1947 Sylvia Drake Paige (Mrs. S. D.), 131 Bay State Road, Apt. 1R, Boston, Mass. 02215.


1953 Mrs. Martha C. Kimball (Martha Cochranse), P.O. Box 3301, Indiantuck, Fla. 32903.


1955 Elmo Winger, Box 22, Route 2, Lewisburg, Pa. 17339.


1958 Anna Baziak Dugan (Mrs. Patrick J.), Box 222, Conewango Valley, N. Y. 14726.
STUDENT RECRUITMENT INFORMATION
(tear out and save)

Present enrollment (1973-1974): 78 students
Program breakdown: Maternal-newborn 10 10 10 Public Health
1st year
2nd year
(3 male students, 2 blacks, 1 Oriental, 2 Canadian; 1 MN '53 grad: Elinor Doust Chapman)

<table>
<thead>
<tr>
<th>Requirements &amp; credentials</th>
<th>Present Master's Program</th>
<th>New Master's Program for non-nurse college graduates</th>
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<tbody>
<tr>
<td></td>
<td>Bacc. Degree and RN,</td>
<td>Bacc. Degree (no special major),</td>
</tr>
<tr>
<td></td>
<td>GRE aptitude test, personal interviews</td>
<td>GRE aptitude tests</td>
</tr>
<tr>
<td>Degree awarded</td>
<td>Master of Science in Nursing</td>
<td>Master of Science in Nursing</td>
</tr>
<tr>
<td>Time involved</td>
<td>2 years, full time, 5-day week, summer free</td>
<td>3 years, full time, 5-day week, 1 summer session (probably)</td>
</tr>
<tr>
<td>Tuition</td>
<td>$3,400.00 (1973-1974)</td>
<td>$3,400.00 (1973-1974)</td>
</tr>
<tr>
<td>Nursing specialties</td>
<td>Maternal-Newborn (includes Nurse-Midwifery), Pediatrics, Psychiatric, Public Health</td>
<td>Maternal-Newborn (includes Nurse-Midwifery), Pediatrics, Psychiatric, Public Health, and (tentative) Medical-Surgical</td>
</tr>
<tr>
<td>Deadlines for applications</td>
<td>February 1, 1974 (for September '74 admission)</td>
<td>November 1, 1974 (for September '75 admission)</td>
</tr>
<tr>
<td>Notification of Decision</td>
<td>April 1, 1974</td>
<td>March 1, 1975</td>
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Transfers
YSN does not admit transfer students. Some students have been admitted with advanced standing, but must fulfill all YSN requirements.

Study load
Students must be able to handle graduate level courses in social and physical sciences. Emphasis is placed on development of clinical competence and research skills.
YSN graduates are prepared to function in an "expanded role" in the specialty area of choice.

Housing
Each student arranges for own housing. Rooms are available in university housing, Sterling Dorm; many have apartments in town.

Financial Aid
Because the University and School of Nursing resources are limited, applicants are urged to explore every possible source for financial assistance. The Graduate and Professional School Financial Aid Service (GAPSFAS) in Princeton, N. J. is used in determining need.

Health Plan
Each student is automatically a member of the Yale Health Plan - a prepaid health and medical service. Family members may be covered for an additional fee.

M. C. C. 11/73
1966 - Marjorie Hogan Heyd (Mrs. Kevin J.), 20945 Fairlane Circle, Fairview Park, Ohio 44126.
1969 - Mrs. Nancy Koehne (Nancy Stablein), 1423 14th Ave., San Francisco, Calif. 94122.
1971 - Maureen O'Keefe Doran (Mrs. Christopher), 4 Cooper Lane, Coventry, N. Y. 13326.
1971 - Catherine Kiene Forrest (Mrs. John N.), 140 McKinley Ave., New Haven, Conn. 06515.

1972 - Cheryl Tatano Beck (Mrs. Charles), 133 Newport Ave., Middletown, R.I. 02840.
1972 - Susan Caghan, 5 Hughes Place, New Haven, Conn. 06511.
1972 - Marjorie Murphy, 6312 Eighth St., Alexandria, Va. 22312.
1972 - Beckett Murphy Rodgers (Mrs. Thomas J.), 38 South St., New Haven, Conn. 06510.
1972 - Linda Vieira, 310 Willow St., New Haven, Conn. 06511.
1973 - Susan Boyd, 69 Dover St., Somerville, Mass. 02144.
1973 - Kathleen Slone, 1245 E. Belvedere, Baltimore, Md. 21212.

IN MEMORIAM
W. Irene Riley, '47 - 8/22/73
Mrs. Mary Marshall Walsh, '37 - 10/9/73