Mahoney Award Given to Yale Graduate

Mrs. Helen Sullivan Miller '57, Chairman, Department of Nursing, North Carolina College, Durham, North Carolina, was honored for her outstanding contribution to integration in nursing at the ANA Convention last May. She received the Mary Mahoney Award because she integrated both the student body and faculty at North Carolina College (formerly all Negro) without any concurrent loss in Negro enrollment. Originally a diploma school, the program is accredited by the National League for Nursing and now offers baccalaureate degrees.

The award is named for Mary Eliza Mahoney, who was the first Negro graduate nurse in the United States. Mrs. Miller "has stood for and fought to maintain complete integration in all aspects of life." In her acceptance speech, Mrs. Miller challenged the audience: "Are all of us sufficiently concerned with the social ills plaguing our nation...which have direct impact on the health of the people we serve? Are we concerned enough to do something about it?"

Mrs. Miller received a B.S.N.Ed. at the Medical College of Virginia and a Certificate in Nurse Midwifery from the Tuskegee Institute, School of Midwifery, before getting her M.S.N. from Yale. Her husband is the Director of the School of Industries at Virginia State College, Petersburg, Virginia. Their son, Ronald, is now eleven years old. Mrs. Miller wrote "The First Thirty-Five Years of Chi Eta Phi Sorority, Inc. 1932-1967", which was published by the Association for the Study of Negro Life and History, Washington, D.C.

The Future of YSN

We on the YUSNAA Board of Directors would like to try to convey to all alumnae who have not or cannot keep in close touch with the School the excitement that we feel about the present program and the future of YSN. Dean Arnstein has outlined plans for the future in addresses given to alumnae in February and June of this year here in New Haven, to the Boston regional group, and to the alumnae who gathered together for dinner at the ANA Convention in Dallas.

The Yale School of Nursing, as you know, placed most of its emphasis up until 1956 on the basic program, which prepared students for nursing practice. There was a small program in advanced psychiatric nursing at that time. In 1956 the University decided to discontinue the basic program and the last class graduated in 1958. The School, which now consisted only of graduate programs, decided that graduate education in nursing needed to be reevaluated. The programs should be based on a philosophy which would be the common foundation for the various specialties. The relationship of theory, practice and research needed to be realigned. Following this, new course content had to be developed and faculty prepared to teach in the new curriculum.
In 1956 graduate programs in maternal and public health nursing were added, but in the past five years the School has concentrated on developing two majors, psychiatric and maternal and newborn health nursing. Emphasis has been given to research to improve clinical practice with the ultimate aim of developing theories on which future practice can be based and its value assessed. The School’s success is seen, in part, in the impact its philosophy and research have had on nursing in this country.

The two major programs are well established now, and while careful scrutiny of the content and teaching methods will be continued, and modifications will be made as indicated, the School is ready to expand its scope. There is urgent need for advanced preparation in additional nursing specialties. Equally important, the students specializing in one area need some exposure to the thinking of nurse specialists in other fields. Therefore, a third program, public health nursing, will be offered by 1969. Plans are also being drawn up to initiate a program in pediatric nursing. We hope the University will allocate sufficient funds to get it started in 1969-1970. The next priority is to establish a major in medical-surgical nursing; these students need to be familiar with the latest medical and surgical treatment of diseases and disorders in order that they may give and direct the highly skilled physical care required by patients, and in order to be supportive and helpful to patients and their families in making whatever adjustment may be necessary for the patient’s return to every-day living. It is hoped that this program can be established within the next four years.

The reestablishment of a basic school of nursing is a distinct possibility. Ideas for new roles for the nurse, for new methods of patient care, can be tried out and developed best when basic and graduate programs are together and can interact with each other. If the basic program is to be offered, major policy decisions will have to be made, such as: would the School admit only college graduates; would it prepare only staff level nurses or have a curriculum leading to an M.S.; would it prepare a "new kind of nurse" who could take more responsibility for patient care than nurses take today.

The establishment of a program leading to a doctorate was discussed with the Dean of the Graduate School in 1966, but no decisions were reached. The type of doctoral degree, whether in nursing science, in some other department (as at present), or in a joint nursing and sociology or nursing and psychology program, has to be decided. A committee with representatives of the Graduate School will be appointed to make recommendations to the University administration.

Plans are being made for the physical expansion of the facilities of the School to accommodate an increasing faculty and student body enrollment. In the immediate future, space will probably have to be rented, since the present space in Brady is inadequate. As for the future, the School of Nursing will remain as close as possible to the Medical School and the Hospital. This is deemed so important that the School would give consideration to sacrificing having a building of its own and instead having a wing or a part of another building. At the present time, geographical proximity to the Connecticut Mental Health Center and the Obstetric Departments are of particular importance, but as the new programs are added it will be equally important to be near the Department of Epidemiology and Public Health, the Department of Pediatrics, and the Departments of Medicine and Surgery. The students will use the Medical Library and the main library for most of their work, but a nursing library in the School of Nursing building which will function as a sub-library of the Medical School can save an enormous amount of student and faculty time and energy.

We cannot help but be enthusiastic about these plans for the growth of the YSN program, and feel that they will be implemented in a pragmatic fashion by a capable administration and faculty.

Mary Keeler Hirata ’49
President of the YUSNAA
Results of the 1967-68 YSN Alumnae Fund Drive

The School of Nursing did extremely well this year in the combined Alumnae Fund and Alumnae Association Appeal. 772 alumnae contributed $8750. Close to 50% of all alumnae made some contribution. Only the School of Medicine and the Law School topped us in terms of percentage of alumnae participation. Special thanks is due to Janet Hine for all the work that she did to make the drive such a success. We do need to maintain this kind of support if we are to implement some of the expansion plans outlined by Dean Arnstein over the last year.

Report on the 1968 Alumnae College

Dear Alumnae:

The Alumnae Board of Directors have asked me to write a brief review of the Alumnae College program for those of you who could not attend. A great deal of interest was expressed in the subject "The Role of the Clinical Nurse Specialist". Four alumnae and one faculty member kept the audience wide awake for more than four hours! It was impossible to keep up with the questions and many went unanswered.

In the morning session, three alumnae who are functioning in clinical nurse specialist roles described their activities, responsibilities, relationships, and satisfactions. Jeanne Amiot Bruce, Class of 1946W is a psychiatric nurse specialist at the Brecksville Ohio V.A. Hospital. (This program is relatively new and was written up in the February, 1968 Nursing Outlook.) Jeanne works with about five patients selected because the nursing staff cannot handle them or because they have family problems, which she and the social worker work on together. She serves in a consultant capacity to the nursing staff. Jeanne feels she is well accepted and makes a real impact on nursing in the hospital. Much of her success she attributes to the Director, who gives her freedom to use her judgement and ability.

Barbara Rogoz, Class of 1964, is a clinical nurse specialist at the New York Hospital Cornell Medical Center. Her responsibilities are entirely with patients having open-heart surgery, who geographically may be anywhere - in the clinic, patient care division, and sometimes in their homes. Barbara interviews patients, sees them through anxiety-producing tests, gives preoperative instruction, cares for the patients in the recovery room, and sees them daily throughout their hospitalization. She starts early to plan with the patient and his family for discharge. Barbara thus provides continuity for patients having open-heart surgery. Although the clinical nurse specialist gives care and makes suggestions relative to the patient's needs, responsibility for the nursing lies with the head nurse. The specialist's role is that of consultant. A description of the program at Cornell has been written by Laura Simms and is published in Nursing Outlook, for August 1965.

Carol Kromberg, Class of 1967, is a clinical nurse specialist at the Connecticut Mental Health Center and an instructor in the Yale School of Nursing. Each division at the Center is headed by a psychiatrist. Each has a psychologist, psychiatric social worker, and a clinical nurse specialist. These four persons compose a team and each is responsible to the team. The nurse specialist is responsible for the quality of nursing care on her division and hence for the development of her staff. She is also a facilitator of research. Carol carries a few patients of her own. The clinical nurse specialists at the Mental Health Center use the Director of Nursing and her assistant as consultants but are not accountable to them. The head nurse coordinates nursing care and administers the unit. She is responsible to the clinical nurse specialist.
It became increasingly clear as the panel members explained their activities and relationships that there is no single role of clinical nurse specialist. The one common feature seems to be that the clinical nurse specialist is an expert practitioner who spends at least part of her time in direct patient care. Beyond that she may be a consultant, or she may be the successor to the supervisor or to the head nurse. She may be a teacher.

In the consultant role, the clinical nurse specialist has no responsibility for nursing care and no administrative authority. Rather her authority comes from knowledge and expertise. The clinical nurse specialist serving as supervisor or head nurse is accountable for the nursing her patients receive. In the supervisor role, the clinical nurse specialist sets and maintains standards of nursing care for her division, teaches and supervises the staff. In the head nurse’s role, she administers nursing care but has no responsibility for unit administration.

Two interesting questions were raised.

1.) Carol, in relation to her own position wondered: Is the role of clinical nurse specialist a new one or is it a renaming of the supervisor role?

2.) If there is a clinical nurse specialist serving in either a head nurse or a supervisor role, is the other role needed? Could one person carry the responsibilities of both?

The first speaker of the afternoon was Vera Keene, Director of Maternity Center Association, New York City, and Newborn Health program. The second was Eleanor Keating Gill, Class of 1938, recently a clinical nurse specialist at Boston University Hospital and now Dean of the University of Connecticut School of Nursing. Both speakers focused on the implications of the clinical nurse specialist for nursing education but attacked the issue from different points of view. There was agreement that the specialist needs graduate preparation in her specialty under expert faculty; that in addition, quality experience is essential. The clinical nurse specialist must be well grounded in the sciences, able to teach, and should have knowledge of research methodology. Vera, who concentrated on the preparation of the specialist, stressed the need for breadth of clinical judgment and defined the clinical nurse as a "master craftsman."

Eleanor discussed the role of the clinical nurse specialist on the basic nursing faculty. She too stressed the importance of the teacher in developing the kind of nurse which is needed in today's complex practice. She sees the clinical nurse specialist as a role model for students, demonstrating in practice that which she teaches. To retain and upgrade her competence, the specialist must have time for practice, time to test out ideas and research findings. Eleanor believes that the nurse educator must share responsibility for nursing service. If students are to develop a commitment to nursing, they must be exposed to nursing educators who have that commitment.

For any who could not be present and who have four hours to listen, we have a tape recording of the program which we will be happy to loan on a first come, first serve basis.

At this time, I want to express our thanks to those of you who sent suggestions for future programs. They will be taken into consideration in planning Alumnae College next year.

Jean Barrett
Professor of Nursing and Assistant Dean

Historical Materials Wanted

The Library Committee of YUSN would like to develop the School’s collection of historical materials. If you have any papers, books, or mementoes that you would like to donate to our archives we would appreciate them.
Profiles of the 1968-69 YUSNAA Board of Directors

Our new president is Mary Keeler (Mrs. Isao Hirata, Jr.), B.A. Vassar 1946, M.N. Yale 1949. Besides working part-time as a staff nurse at the Yale-New Haven Hospital, Mrs. Hirata finds time to chauffeur her 11-year old son and 15-year old daughter during the tennis season. Her husband is also a Yale graduate--Yale School of Medicine; his specialty is surgery.

Patricia Vergara, B.A. College of New Rochelle 1949, M.N. Yale 1955, is no stranger to the Board of Directors. She is now in the second year of her second term as vice-president. She commutes between her home in Larchmont, New York, and Gaylord Hospital in Wallingford, Conn., where she has been Director of Nursing Services since December 1967.

The new treasurer is Mary A. Cushman (Mrs. Bradford Colwell), B.A. Mount Holyoke 1947, M.N. Yale 1950. Her husband was graduated from the Yale School of Medicine; they have three daughters. Mrs. Colwell has had considerable experience on the New Haven V.N.A.'s Board of Directors.

Ruth Landou (Mrs. Howard Benedict), B.A. Bucknell 1944, M.A. Columbia U. 1945, M.N. Yale 1948, is the secretary of the YUSNAA. In the past fifteen years, she has served several 2-year terms on the Board of Directors and was a member of the Annie W. Goodrich Fund Committee. For the past three years, she has been a representative of the YSN on the Yale Alumni Board. Her husband (Yale 1947) is the Real Estate Commissioner of the State of Conn.; he is president of the Benedict Realty Co. in Hamden and has been a Visiting Lecturer at Yale in the City Planning Department of the School of Art and Architecture. The Benedicts have four sons.

Oлага Louis Zagraniski, B.A. Pembroke 1939, M.N. Yale 1942, manages to act as office nurse for her ophthalmologist husband (also a Yale graduate) besides being a member of the Board of Directors. She has a son and a daughter.

Marion Weinberger, B.A. Bucknell 1942, M.N. Yale 1945, M.A. Columbia 1959, is an Instructor of Pediatric Nursing at the Grace-New Haven School of Nursing at Yale-New Haven Hospital. Miss Weinberger is going into the second year of her term as a Board member.

Thelma Neblett (Mrs. Gerald H. Thornton), B.S. New York U. 1953, M.S.N. Yale 1961, M.S. (in Educational Research) So. Conn. State College 1967, is now working as a Research Associate in the Department of Epidemiology and Public Health at Yale. She has four daughters; her husband is a graphic artist at Yale's School of Art.

Robert Fitzgerald, B.S. Boston College 1963, M.S.N. Yale 1966, is new to the Board of Directors. She is a Research Assistant in Nursing and Orthopaedics at Yale; her study is concerned with "what happens to senior citizens who fracture their hips." She is especially interested in the development of new patterns of education for the care of these patients. Miss Fitzgerald is also a minor authority on the art of Lebanese cooking.

Mary Angela Barron (Mrs. William L. McBride), B.S.N. Georgetown U. 1962, M.S.N. Yale 1964, taught at YSN for four years before retiring so that she might be a full-time mother to her one year old daughter. Her husband (Yale Ph.D. 1964) teaches in the Yale Philosophy Department.

A Nursing Career--The Second Time Around

Thinking of hunting up your old YSN pin and hat and launching yourself on a nursing career? Apparently many of us are, according to reports from the nursing office. After sixteen years of child rearing, husband tending and volunteer work, I started working last October on a part-time basis at the Yale-New Haven Hospital--three mornings a week--9AM to 1PM, during school terms
only. It is not easy to resume an occupation left behind that long ago, and one in which there have been so many changes. However, I found the nursing administration fully appreciative of this (with a planned orientation program), and also found the nursing staff helpful and understanding in every way and never too busy to explain new procedures. It has been tremendously interesting to work in the hospital again—there are so many new things to learn, there's never a dull day! The only complicating factor has been working even these few hours a week into my "regular" schedule. But it can be done and it is worth the effort, for after a while, you begin to feel that you are more of a help than a liability! Try it—it's a whole new life!

Mary Keeler Hirata '49

Vital Statistics

Births

To Mr. and Mrs. Karl Young (Jean Young '66) a son, Karl Edwin, Jr., on March 24, 1967.

To Mr. and Mrs. Vicente Toscano (Patricia Davis '65) a son, Jon Francisco James, on June 17, 1967.

To Mr. and Mrs. William McBride (M. Angela Barron '64) a daughter, Catherine Alexandra, on June 18, 1967.

To Mr. and Mrs. Jacob Bricker (Phyllis Cameron '60) a daughter, Elizabeth Louise, on August 1, 1967.

To Mr. and Mrs. Howard Cohen (Joy Ruth '63) a daughter, Cynthia Ruth, on August 20, 1967.

To Mr. and Mrs. David Johnson (Barbara Anderson '62) a daughter, Kirsten Elizabeth, on August 31, 1967.

To Mr. and Mrs. William Neideck (Jeanne Sherman '61) a daughter, Nancy Susan, on July 11, 1967.

To Mr. and Mrs. David Brown (Jean Taylor '65) a son, David Henry, Jr., on October 8, 1967.

To Dr. and Mrs. James Robb (Carla Robb '67) a daughter, Brenda Lynn, on October 19, 1967.

To Mr. and Mrs. John Hibbard (Bernice Stoner '64) a daughter, Elizabeth Anne, on November 20, 1967.

To Mr. and Mrs. Paul Elsberry, Jr. (Charlotte Cram '63) a son, Paul Knight, on November 22, 1967.

To Mr. and Mrs. Robert Stokes (Kathy Dooley '66) a son, Robert Jerome, Jr., on June 14, 1968.

Marriages

Jean Ruth Fischer '65 to Willem Post on September 2, 1967.

Flora Anne Vigliotti '64 to William Lavery, Jr. on May 11, 1968.

In Memoriam

Katherine Allen (Mrs. W. F. Whitaker) '37 on February 20, 1968.

Elsbeth M. Meuser '38 on October 22, 1967.

Olive Perry (Mrs. Herbert F. Hahn) '28 on November 1, 1967.

Jean Aiken (Mrs. Robert A. Jackson) '41 on November 17, 1967.


Helen Butler (Mrs. Henry Barkhorn, Jr.) '40 on April 15, 1967.

New Directory

A new YUSN Directory will be sent to you sometime in the fall. All alumnae will be mailed a copy.
A Few Alumnae Publications


1969 Reunions

Remember that it is not too early to start planning for next June's reunions. The reunion classes will include: 1964, 1959, 1954, 1949, 1944, 1939, 1934, 1929.

ANA Convention News-Items

Advanced academic training was urged for diploma school graduates... The ANA encourages "nurses to be involved in programs of positive health education to prevent the development of the habit among non-smokers, particularly young people"... The ANA withdrew its policy regarding strikes, leaving it to registered nurses to make their own policy decisions consistent with the law and the nurses' professional responsibilities... Disaster plans that are comprehensive enough to provide care for members of our society in all types of disaster were urged... The ANA set new salary minimums for beginning registered nurses; diploma or associate degree graduates should be getting a yearly minimum starting salary of $7500, and $8500 was the minimum recommended for baccalaureate degree graduates.