Connecticut Training School for Nurses Annual Reports

1901

Twenty-Seventh Annual Report of the Connecticut Training School for Nurses, attached to the New Haven Hospital, New Haven, Conn.

Connecticut Training School for Nurses

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TWENTY-SEVENTH ANNUAL REPORT
OF THE
CONNECTICUT
TRAINING SCHOOL FOR NURSES
ATTACHED TO THE
NEW HAVEN HOSPITAL
NEW HAVEN, CONN.

NEW HAVEN:
THE TUTTLE, WOEKBUSH & TAYLOR COMPANY
1901
President.
Mrs. T. W. T. CURTIS.

Vice-Presidents.
Mrs. SAMUEL COLT, Hartford.  Mrs. EDWIN HARWOOD, New Haven.

Treasurer.
Mr. ROBERT I. COUCH.

Secretary.
Miss E. BETTS.

Auditors.
Mr. ARTHUR D. OSBORNE.  Mr. WILBUR F. DAY.

Committee on Finance.
Mr. WILBUR F. DAY.  Mr. JOHN B. FITCH.

Executive Committee.
Mrs. T. W. T. CURTIS, Chairman.
Mrs. FRANCIS BACON.  Mrs. G. B. FARNAM.
Mrs. CHARLES B. RICHARDS.  Mrs. E. P. MORRIS.
Mrs. E. M. REED.  Mrs. Wm. G. MITTER.
Miss EMILY BETTS.  Miss F. A. GOOCH.
Miss EMILY BETTS.  Mrs. G. M. DUNCAN.
Miss G. R. LOVIS.  Mrs. J. S. ELY.
Mrs. E. L. HEREMANCE.  Mrs. O. G. RAMSAY.
Mrs. C. S. HASTINGS.  Mrs. W. F. MERRILL.
Mrs. B. W. BACON.  FRANCIS BACON, M.D.
Miss F. TERRY.  WM. L. BRADLEY, M.D.
Miss DANIEL C. EATON.  SAMUEL D. GILBERT, M.D.
WM. G. DAGGETT, M.D.

Treasurer of Executive Committee, Miss G. R. LOVIS.

Superintendent of the School.
Miss SCHULTZE.

Assistant Superintendent.
Miss WILLIAMSON.

Examining Physicians of Graduating Class.
Dr. WM. W. HAWKES.  Dr. WILLIAM G. DAGGETT.
Dr. C. A. TUTTLE.  Dr. L. C. SANFORD.
THE ANNUAL MEETING

WAS HELD JANUARY 28, 1901.

ADDRESS BY MRS. CURTIS.

There is a popular fallacy that the dread of growing old, or, at least, of being thought old, is exclusively a foible of woman. "A woman never tells her age," we hear, in tones reproachful or sarcastic. To which it may be fairly rejoined "Why should she?" unless she chooses, except for some legal purpose or in deference to the census bureau? No critic complains that she does not set before a curious world an inventory of other personal property: her yearly income, a list of her lovers, or the cost of her last new bonnet. Why make her birthdays an exception?

But, indeed, when all is said and done, what being endowed with active life, pines for the inactivity of age? Our pet cat purrs contentedly and with seeming happiness in his dotage, but who knows that he may not secretly moralize upon the flight of years and muse regretfully over the days when he was a frisky kitten?

How then of man, with his far higher aims and grander powers? Has there not since the dawn of history been diligent search for the elixir of life and for the fountain of perpetual youth?

But whether we will or no, the years speed on. They await no consent of ours to wing their flight. So little while ago, it seems, that we welcomed each other here and listened to the annual record of our work; and now we are fairly launched upon a new year and a new century. May we not well ask ourselves what have we accomplished, what are we accomplishing?

With two types of old age we are all familiar. There is the man whose ever-narrowing field of vision embraces only personal needs and personal desires: who has no sympathy with youth,
no broad interest in his kind, and who wearies himself and others by fretful repining, as he mournfully bewails the past or gloomily forecasts the future. Far other is the man whose age is an inspiration and a benediction to the young: the helpful hand of whose experience is ever outstretched to them: whose pulses keep time with the throbbing heart of humanity, and who acts upon his belief that,

"Age is opportunity no less
Than youth itself, though in another dress."

And, as with man, so with institutions which are his creation. They may live a narrow, stunted life, falling far behind the world’s grand march, and dropping by the way in premature decrepitude, or they may keep abreast of every forward movement and become more widely and more richly beneficent.

This school of ours is not yet really venerable, but we would have it ever keep the heart of youth. We would have it a living power, working along broad lines of thought. We would have it both wisely conservative and wisely progressive, holding fast the best traditions of the past, keeping in touch with the present and ever ready to be a learner. So may “this child of our affection” grow in knowledge and in usefulness as it grows in years.

SECRETARY’S REPORT.

In presenting an Annual Report, the same story, with slight variations, must necessarily be repeated from year to year. The sick we have always with us, and we are training women to nurse those who need their services. This training can offer very little variety. The variety we perceive, but cannot here describe, is in the personality of those with whom we are brought into contact. The young women have come to us from different homes and with different experiences of life. Each one has her individual realization of life’s duties, and possibilities, and determines while in this School whether she will press forward, and be an honor to her profession, or whether she will be content with the remuneration her profession will bring. It is this feature of our work which gives it a new interest every year.

We have now sixty pupils connected with the School. Twenty-two are externes, ready to take private cases, or missionary cases. Thirty-eight are internes, pursuing a systematic course of study in the hospital. The wards offer a wide experience for bedside nursing, and valuable instruction has been given in the operating room, where there have been 277 operations during the year.

Class recitations are required twice a week except in the summer. The text-books used are:

Kimber’s Anatomy.
Clara Weeks’ Text-book on Nursing.
Probationers’ Notes on Nursing.

The following lectures of the course arranged for this winter have been given:

- The Thorax and Viscera, Dr. Tuttle.
- The Abdomen and contents, "
- The Brain, "
- Digestion and Alimentation, "
- The Blood and Circulation, "
- Preparation of Antiseptic Gauze, Dr. Daggett.
- Typhoid Fever, "
- Typhus Fever, "
Small-pox, Scarlet Fever, Measles, German Measles, Diphtheria, Malaria, Pneumonia, Bacteria.

Dr. Daggett.

Dr. Bartlett.

Their relation to disease.

We would express our thanks to the physicians who have given these valuable lectures.

The new Maternity building which has been given and furnished by a few generous friends met a pressing want. Our previous accommodations for obstetrical practice were unsatisfactory, and consequently we did not have as many cases as we desired. For several years we have sent some of our pupils to New York to receive instruction in this department of nursing. Now that we have a fine building with all the modern equipment, and with rooms for private patients, we hope many who are living in boarding houses or small apartments, may avail themselves of this opportunity to receive good medical attention, good nursing, and quiet, at a moderate price.

Fifteen nurses graduated last year. There were pleasant exercises in the Chapel in June, when the graduates received their diplomas. Addresses were made by Rev. Dr. Baker and Mr. Charles Graves. There was vocal and instrumental music, and a presentation of flowers, and afterwards a social gathering at the Nurses' Home.

We offer our thanks to the physicians who have been so kind as to examine the nurses before they graduate, and also to those who have attended our nurses when they have been ill.

The Prudential Committee has, on behalf of the Hospital, extended to us a hearty cooperation in our work. Mr. Starkweather has been for many years unfailing in his courtesy and kindness to all who are connected with the School.

The year which has just closed has brought much to cheer and encourage us, but it has also brought many changes. Miss Henry, who had been our Superintendent of Nursing for four years, resigned last spring, and her place was filled by Miss Schultze, a graduate of the Philadelphia hospital. Miss Williamson, from the same School, was appointed Assistant Superin-

tendent at the same time. As both have had experience in the newest methods of medical and surgical work, we feel assured that our pupils will receive excellent instruction under their supervision.

Mrs. Coombs, the Matron at the Home, resigned last fall, and her place has been filled by Miss Marchant.

It is with sorrow that we erase from the list of our Committee of Administration the names of two members who have been with us since the School was organized twenty-seven years ago, those of Mrs. T. D. Woolsey and Dr. Moses C. White. The former as a Vice-President had always manifested her interest in the School, and the latter as a member of the Executive Committee had often given us wise counsel, and shown us many acts of kindness.

A quarter of a century must necessarily bring many changes in a committee of persons of mature age. We miss those who have gone. As we look back at the list in our first Report, that of the year 1875, we find there only eight names which will appear again in our present Report.

We have new accessions every year of those who take up the work with interest, and will, we trust, carry it on when those who bore the burden of organization, and early struggles, enter upon their rest.

E. BETTS, Secretary.
DONATIONS.

Mr. F. B. Dexter ........................................ $50.00
Mrs. G. B. Farnam ....................................... 10.00
Mrs. D. C. Eaton ....................................... 10.00
Mrs. L. H. English ..................................... 5.00

DONATIONS FOR NURSES' HOME.

From Mrs. G. B. Farnam, a large rug, a table cover, willow rocking chair, a book case and three sofa pillows.
From Mrs. Heermance, carpeting.

REPORT OF THE GENERAL TREASURER.

Robert I. Couch, Treasurer, in account with The Connecticut Training School for Nurses.

<table>
<thead>
<tr>
<th>Dr.</th>
<th>Jan. To Cash on hand</th>
<th>$ 180.34</th>
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<tr>
<td>InCOME.</td>
<td>General Fund</td>
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<td>Humphrey Fund</td>
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<td>Miller Fund</td>
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<td>Royalty, J. B. Lippincott &amp; Co.</td>
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<td></td>
<td>Donations</td>
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<td></td>
<td>Received from G. R. Lovis, Treasurer Executive Committee, services of Nurses</td>
<td>7,887.94</td>
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<td>Cr.</td>
<td>$9,027.45</td>
<td></td>
</tr>
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<td></td>
<td>By Cash paid G. R. Lovis, Treasurer Executive Committee</td>
<td>$8,398.13</td>
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<tr>
<td></td>
<td>Cash deposited in Conn. Savings Bank</td>
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<td>Jan. 1901 Cash on hand</td>
<td>233.32</td>
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<td></td>
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</tbody>
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E. & O. E.

Robert I. Couch, Treasurer.

Wilbur F. Day, 
Arthur D. Osborne, 
Auditors.
REPORT OF THE TREASURER OF THE EXECUTIVE COMMITTEE.

1900. Dr. Received from Treasurer, Robert I. Couch 8,839.13 Cr.

By payments to nurses $8,744.90
Materials for uniforms 129.33
Making dresses 91.72
Graduation pins 96.00
Graduation expenses 32.33
Printing and advertising 128.10
Current Expenses 179.51
Board of extra nurses 562.66
Extra Instruction 52.00
Collector's fees 35.00
Expenses of Nurses' Home 1,357.55

$8,839.13

G. R. LOVIS.

DETAILED EXPENSES OF NURSES' HOME.

Salary of Matron $820.00
Wages of servant 149.36
Extra cleaning and washing 97.90
Household supplies 168.66
Bedding, towels, etc. 226.48
Repairs on furniture 31.40
Repairs on Home 135.17
Journal and Courier 6.00
Water bills 39.00
Furniture, etc. 228.41

$1,357.55

G. R. LOVIS.

REGULATIONS OF THE SCHOOL.

The Executive Committee of the Connecticut Training School for Nurses has made arrangements with the authorities of the New Haven Hospital for training women desirous of becoming professional nurses. Those wishing to receive this course of instruction must apply to the Secretary of the Society, when, if approved by the Executive Committee, they will be accepted as pupils in the Hospital. The candidate must be over 23 and under 35 years of age and must present a certificate from a clergyman and a physician as to her good moral character and sound health. She will be received for one month on probation, without compensation.

All pupils will be under the authority of the Superintendent of Nursing and subject to the rules of the Hospital. The Superintendent will have full power to decide as to their fitness for the work, and the propriety of retaining or dismissing them within the month of trial. She can also discharge them at any time, with the approval of the Committee of the Training School, in case of misconduct or inefficiency.

Those fulfilling the conditions of the probationary month will be accepted as Pupil Nurses. They must then sign a written agreement to remain under the direction of the School for two years.

When in the Hospital they will be expected to wear a simple uniform dress, which is given to them at the end of the time of probation. They will reside in the Nurses' Home and will be supplied with board, washing and lodging, and also receive during the entire term 200 dollars. This sum is not intended as wages, it being considered that their education is a full equivalent for their services.

The Day Nurses are on duty from 7 a.m. to 8 p.m., but are allowed time for their meals and two hours for rest and recreation. They usually have half a day off duty once a week.

As the institution is not sectarian, there are no services connected with it except evening prayers, which all nurses not on duty are expected to attend.
A vacation of two weeks will be given each year.

Gratuitous care is given in sickness for such time as the Committee may decide, but time so lost must be made up.

During the last eight months of their connection with the School, the Nurses will be assigned to special duties in the Hospital, to missionary cases in this city, or to the care of patients in private families.

THE INSTRUCTION INCLUDES:

1. The dressing of blisters, burns, sores and wounds: the application of fomentations, poultices, and minor dressings.
2. The application of leeches.
3. The administration of enemas.
4. The use of catheter.
5. The keeping of temperature records.
6. The best method of applying friction to the body and extremities.
8. The management of helpless patients: moving, changing, giving baths in bed, preventing and dressing bed sores, and managing positions.
9. The making of patient's bed, and removing sheets while the patient is in bed.
10. The making of accurate observations and recording the various symptoms of the patient.
11. Ventilation.
12. The making of bandages and rollers, and bandaging.
13. The keeping of all utensils perfectly clean.
14. The preparation of nice articles of diet for the sick.
15. Have you a knowledge of arithmetic, including percentage and fractions.
16. Have you read this whole paper? and do you promise to conform to the requirements?

Signed.

Date.

Enclose certificate from clergyman and physician.

CONNECTICUT TRAINING SCHOOL FOR NURSES.

STATE HOSPITAL, NEW HAVEN.

The Nurse, has this day been sent by request of

The charge for her services in this State being $15 a week, and the necessary traveling expenses and washing,

Signed,

DUTIES OF THE NURSE.

The Nurse's time belongs to the family employing her. She is to take entire charge of the patient, and of the room and closets and bath rooms used in connection with it. This care includes ventilation, bed-making, attention to the fire, emptying and disinfecting utensils, sweeping and daily dusting, and oversight of the patient's bed and body clothing, preparation of beef tea and other articles requiring care,
giving all medicines and stimulants—serving of meals—fetching and carrying for the patient, keeping of daily records for the physician, and the writing out of his orders.

All worries of every kind are to be kept away from the sick room, and no gossip about other cases indulged in. The patient's comfort and repose of mind are to be carefully studied by the Nurse.

In slight illness, and when called to confinement cases before needed, the Nurse is to employ her leisure in sewing or other light services for the family. In care of a baby, she will, in addition to the above duties, attend to the rinsing of certain articles of the child's clothing and, when fresh air is necessary for the baby during the first month, she will herself take the child out, if the mother can be left with an assistant, remembering that the Nurse's arms are the only safe place for so young a baby.

On going off duty at any time, the Nurse must leave written directions with her deputy. She is to take entire charge of her own room, and wear the uniform of the School. Not more than eighteen pieces are to be put in the family wash, and no white skirts.

In Hotels, the Nurse performs all the above duties, and will not require from the servants what she would herself attend to in a private home.

The Family is respectfully reminded that the Nurse cannot do justice to her patient without sufficient rest. When day and night watching are required, six hours' unbroken sleep in the twenty-four, and an hour in the fresh air once or twice a week, should be provided for. In confinement cases, the Nurse sleeps near her patient and takes her rest as she can; she must not expect to be out of the house for at least two weeks.

The Nurse's meals should be served before or after the family table, when some responsible person can be left in the sick room.

The Family and Physician are earnestly requested—for the sake of the Nurse, and of those to whom she may be called—to state frankly whether the above duties have been performed, and the Nurse's services have been in all respects acceptable. This paper to be mailed in the accompanying envelope at the close of the engagement.

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The services of the Nurse are this day dispensed with, and the sum of is handed her.

Signed,

REMARKS.

[Copy of paper returned by employers.]

CONNECTICUT TRAINING SCHOOL FOR NURSES.

Persons employing our Nurses are earnestly requested to write upon this paper their honest opinion of the Nurse's services, whether favorable or the reverse, and to forward the same by mail to the head Nurse at the Hospital.

GRADUATES IN 1900.

Miss Alice Baptist, Cobourg, Canada.
Miss Edna P. Bradley, Cooperstown, N. Y.
Miss Penelope Desbrissy, New Brunswick.
Miss Agnes L. DeWynter, Ottawa, Ontario.
Miss Harriet J. Hard, E. Arlington, Vt.
Miss Lydia L. Haupt, Frackville, Pa.
Miss Minnie E. King, Chicopee, Conn.
Miss Isabella Kyles, Camilla, Ontario.
Miss Mary M. LaFontaine, Bridgeport, Conn.
Miss Florence W. Linton, Woodbury, Conn.
Miss Lucy Ethel Parker, Dalton, Mass.
Miss Mary E. Pressey, Waterbury, Conn.
Miss Jean Pursey, Toronto, Canada.
Miss Elizabeth G. Tracy, New Haven, Conn.
Miss Margaret Wixted, Bethel, Conn.
Miss Maud E. Wood, England (1899).
### PUPILS IN THE SCHOOL JANUARY 1, 1901.

<table>
<thead>
<tr>
<th>Externs</th>
<th>Interns</th>
</tr>
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<tbody>
<tr>
<td>Miss Eleanor H. Brown, Miss Annie Benson, Miss Eva Collins, Miss Mary E. Cordan, Miss Ella M. Davison, Miss Christena Doherty, Miss Annie F. Ennis, Miss Annie L. Gettings, Miss Addie J. Hatch, Miss Annie F. Hennessy, Miss Annie E. James, Miss Clara E. Lennox, Miss Julia Mulcahy, Miss Elizabeth C. O'Hara, Miss Inez L. Richardson, Miss Beatie D. Slocum, Miss Jane B. Slocum, Miss Myra Sweetzer, Miss Ida M. Thornton, Miss Lucy L. Wheeler, Miss Anna M. Widman, Miss Josephine A. Wood, Miss Edith M. Hemsted, Miss Anna F. Jeffrey, Mrs. Olive J. Jessup, Miss Lottiea Leighty, Miss Josephine Malcolm, Miss Mary Ann MacDonald, Miss Ellen P. McCarthy, Miss Edith L. Meeker, Miss Olive B. Menich, Miss Edith W. Mills, Miss Florence M. Plant, Miss Jane Plunkett, Miss Alice H. Putnam, Mrs. Mary B. Raynolds, Miss Mary E. Roche, Miss Frances E. Rogers, Miss Life Shaw, Miss Theresa Smiley, Miss Marjory H. Thompson, Miss Eleanor H. Welch, Miss Mary P. Wood, Miss Florence R. Zeitter.</td>
<td>Miss Elizabeth M. Adams, Miss Mary H. Ashley, Miss Rosabel Atwater, Miss Ursula Avery, Miss Elizabeth A. Botton, Miss Edith I. Bowler, Miss Clarice Carter, Miss Catherine Clark, Miss Bertha E. Cole, Miss Dora W. Dunstan, Miss Clara A. Eddy, Miss Carrie V. Fuller, Miss Anna Groeschner, Miss Alice M. Harquail, Miss J. Josephine Harrington, Miss Sadie C. Heinrich, Miss Edith M. Hemsted, Miss Anna F. Jeffrey, Mrs. Olive J. Jessup, Miss Lottiea Leighty, Miss Josephine Malcolm, Miss Mary Ann MacDonald, Miss Ellen P. McCarthy, Miss Edith L. Meeker, Miss Olive B. Menich, Miss Edith W. Mills, Miss Florence M. Plant, Miss Jane Plunkett, Miss Alice H. Putnam, Mrs. Mary B. Raynolds, Miss Mary E. Roche, Miss Frances E. Rogers, Miss Life Shaw, Miss Theresa Smiley, Miss Marjory H. Thompson, Miss Eleanor H. Welch, Miss Mary P. Wood, Miss Florence R. Zeitter.</td>
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