Twenty-Sixth Annual Report of the Connecticut Training School for Nurses, attached to the New Haven Hospital, New Haven, Conn.

Connecticut Training School for Nurses

Follow this and additional works at: https://elischolar.library.yale.edu/ctsn_annual_reports

Recommended Citation
https://elischolar.library.yale.edu/ctsn_annual_reports/14

This Book is brought to you for free and open access by the Yale New Haven Hospital at EliScholar – A Digital Platform for Scholarly Publishing at Yale. It has been accepted for inclusion in Connecticut Training School for Nurses Annual Reports by an authorized administrator of EliScholar – A Digital Platform for Scholarly Publishing at Yale. For more information, please contact elischolar@yale.edu.
TWENTY-SIXTH ANNUAL REPORT
OF THE
CONNECTICUT
TRAINING SCHOOL FOR NURSES
ATTACHED TO THE
NEW HAVEN HOSPITAL
NEW HAVEN, CONN.

NEW HAVEN:
The Tuttle, Morehouse & Taylor Press
1900
President.
Mrs. T. W. T. CURTIS.

Vice-Presidents.
Mrs. T. D. WOOLSEY, New Haven.
Mrs. H. FARNAM, New Haven. 
Mrs. SAMUEL COLT, Hartford. 
Mr. EDWIN HARWOOD, New Haven.

Treasurer.
Mr. ROBERT I. COUCH.

Secretary.
Mr. ROBERT I. COUCH.

Assistant Secretary.
Miss E. BETTS.

Auditors.
Mr. ARTHUR D. OSBORNE.
Mr. WILBUR F. DAY.

Committee on Finance.
Mr. WILBUR F. DAY.
Mr. JOHN B. FITCH.

Executive Committee.
Mrs. T. W. T. CURTIS, Chairman.
Mrs. FRANCIS BACON.
Mrs. CHARLES B. RICHARDS.
Mrs. E. M. REED.
Miss EMILY BETTS.
Mrs. LEWIS H. ENGLISH.
Miss G. R. LOV1s.
Mrs. E. L. HESSEMAN.
Mrs. C. S. HASTINGS.
Mrs. S. L. PENFIELD.
Mrs. T. W. BACON.
Miss F. TERRY.
Mr. ROBERT I. COUCH.
Miss E. BETTS.

Treasurer of Executive Committee, Miss G. R. LOV1s.

Superintendent of the School.
Miss S. HENRY.

Assistant Superintendent.
Mrs. GOLDSMITH.

Examining Physicians of Graduating Class.
Dr. WM. W. HAWKES.
Dr. C. A. TUTTLE.
Dr. WM. W. HAWKES.
Dr. WM. G. DASSETT.

FRANCIS BACON, M.D.

WILLIAM L. BRADLEY, M.D.
ANNUAL MEETING

WAS HELD JANUARY 17, 1900.

ADDRESS BY MRS. CURTIS.

We stand upon the border line of the century, if we have not already crossed it, and, dismissing this mooted question, we may rightfully explore the past, survey the present or suffer imagination to revel in the future.

The pessimist, in solemn tone and with many an ominous shake of the head, will tell us that everything is going wrong. To his mind, all glory of earth has vanished with the past. The present is chaotic confusion; the future, hopeless despair. All our pet dolls, in fact, are stuffed with sawdust.

On the other hand, an extremist of the opposite school finds in this vaunted nineteenth century the one golden age of all the world. He scoffs at old-time ways and old-time worthies, or condescendingly pities their superstition and ignorance. Seemingly he forgets that art has had a Raphael and a Michael Angelo; philosophy a Plato and a Bacon; literature a Horace, a Dante and a Shakespeare, and that science owes something to a Galileo and a Newton. He would pat Socrates upon the head and instruct St. Paul in doctrine. Does it ever occur to him to ask what estimate the coming centuries may place upon our life and our achievements? Will the electric car, the telephone and the ocean cable serve, in the remote future, only as apt illustrations of old fogeyism, and will the bicycle and the automobile be held in especial derision? If we smile at Elizabethan cookery with its recipe for cock ale and its marvels of mythological pastry, if we shudder as we read the list of remedies to which England's merry monarch was treated while he lay dying at Whitehall, can we be certain what verdict may be pronounced a few hundred...
years hence upon the supreme creations of our most famous chef
or even upon our researches in bacteriology and upon what we
now justly term the miracles of modern surgery?

Ours is a changing world, in which to-day must ever yield place
to-morrow. They are the happy ones who, recognizing the
good and true of every age and seeking earnestly a better knowledge and a higher wisdom, can trace through light and shadow,
through success and failure, the law of progress.

One gift, in greater or less degree, is the possession of every
age, the gift of opportunity. Opportunity: the very etymology
of the word is helpful. What safer haven in which to find rest
for our doubts, comfort for our sorrows and inspiration for our
lives, than the occasion offered us of promoting, no matter in how
humble measure, all worthy human interests?

A recently published article entitled, “The Evolution of the
Trained Nurse,” outlines work accomplished since centuries before
the Christian era. Buddhist kings of Cashmere and Ceylon estab-
lished the first semblance of a hospital. In the third century
there was a progressive step in Asia Minor, in the strangers’ or
guests’ houses of the early Christians. That the onward march
of these latter times has been a rapid one, must be realized when we
read that in 1784, in the best Parisian hospital, one bed was the
provision made for eight patients, and that in England still more
recently, the Betsey Prigg and Sairy Gamp, with whom we are
all familiar, were not caricatures of the novelist but portraits
drawn from life. Existing conditions are in pleasing contrast to
all this, yet the march must still be onward, since there are other
worlds to conquer, other heights to be attained.

Our thoughts naturally center, to-day, upon the little world of
our School. Year after year we have listened to the story of
what it has done and what it has attempted to do, and our secre-
tary will presently give us another chapter of its history. We shall
learn what has been accomplished during the past year by our
efficient Superintendent, our Assistant Superintendent and our
pupil Nurses.

Some word also may tell of our graduates and the good or ill
that has befallen them. They are widely scattered now, but,
from time to time, we catch glimpses of their lives. We hear of
them in the homes around us. Perhaps a greeting comes from
far-off Manila, where several who received their training here
are in active hospital service. Then a familiar voice calls to us

from the Relief, as she crosses and recrosses the Pacific; or again
a message of a sadder tone is borne to us, telling that one and
another have fallen at the post of duty, bequeathing to sister
hands the work they had hoped might be their own.

During the quarter of a century which has passed since the
foundation of our School, its opportunities have been many and
varied. The present has its own; the future will have others.
We need not repine that they may be far grander than any
which we have known. We may rejoice, rather, in human pro-
gress, and, neglecting nothing granted to ourselves, we may with
glad and hopeful hearts resign to others the work which we have
begun. So that good work goes on,

“What matter thou or they,
Thine or another’s day.”
SECRETARY'S REPORT.

The progress made during the century which is drawing to a close is the theme which is daily brought into prominence. A special point is often made of the great advance in woman's work, and the acknowledgment it has received. As nursing is essentially a woman's work, may we not claim that the suggestion of organizing a Training School for Nurses is one of the progressive thoughts of the century?

It was a new venture in this country when we advertised for pupils twenty-six years ago. We engaged to do all the nursing in the hospital, and were allowed six nurses. What a small force for the work which must be done! They worked very hard, but perhaps not harder than the thirty-seven now usually on duty. Why? because of the progress of the age. The requirements of the physicians are more and more exacting; the advance in surgery demands more competent assistants; constant vigilance by day and by night is required. We gladly avail ourselves of the latest and most approved methods, and are ambitious to have our School stand where it has always stood, among the best in the country.

Many schools are now requiring a three year's course of study. We should be pleased to place our School on the list, as a long hospital experience is of great advantage to a nurse, but we have not the means to take this progressive step unless our friends will give us liberal contributions for the purpose.

We have now forty-eight pupils connected with the School. Thirteen are externes, ready to take private cases, or missionary cases. Thirty-five are internes, pursuing a systematic course of study in the hospital. The wards offer a wide experience for bedside nursing, and valuable instruction has been given in the operating room, where there have been 266 operations during the year. Class recitations are required twice a week.

The text-books used are:
- Kimber's Anatomy and Physiology.
- Haseltine and Ferguson on Obstetric Nursing.
- Murphy's Pelvic Surgery.
- Clara Weeks' Text-book on Nursing.
- Wilson's Fever Nursing.
- Morris' Materia Medica.

Twenty-five lectures have been given to the pupils.

Two on Physiology and Anatomy, . . . Dr. Kellogg.
Five on Obstetrics, . . . . . . . Dr. Foote.
Six on Surgical Cases, . . . . . . . Dr. L. Bacon.
Two on Materia Medica, . . . . . . . Mr. Smith.
Six on Physiology, . . . . . . . Dr. Tuttle.
Four on Care of Special Surgical Cases, . . . Dr. Sanford.

We would express our thanks to the physicians who have given these valuable lectures.

There have been fifty-one births in our Maternity Ward during the past year. The new building for maternity cases, which has been given by a few kind and generous friends, will probably be opened in the spring. It will accommodate twenty-five patients, and will be fitted up with all the modern improvements. There will be some free beds, and also private rooms for those who wish to pay for seclusion. We hope that its attractiveness will induce many to go there, who have hitherto felt unwilling to be a patient in a hospital.

Twenty-three nurses have graduated since our last report. There were pleasant exercises in the Chapel last June when graduates received their diplomas, and afterwards there was a social gathering at the Nurses' Home. Although our graduates come from different and sometimes distant places, a large number remain here, as this city has become a center for applications for experienced nurses. They have an Alumnae Association, and a Graduate Nurses' Club, and many belong to the St. Barnabas Guild. Old friendships are cemented by social gatherings, and strength of character gained by united effort to press forward to higher attainments.

Another member of our Committee of Administration has recently passed away, Mrs. Kingsley of Waterbury, who has been one of our Vice-Presidents for several years. Although her residence in another city prevented her from taking an active part in our work, she has showed her interest by raising contributions to assist us in building the Nurses' Home. Her sudden death has brought sorrow to many hearts.

Miss Henry, our Superintendent of Nursing, continues to fulfill with faithfulness the varied duties of her office.

Mrs. Goldsmith, the present Assistant, who came from Worcester, highly recommended, has been with us but a short time.
We offer our thanks to the physicians who have been so kind as to examine the nurses before they graduate, and also to those who have attended our nurses when they have been ill.

The Prudential Committee have, on behalf of the hospital, assisted us in some of our progressive efforts, and Mr. Starkweather has been our strong friend for many years. We thank him for his unfailing kindness and courtesy.

E. BETTS, Secretary.

DONATIONS.

Mrs. Thomas G. Bennett ................................ $100.00
Mrs. Charles P. Clark .................................... 100.00
Mrs. D. M. Barney ......................................... 50.00
Mrs. George B. Farnam ................................... 25.00
Mrs. Thomas Hooker ....................................... 5.00
REPORT OF THE GENERAL TREASURER.

Robert I. Couch, Treasurer, in account with The Connecticut Training School for Nurses.

1899.

Jan. To Cash on hand .............................................. $ 18.49

INCOME.

General Fund .................................................. $692.00
Humphrey Fund .................................................. 120.00
Miller Fund ...................................................... 50.00
Donations ........................................................ 280.00
Received from G. R. Lovis, Treasurer Executive Committee, services of Nurses... 4,251.97

Total Income ................................................... $7,712.79

CREDIT.

By Cash paid G. R. Lovis, Treasurer Executive Committee, expenses of School ...... $7,532.45

Balance ............................................................ $ 7,712.79

E. & O. E.

Robert I. Couch, Treasurer.


REPORT OF THE TREASURER OF THE EXECUTIVE COMMITTEE.

1899.

Dr.

Received from Treasurer ........................................ $7,532.45
Sale of books ...................................................... 19.00

Total Dr .......................................................... $7,542.45

Cr.

By payments to nurses ........................................ $5,973.90
Materials for uniforms ........................................... 65.39
Making dresses ..................................................... 56.25
Graduation pins ................................................... 130.00
Printing and advertising ......................................... 50.58
Current expenses .................................................. 96.73
Board of extra nurses ........................................... 266.92
Extra instruction .................................................. 32.00
Graduation expenses .............................................. 16.00
Collector's fees ................................................... 2.00
Expenses of Nurses' Home ......................................... 820.08

Total Cr ........................................................... $7,542.45

G. R. LOVIS.

DETAILED EXPENSES OF NURSES' HOME.

Salary of Matron ................................................ $300.00
Wages of servant .................................................. 156.00
Extra cleaning and washing .................................... 17.67
Household supplies .............................................. 77.65
Bedding, towels, etc. ............................................ 29.82
Repairs on furniture ............................................. 10.00
Repairs on Home .................................................. 42.39
Journal and Courier ............................................. 4.50
Water bills ........................................................ 28.00
Furniture, etc. .................................................... 60.25
Insurance .......................................................... 104.40

Total Expenses ................................................... $850.08

G. R. LOVIS.
REGULATIONS OF THE SCHOOL.

The Executive Committee of the Connecticut Training School for Nurses has made arrangements with the authorities of the New Haven Hospital for training women desirous of becoming professional nurses. Those wishing to receive this course of instruction must apply to the Secretary of the Society, when, if approved by the Executive Committee, they will be accepted as pupils in the Hospital. The candidate must be over 23 and under 35 years of age and must present a certificate from a clergyman and a physician as to her good moral character and sound health. She will be received for one month on probation, without compensation.

All pupils will be under the authority of the Superintendent of Nursing and subject to the rules of the Hospital. The Superintendent will have full power to decide as to their fitness for the work, and the propriety of retaining or dismissing them within the month of trial. She can also discharge them at any time, with the approval of the Committee of the Training School, in case of misconduct or inefficiency.

Those fulfilling the conditions of the probationary month will be accepted as Pupil Nurses. They must then sign a written agreement to remain under the direction of the School for two years.

When in the Hospital they will be expected to wear a simple uniform dress, which is given to them at the end of the time of probation. They will reside in the Nurses' Home and will be supplied with board, washing and lodging, and also receive during the entire term 200 dollars. This sum is not intended as wages, it being considered that their education is a full equivalent for their services.

The Day Nurses are on duty from 7 A.M. to 8 P.M., but are allowed time for their meals and two hours for rest and recreation. They usually have half a day off duty once a week.

As the institution is not sectarian, there are no services connected with it except evening prayers, which all nurses not on duty are expected to attend.

A vacation of two weeks will be given each year.

Gratuitous care is given in sickness for such time as the Committee may decide, but time so lost must be made up.

During the last eight months of their connection with the School, the Nurses will be assigned to special duties in the Hospital, to missionary cases in this city, or to the care of patients in private families.

THE INSTRUCTION INCLUDES:

1. The dressing of blisters, burns, sores and wounds: the application of fomentations, poultices, and minor dressings.
2. The application of leeches.
3. The administration of enemas.
4. The use of catheter.
5. The keeping of temperature records.
6. The best method of applying friction to the body and extremities.
8. The management of helpless patients: moving, changing, giving baths in bed, preventing and dressing bed sores, and managing positions.
9. The making of patients' bed, and removing sheets while the patient is in bed.
10. The making of accurate observations and recording the various symptoms of the patient.
11. Ventilation.
12. The making of bandages and rollers, and bandaging.
13. The keeping of all utensils perfectly clean.
14. The preparation of nice articles of diet for the sick.

Instruction will be given at the bedside of the patient and in classes by the Superintendent, Assistant Superintendent and the attending physicians and surgeons. Courses of lectures are also given.

When the full term is ended, the Nurses thus trained will each receive a diploma signed by physicians of the Committee, the President and other Officers of the School. Efforts will also be made to secure for the graduates positions in Hospitals or in private families where there is sickness.

Special short courses can be arranged to educate missionary nurses for five dollars a week.

Those intending to enter upon home or foreign mission-work would greatly increase their usefulness by such a practical course of training as this School affords.
QUESTIONS TO BE ANSWERED BY CANDIDATE.

1. Name in full, and present address of Candidate?
2. Are you married, single or a widow?
3. If a widow, have you children? How many? Their ages? How are they provided for?
4. Where (if any) was your last situation? How long were you in it?
5. What occupation or employment have you had to the present date, and for how long a period of time?
6. Age last birthday, birthplace and date of birth?
7. Height, in feet and inches? Weight?
8. Where educated?
9. Can you read and write well?
10. Are you strong and healthy in mind and body? And have you always been so?
11. Have you any physical defect?
12. Perfect in sight and hearing?
13. Have you been connected with any Hospital or Training School?
14. The names in full and addresses of two persons to be referred to? State how long each has known you? One of them to be your last employer.
15. Have you a knowledge of arithmetic, including percentage and fractions.
16. Have you read this whole paper? and do you promise to conform to the requirements?

Signed.

Date.

**Enclose certificate from clergyman and physician.**

[**COPY OF PAPER SENT TO EMPLOYERS.**]

**CONNECTICUT TRAINING SCHOOL FOR NURSES.**

**STATE HOSPITAL, NEW HAVEN.**

The Nurse, has this day been sent by request of to nurse in the case of. The charge for her services in this State being $1.5 a week, and the necessary traveling expenses and washing.

Signed.

DUTIES OF THE NURSE.

The Nurse’s time belongs to the family employing her. She is to take entire charge of the patient, and of the room and closets and bath rooms used in connection with it. This care includes ventilation, bed-making, attention to the fire, emptying and disinfecting utensils, sweeping and daily dusting, and oversight of the patient’s bed and body clothing, preparation of beef tea and other articles requiring care.