Twenty-Fourth Annual Report of the Connecticut Training School for Nurses, attached to the New Haven Hospital, New Haven, Conn.

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TWENTY-FOURTH ANNUAL REPORT

OF THE

CONNECTICUT

TRAINING SCHOOL FOR NURSES

ATTACHED TO THE

NEW HAVEN HOSPITAL

NEW HAVEN, CONN.

NEW HAVEN

THE TUTLE, MOREHOUSE & TAYLOR PRESS

1898
President.
MRS. T. W. T. CURTIS.

Vice-Presidents.
Mrs. H. FARHAM, New Haven.  Mrs. EDDIS HARWOOD, New Haven.
Mrs. SAMUEL COLT, Hartford.  Mrs. F. J. KINGSBURY, Waterbury.

Treasurer.
Mr. ROBERT I. COUCH.  Secretary.
Miss E. BETTS.

Auditors.
Mr. ARTHUR D. OSBORNE.  Mr. WILBUR F. DAY.

Committee on Finance.
Mr. WILBUR F. DAY.  Mr. CHARLES A. SHELDON.

Executive Committee.
Mrs. T. W. T. CURTIS, Chairman.
Mrs. FRANCIS BACON.  Mrs. G. B. BARTHOLOMEW.
Mrs. CHARLES B. RICHARDS.  Mrs. ELLERY C. COOLIDGE.
Mrs. E. M. REED.  Mrs. E. P. MORRIS.
Miss EMILY BETTS.  Mrs. CHARLES P. CLARK.
Mrs. LEWIS H. ENGLISH.  Mrs. WALTER DEV. DAY.
Miss G. R. LOVIS.  Mrs. WM. G. MIXTER.
Mrs. E. L. HEERMANCE.  Mrs. E. H. JENKINS.
Mrs. C. S. HASTINGS.  Mrs. F. A. GOOCH.
Mrs. B. L. PENFIELD.  MOSES C. WHITE, M.D.
Mrs. B. W. BACON.  WILLIAM L. BRADLEY, M.D.
Miss F. TERRY.  FRANCIS BACON, M.D.

Treasurer of Exec. Com., Miss G. R. LOVIS.

Committee on Examinations.
HENRY FLEISCHER, M.D.  W. W. HAWKES, M.D.
C. A. TUTTLE, M.D.

Superintendent of the School.
MISS S. HENRY.

Assistant Superintendent.
Mrs. N. J. HILL.
THE ANNUAL MEETING

WAS HELD JANUARY 12, 1898.

ADDRESS BY MRS. CURTIS.

Memory must be busy on each day of our annual meeting. For those of us, especially, who have been long connected with the Training School, she holds many and varied pictures. The early days of the school, the work accomplished in the twenty-four years of its history, the friends who have been so loyal to its interests, these pass before "our mind's eye" in quick succession. Over some of these pictures we gladly linger, for some have the rich coloring of patient courage or cheerful self-sacrifice, and some recall for us the dear faces of fellow workers, who, gone from our sight, have left with us the inspiration of their lives.

If ours is an eminently practical and a somewhat materialistic age, we have not, I believe, lost our reverence for that which is best and noblest. In our heart of hearts we do homage to all right living and tenderly cherish the remembrance of those pure and sunny spirits who have shown us not alone its worth but its beauty.

I have so many times met with you on this occasion, that, bringing to you no new message, it would seem almost an inappropriateness to make any large demands upon your time. I am sure you will be grateful to me if I leave to-day to your imagination the many excellent things I might say were I willing to tax your patience. From our secretary and our treasurer you will hear the story of our work and of our needs. Let me content myself,
therefore, with a simple expression of satisfaction in the work of
the past year and cordial recognition of the effort which has
secured it. To each and to all who have earnestly labored to
promote the best interests of the school, or add to the enjoyment
and comfort of the Home, I give my hearty thanks and sincere
good wishes.

Doubtless the opening year holds for us its own peculiar trials
and difficulties. Our thought shall not anticipate them. "Trust
is truer than our fears," and the blessings of our past are the
pledge and the prophecy for our future.

SECRETARY’S REPORT.

Twenty-four years of hospital nursing represent much self-deny­ing labor for suffering humanity.

How many men, women and children have entered the wards
since this school assumed the responsibility of nursing them. An
unbroken line for twenty-four years! We do not know the pitiable
stories of their past experiences, but we are glad to know that
in their saddest days they have been tenderly cared for, and
received woman’s gentle ministration and sympathy.

In the school there has been also an unbroken line for twenty-
four years. The work has never ceased by day or night. The
timid probationer has become the calm, self-reliant woman; then
an externe; then a graduate; and new probationers have come
every month to fill the places of those who have pressed forward.
Three hundred and eighty-seven pupils have graduated. The
labors of some of these are ended; the others, we trust, are lead­
ing useful lives. We offer them our best wishes, and assure them
of our interest in their success in their chosen field of labor.

We have now fifty pupils in the school; thirteen are externes,
ready to take outside private cases or missionary cases; thirty-
seven are interns, pursuing a course of systematic instruction in
the hospital.

There are in the hospital three wards for men, and two for women,
also a small maternity ward, a ward for children, and seven rooms
for private patients. Our nurses pass a portion of time in each
ward, and thus obtain experience in nursing medical and surgical
cases.

There are nine night nurses always on duty. One, an externe,
is head night nurse. She has a supervision of all the wards, and
attends to cases of emergency in the night.

The Superintendent of Nursing, Miss Henry, has a personal
oversight of every department and is very efficient in the admin­
istration of all her duties.

The assistant superintendent, Mrs. Hill, is fulfilling satisfac­
torily the various duties pertaining to her office.
Classes for text-book recitations for Seniors and Juniors have been held by the superintendent of the school and her assistant, eight times weekly from September to the end of June. Probationer's classes twice weekly for recitations; also instruction in the wards. Thirty births, two hundred and ninety-three surgical operations, and thirteen autopsies, have been attended by the nurses.

The school appreciates the kindness of the physicians who have given the following courses of lectures during the past year:

Twelve on Anatomy and Physiology, Dr. Kellogg.
Nine on Nursing Surgical Cases, Dr. L. Bacon.
Seven on Nursing Medical Cases, Fevers, etc., Dr. Fleischner.
Six on Obstetrics, Dr. Foote.
Two on Practical Demonstration in Urinary Analysis, Dr. Kilbourne.

Instruction in massage, at the bedside, has been given in twenty-four lessons by Mrs. Rawlins of Brooklyn. There has also been diet kitchen practice, with examinations by the committee who have an oversight of that department.

As our maternity ward is too small to give the needed instruction there to all our pupils, we have made an arrangement with the Lying-in-Asylum in New York City, by which eight of our nurses can be received there for three consecutive months every year.

Twenty-eight pupils have graduated since we rendered our last report, and the graduation exercises which were held on March 2d were very interesting. The pretty chapel was filled with guests, and the profusion of flowers which had been sent by friends of the graduating class gave a festive air to the room. Addresses were made by General Merwin and Rev. Dr. Lines, and fine music was given by skilled musicians and by some of the pupils of the school. After the diplomas had been presented, and the flowers distributed, there was a social reception at the Nurses' Home.

We intend that the Nurses' Home shall be what its name implies, not merely a sleeping-place for the night, but a place that is attractive and restful on the off-duty hours, and where there is some merry-making on festival days. We are fortunate in retaining the services of Miss Kellogg as its matron.

We thank Dr. Fleischner, Dr. Hawkes and Dr. Tuttle for examining the students in special branches of study, previous to their examination; also the physicians who have kindly attended to our nurses when they have been ill.

Our thanks are extended to those connected with the hospital whose sympathy and aid have been freely given to us. Mr. Starkweather has been, as heretofore, unfailing in his kindness.

The Prudential Committee has cooperated with us in our efforts to maintain the standard of the school, which we trust will be always such as to merit the approval of the physicians and the public who employ our nurses.
REPORT OF MISSIONARY COMMITTEE.

Owing to the want of sufficient encouragement and support, no regular nurse for missionary work has been employed so far this winter, but during the first four months of the year twenty-five patients were cared for and about two hundred visits made, not including three weeks when a nurse was confined in a tenement house with three diphtheria patients. In some cases the patients were so ill that the nurse had to spend the entire day, in others a daily visit of two hours was enough to supply the much needed help and comfort. In one case, a baby one week old, suffering from ophthalmia, the unremitting care of the nurse saved the child's eyesight, entire days being spent with it, making applications every half hour.

The amount of good done by the nurse cannot be estimated by the number of visits made, as in most of the cases mentioned a call of half an hour would have been a waste of time, hours and even days being spent in ministering to the sick ones, for to the credit of the nurses be it said that they show as much interest and tenderness for those whom they are thus sent to care for, as if the patients were able to pay the full expenses of a graduate nurse.

DONATIONS TO MISSIONARY FUND.

Mrs. Ezekiel H. Trowbridge ........................................ $100.00
Mr. John B. Fitch .................................................. 25.00
Mr. E. Hayes Trowbridge ........................................... 25.00
Mr. J. E. Heaton .................................................. 20.00
Miss Hillhouse .................................................. 10.00
Mrs. O. F. Winchester ........................................... 10.00
Mrs. A. W. Heermann ........................................... 10.00
Mr. Tredwell Ketcham ........................................... 5.00
Mrs. Rutherford Trowbridge ........................................ 5.00

$210.00

MISSIONARY NURSE FUND.

Dr.
Cash on hand .................................................. $38.23
Donations .................................................. 219.00
Fitch Fund .................................................. 49.80
Bronson Fund .................................................. 49.00
Services of nurse ........................................... 8.00

$382.03

Cr.
Services of nurse to May 16th, 1897 ................ $240.00
Board of nurse .................................................. 51.00
Cash on hand .................................................. 41.00

$382.03

G. R. LOVIS.
REPORT OF THE GENERAL TREASURER.

Robert I. Couch, Treasurer, in account with The Connecticut Training School for Nurses.

1897.\n
Dr.

Jan. 8th. To Cash on hand ........................................... $ 28.86

Income.

General Fund ......................................................... 692.00
Humphrey Fund ....................................................... 120.00
Miller Fund ........................................................... 50.00
Royalty on "Handbook for Nursing," J. B. Lip-
pin-cott & Co. ........................................................ 32.16
Connecticut Savings Bank ........................................... 500.00
Received from Miss G. R. Lovis, Treasurer Executive Committee, for services of Nurses ............ 7,144.30

88,815.08

Cr.

By Cash paid to Miss G. R. Lovis, Treasurer Executive Committee, expenses of School ............. $8,315.08

1898.\n
Jan. 8th. To Cash on hand ........................................... $232.24

E. & O. E. ROBERT I. COUCH, Treasurer.

Examined and found correct.

WILBUR F. DAY, 1 Auditors.

A. D. OSBORNE, 2 Auditors.

REPORT OF THE TREASURER OF THE EXECUTIVE COMMITTEE.

1897.\n
Dr.

Received from Treasurer ........................................... $8,815.08

1897.\n
Cr.

By payment to nurses ................................................ 85,969.83
Materials for uniforms ............................................. 83.75
Making dresses ....................................................... 84.50
Graduation pins ...................................................... 180.00
Printing and advertising ........................................... 81.55
Current expenses ................................................... 111.30
Food for diet kitchen .............................................. 5.00
Board of extra nurses ............................................. 617.24
Extra instruction .................................................... 56.00
Collector's fee ....................................................... 1.00
Expenses of Nurses' Home ......................................... 1,152.93

88,815.08

G. R. LOVIS.

DETAILED EXPENSES OF NURSES' HOME.

Salary of Matron ..................................................... $ 300.00
Wages of servant .................................................... 158.00
Extra cleaning and washing ........................................ 39.62
Household supplies .................................................. 69.50
Bedding, blankets, etc. ............................................ 16.90
Repairs on furniture ................................................ 8.48
Repairs on Home ..................................................... 494.75
Journal and Courier ................................................. 6.00
Water bills ............................................................ 58.00
Furniture, carpet, etc. ............................................. 22.86

81,352.90

G. R. LOVIS.
REGULATIONS OF THE SCHOOL.

The Executive Committee of the Connecticut Training School for Nurses has made arrangements with the authorities of the New Haven Hospital for training women desirous of becoming professional nurses. Those wishing to receive this course of instruction must apply to the Secretary of the Society, when, if approved by the Executive Committee, they will be accepted as pupils in the Hospital. The candidate must be over 23 and under 35 years of age and must present a certificate from a clergyman and a physician as to her good moral character and sound health. She will be received for one month on probation, without compensation.

All pupils will be under the authority of the Superintendent of Nursing, and subject to the rules of the Hospital. The Superintendent will have full power to decide as to their fitness for the work, and the propriety of retaining or dismissing them within the month of trial. She can also discharge them at any time, with the approval of the Committee of the Training School, in case of misconduct or inefficiency.

Those fulfilling the conditions of the probationary month will be accepted as Pupil Nurses. They must then sign a written agreement to remain under the direction of the school for two years.

When in the Hospital they will be expected to wear a simple uniform dress, which is given to them at the end of the month of probation. They will reside in the Nurses' Home and will be supplied with board, washing and lodging, and also receive during the entire term $200 dollars. This sum is not intended as wages, but is considered that their education is a full equivalent for their services.

The Day Nurses are on duty from 7 A. M. until 8 P. M., but are allowed time for their meals and two hours for rest and recreation. They usually have half a day off duty once a week.

As the institution is not sectarian, there are no services connected with it except evening prayers, which all nurses not on duty are expected to attend.

A vacation of two weeks will be given each year. Gratuities care is given in sickness for such time as the Committee may decide, but time so lost must be made up.

During the last eight months of their connection with the School, the Nurses will be assigned to special duties in the Hospital, to missionary cases in this city, or to the care of patients in private families.

THE INSTRUCTION INCLUDES:

1. The dressing of blisters, burns, sores and wounds: the application of fomentations, poultices, and minor dressings.
2. The application of leeches.
3. The administration of enemas.
4. The use of catheter.
5. The keeping of temperature records.
6. The best methods of applying friction to the body and extremities.
8. The management of helpless patients: moving, changing, giving baths in bed, preventing and dressing bed sores, and managing positions.
9. The making of patients' bed, and removing sheets while the patient is in bed.
10. The making of accurate observations and recording the various symptoms of the patient.
11. Ventilation.
12. The making of bandages and rollers, and bandaging.
13. The keeping of all utensils perfectly clean.
14. The preparation of nice articles of diet for the sick.

Instruction will be given at the bedside of the patient and in classes by the Superintendent, Assistant Superintendent and the attending physicians and surgeons. Courses of lectures are also given.

When the full term is ended, the Nurses thus trained will each receive a diploma signed by physicians of the Committee, the President and other Officers of the School. Efforts will also be made to secure for the graduates positions in Hospitals or in private families where there is sickness.

Special short courses can be arranged to educate missionary nurses, for five dollars a week.

Those intending to enter upon home or foreign mission-work would greatly increase their usefulness by such a practical course of training as this school affords.
QUESTIONS TO BE ANSWERED BY CANDIDATE.

1. Name in full, and present address of Candidate?
2. Are you married, single or a widow?
3. If a widow, have you children? How many? Their ages? How are they provided for?
4. Where (if any) was your last situation? How long were you in it?
5. What occupations or employments have you had to the present date, and for how long a period of time?
6. Age last birthday, birthplace and date of birth?
7. Height, in feet and inches? Weight?
8. Where educated?
9. Can you read and write well?
10. Are you strong and healthy in mind and body? And have you always been so?
11. Have you any physical defect?
12. Perfect in sight and hearing?
13. Have you been connected with any Hospital or Training School?
14. The names in full and addresses of two persons to be referred to? State how long each has known you? One of them to be your last employer.
15. Have you a knowledge of arithmetic as far as percentage?
16. Have you read this whole paper? and do you promise to conform to the requirements?

Signed.
Date.

Enclose certificate from clergyman and physician.

[COPY OF PAPER SENT TO EMPLOYERS.]

CONNECTICUT TRAINING SCHOOL FOR NURSES.
STATE HOSPITAL, NEW HAVEN.

The Nurse, has this day been sent by request of

to nurse in the case of

The charge for her services in this State being $12 a week, and the necessary traveling expenses and washing.

Signed,

DUTIES OF THE NURSE.

The Nurse's time belongs to the family employing her. She is to take entire charge of the patient, and of the room and closets and bath rooms used in connection with it. This care includes ventilation, bed-making, attention to the fire, emptying and disinfecting utensils, sweeping and daily dusting, and oversight of the patient's bed and body clothing, preparation of beef tea and other articles requiring care, giving all medicines and stimulants—serving of meals—fetching and carrying for the patient, keeping of daily records for the physician, and the writing out of his orders.

All worries of every kind are to be kept away from the sick room, and no gossip about other cases indulged in.

The patient's comfort and repose of mind are to be carefully studied by the Nurse.

In slight illnesses, and when called to confinement cases before needed, the Nurse is to employ her leisure in sewing or other light services for the family. In care of a baby, she will, in addition to the above duties, attend to the rinsing of certain articles of the child's clothing, and when fresh air is necessary for the baby during the first month, she will herself take the child out, if the mother can be left with an assistant, remembering that the Nurse's arms are the only safe place for so young a baby.

On going off duty at any time, the Nurse must leave written directions with her deputy. She is to take entire charge of her own room, and wear the uniform of the School. Not more than eighteen pieces are to be put in the family wash, and no white skirts.

In Hotels, the Nurse performs all the above duties, and will not require from the servants what she would herself attend to in a private house.

The FAMILY is respectfully reminded that the Nurse cannot do justice to her patient without sufficient rest. When day and night watching are required, six hours' unbroken sleep in the twenty-four, and an hour in the fresh air once or twice a week, should be provided for. In confinement cases, the Nurse sleeps near her patient and takes her rest as she can; she must not expect to be out of the house for at least two weeks.

The Nurse's meals should be served before or after the family table, when some responsible person can be left in the sick room.

The FAMILY AND PHYSICIAN are earnestly requested—for the sake of the Nurse, and of those to whom she may be called—to state frankly whether the above duties have been performed, and the Nurse's services have been in all respects acceptable. This paper to be mailed in the accompanying envelope at the close of the engagement.

The services of the Nurse are this day dispensed with, and the sum of

is handed her.

Signed,

REMARKS.

[COPY OF PAPER RETURNED BY EMPLOYERS.]

CONNECTICUT TRAINING SCHOOL FOR NURSES.

Persons employing our Nurses are earnestly requested to write upon this paper their honest opinion of the Nurse's services, whether favorable or the reverse, and to forward the same by mail to the head Nurse at the Hospital.
THREE HUNDRED AND EIGHTY-SEVEN PUPILS

Have graduated since the School was opened.

GRADUATES OF 1897.

Mrs. Corn D. Atwood, New Haven, Conn.
Miss Annie E. Barren, Hartford, Conn.
Miss Maud E. Churchill, Waterbury, Conn.
Miss Frances L. Crockett, Passekong, N. B.
Miss Jeannie S. Downs, Chestertown, N. Y.
Miss Susie E. Eames, New Haven, Conn.
Miss Esther Y. Hasson, Baltimore, Md.
Miss Hattie B. Hutchins, New Haven, Conn.
Miss Myra A. Lyman, Grinnell, Iowa.
Miss Adelia MacMartin, Montreal, Canada.
Miss Mary J. McCloud, Norwich, Conn.
Miss Celeste J. Nicholson, Toronto, Canada.
Miss Kate E. O'Sullivan, New Haven, Conn.
Mrs. Ella L. Page, Bantam, Conn.
Miss Hattie L. Pardee, Guilford, Conn.
Miss Delia Randall, Walla Walla, Wash.
Miss Corn A. G. Scott, Mandan, Florida.
Miss Millie E. Stevens, S. W. Ousego, N. Y.
Miss Margaret J. Wallner, Bellevue, Nebraska.
Miss Catherine A. Walsh, Hadley, Mass.
Miss Minnie E. Walsh, Hadley, Mass.
Miss Laura E. Wells, Toronto, Canada.
Miss Mary C. Williams, Middletown, Conn.
Miss Annie B. Young, Marietta, Georgia.

PUPILS IN THE SCHOOL JANUARY 1, 1898.

Externes.

Miss Abby Barr, Haddam, Conn.
Miss Belle L. Cobbertt, Salisbury Point, Mass.
Miss Minnie Eldridge, Sharon Springs, N. Y.
Miss Eugheena Ferguson, Toronto, Canada.
Miss Sara R. Hammond, Newport, R. I.
Miss Frank Hunter, Douglasburg, Canada.
Miss Mary T. Lyman, Toronto, Canada.
Miss Sarah L. Moore, Waverly, Ill.
Mrs. Helen T. Morris, Watertown, Conn.
Miss Myrtle Titman, East Canaan, Conn.
Mrs. Lillian H. Vars, Colchester, Conn.
Miss Alice M. Walters, South Norwalk, Conn.

Internes.

Miss Marie Anderson, South Norwalk, Conn.
Miss Mary Barrett, Brooklyn, N. Y.
Mrs. Norma T. Beckford, Gaylordsville, Conn.
Miss Edna P. Bradley, Cooperstown, N. Y.
Miss Eva J. Butler, Hull, Canada.
Miss Susan A. Burr, Haddam, Conn.
Miss Annie R. Clark, New Haven, Conn.
Miss Kate W. Clark, Toronto, Canada.
Miss Hanna Colbert, Pittsfield, Mass.
Miss Mary C. Dockman, Nova Scotia.
Miss Agnes L. deWynter, Ottawa, Ont.
Mrs. Kittie Daley, Beaver, Mass.
Miss Katherine Earley, Meriden, Conn.
Miss Catherine E. Fitzpatrick, Bridgeport, Conn.
Miss Katherine E. Flagg, West Torrington, Conn.
Mrs. Sarah E. French, Long Hill, Conn.
Miss Isabelle Garner, Derby, Conn.
Miss Mary Alice Gill, Southington, Conn.
Miss Laura M. Hafer, Philadelphia, Pa.
Mrs. Lottie P. Hanford, Bridgeport, Conn.
Miss Harriet J. Hard, East Arlington, Vt.
Miss Augusta Heckman, Fayette, N. Y.
Miss L. Grace Maiden, Tarkio, Mo.
Miss Mary McDermott, New Haven, Conn.
Mrs. Hannah McDermott, Newtown, Conn.
<table>
<thead>
<tr>
<th>Name</th>
<th>Location</th>
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<tbody>
<tr>
<td>Miss Lulu V. Powley</td>
<td>Orillia, Canada</td>
</tr>
<tr>
<td>Miss Susan Reeves</td>
<td>Eganville, Ontario</td>
</tr>
<tr>
<td>Miss M. Jennie Reynolds</td>
<td>Bristol, Conn.</td>
</tr>
<tr>
<td>Miss Jennie E. Shelton</td>
<td>Shelton, Conn.</td>
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<tr>
<td>Miss Florence Shiland</td>
<td>Cambridge, N. Y.</td>
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<tr>
<td>Miss Jane Squier</td>
<td>Danbury, Conn.</td>
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<tr>
<td>Miss Kate J. Tierney</td>
<td>Westfield, Mass.</td>
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<tr>
<td>Miss Grace J. Warrington</td>
<td>Washington, Conn.</td>
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<tr>
<td>Miss Minnie E. Werden</td>
<td>Pittsfield, Mass.</td>
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<tr>
<td>Miss Margaret Wixted</td>
<td>Bethel, Conn.</td>
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<tr>
<td>Miss Maude E. Wood</td>
<td>England</td>
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