Fourteenth Annual Report of the Connecticut Training School for Nurses, attached to the New Haven Hospital, New Haven, Conn.

Connecticut Training School for Nurses

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FOURTEENTH ANNUAL REPORT
OF THE
CONNECTICUT
Training School for Nurses
ATTACHED TO THE
NEW HAVEN HOSPITAL,
NEW HAVEN, CONN.

NEW HAVEN: TUTTLE, MOREHOUSE & TAYLOR, PRINTERS.
1888.
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THE SCHOOL HAS BEEN CORDIALLY ENDORSED BY THE FOLLOWING GENTLEMEN.

Ex-President PORTER, New Haven.
Ex-President Woosley.
Rev. LEO NARD BACON,
Rev. B. G. Northrop, Clinton.
Rev. LEONARD BACON,
Rev. B. G. NORTHROP,
Rev. B. G. Northrop, Clinton.
Levi Ives, M.D.,
Robert S. Ives, M.D.,
Francis Bacon, M.D.,
S. G. Hubbard, M.D.,
M. C. White, M.D.,
LEO NARD J. SANFORD, M.D.,
WM. L. Bradley, M.D.,
G. B. Farnam, M.D.,
S. H. Chapman, M.D.,

Bishop WILLIAMS, of Connecticut.

To churches, the Society desires to state that pupils can be received by the school, and educated as Missionary Nurses, for five dollars a week. Those intending to give their time to home or foreign missions would greatly increase their usefulness by such a practical course of training as this school affords.

Earnest and self-denying women may here find a remunerative profession that will make their presence a blessing wherever they may be called.

Information concerning the school will be furnished by any of the members of the Executive Committee of the Society.
COMMITTEE OF ADMINISTRATION.

President.
MRS. NOAH PORTER.

Vice-President.

RULES FOR PUPILS.

The Committee of the Connecticut Training School for Nurses have made arrangement with the authorities of the New Haven Hospital for giving one year's training to women desirous of becoming professional nurses. Those wishing to receive this course of instruction must apply to the Secretary of the Society, when, if approved by the Executive Committee, they will be accepted as pupils in the Hospital. The candidates must be over 24 and under 40 years of age and must present a certificate from a clergyman and a physician as to their good moral character and sound health. They will be received for one month on probation, without compensation.

They will be under the authority of the Superintendent of Nursing, and subject to the rules of the Hospital. The Superintendent will have full power to decide as to their fitness for the work, and the propriety of retaining or dismissing them within the month of trial. She can also discharge them at any time, with the approval of the Committee of the Training School, in case of misconduct or inefficiency.

Those fulfilling the conditions of the probationary month, will be accepted as Pupil Nurses. They must then sign a written agreement to remain under the direction of the School for nineteen months. They will reside in or near the Hospital, and serve as nurses in the wards for men and women. They will pass through the different wards of the Hospital, serving and being taught for twelve months, and will be supplied with board, washing and lodging as an equivalent for their services. No charge is made for instruction, and they receive 182 dollars during the entire course of study for small personal expenses. Two vacations will be given during the term; one of two weeks and one of a month. During the last six months of their connection with the School, the nurses will be assigned to special duties in the Hospital, or sent to the care of patients in private families.
TRAINING SCHOOL FOR NURSES.

THE INSTRUCTION INCLUDES:

1. The dressing of blisters, burns, sores and wounds; the application of fomentations, poultices, and minor dressings.
2. The application of leeches.
3. The administration of enemas.
4. The use of catheter.
5. The keeping of temperature records.
6. The best methods of applying friction to the body and extremities.
7. The management of helpless patients; moving, changing, giving baths in bed, preventing and dressing bed sores, and managing positions.
8. Bandaging, making bandages and rollers.
9. Making patients' beds, and removing sheets while the patient is in bed.
10. The keeping of all utensils, sponges, bed, tables, etc., perfectly clean.

The Pupil Nurses will be taught the preparation of nice articles of diet, and of drinks and stimulants for the sick; also to understand the art of ventilation, and to make accurate observations of the various symptoms of the patient, and report them to the physician.

Teaching will be given at the bedside of the patients and in classes, by the Superintendent of Nursing.

While in the Hospital, the Pupil Nurse will be expected to wear a simple uniform dress, to be decided upon by the Committee. Such a dress is adopted by all the Sisterhoods of Europe, and enables the physician on entering a ward at once to distinguish the nurse from all other persons.

When the full term is ended, the nurses thus trained will each receive a certificate of ability and good character, signed by a physician of the Committee, and by the President of the Society.

Efforts will also be made to secure for the graduates positions in Hospitals or in private families where there is sickness. The certificates will require to be renewed at fixed periods, in order to prevent the public from being imposed upon, and to keep up the nurses' interest in the School.

ADDRESS OF THE PRESIDENT

AT THE

ANNUAL MEETING, JANUARY 18, 1888.

The Connecticut Training School for Nurses, was organized and opened, fourteen years since, with a head nurse and six pupil nurses, whose narrow quarters were in the main Hospital building, where they were never beyond the sight and sound of suffering, and the restraint was enervating and depressing.

Now, we have an assistant head-nurse and thirty-one pupils. The drill and discipline are admirable, and the work of the School goes on smoothly and effectively. It has a large and convenient building of three stories, with a wing in which are rooms and complete arrangements for any of the nurses who may be ill, and can be entirely isolated in cases of contagious disease. There they sleep and spend their time when off duty, and the advantage of a house where they can unbend, and forget for the time their trying occupation, must be evident to all.

Besides instruction of various kinds they have hitherto received, and their practice in making dishes in the diet kitchen for the patients, a regular cooking class is in operation, which qualifies all the graduates to prepare necessary and peculiar food for patients entrusted to their care, the want of which is often a disadvantage to those suffering or recovering from illness.

Our expenses are heavy, and a larger fund, or greater annual subscriptions would increase the usefulness and improve the health of our nurses, and might be applied with advantage, to enlarging the number of our pupil nurses, which is not always equal to the emergency, and more work is needed than our present number can accomplish without much strain on their strength. The Hospital cannot afford to give board and washing to more, and
two or three in addition would relieve the nurses who sometimes break down, and always suffer more or less when a greater amount of work than usual comes upon them.

It would also, afford at times, a larger number to meet demands which are fruitlessly made for them from patients all over the State.

Our success should, however, encourage us to hope, that in the future as in the past, the friends of the school will realize our necessities, and enable us to meet emergencies as they may occur, and keep it abreast of the growing wants of the time.

REPORT OF THE SECRETARY.

The year has been one of rather more than usual prosperity in some directions.

Miss Creemer has continued as Superintendent of Nursing, to the lasting benefit of the School, since to her faithfulness and ability, and to that of her assistant, Miss Beardsley, do we owe a great share of our success. The character of the nurses has continued high; there has been less necessity for discipline than ever before and the high standard of marks reached in these later years has been kept up. They are a body of earnest self-denying women and have shown the true spirit of their profession in answering calls for attendance upon an unusually large number of cases of contagious disease.

There have been eight hundred and forty cases treated in the Hospital this year, of which a much larger proportion than customary were acute. Of surgical cases there have been four hundred and fifty-six, and there have been one hundred and five operations at which nurses were present to assist.

During the year, the nurses have received instruction as follows:

Twelve lectures on general subjects by Dr. Moody.

One on "Urine" by Dr. Fleischner.

One on Electricity and its application by Dr. Thacher.

Practical instruction in obstetrics to the senior nurse in seventeen confinement cases, four or five pupils present at each case.

Very careful clinical instruction at the bedside by the Hospital staff of Physicians.

The use of the electric battery.

The regular tri-weekly recitations held by the Superintendent of Nursing for the entire School from Handbook of Nursing, and various text-books of Anatomy and Physiology.

An improved course in the Diet Kitchen under Miss Beardsley’s special direction, with examinations at the end of the year.

Also there have been the usual quarterly examinations in presence of members of the Executive Committee, Miss Strong and Mrs. E. M. Smith receiving prizes.
Six nurses have taken the special course of two months in the Lying-in Hospital in New York.

The present number of nurses in the School is forty-two, including the Superintendent of Nursing and the Assistant. Sixteen of these are following the latter part of the course of the School, nursing in private families; and twenty-four are in the first year of study.

Twenty-four nurses have graduated during the year, and to Dr. Bradley we owe thanks for examining all candidates for diplomas.

The number of calls for nurses has been three hundred and forty-seven, a larger number than ever before; one hundred and ninety-seven were referred to graduates, and one hundred and fifty only were answered by our own nurses. A much larger number might have been sent by the School, but so many extra nurses have been ordered by the Hospital physicians in attendance upon acute cases that it has been necessary to keep in the Hospital our outside nurses who would otherwise be working in private families. This results in a financial loss to the School, but is in no way detrimental to the education of the nurse.

We have been the grateful recipients of a legacy of three thousand dollars from Mrs. Urania Battell Humphrey, of Norfolk, Conn., who has long been a friend to the Training School, and from whom this is not the first of good gifts.

The interest from the missionary fund during the year has given much aid and comfort to various cases of distress.

We also thankfully acknowledge the courtesy shown by the Hospital Society, by the Superintendent Mr. Starkweather, and all the Hospital officials.

It has been decided by the Executive Committee to make the attempt to carry out a long cherished plan, and increase the usefulness of the institution in a new way much needed by the community. It is proposed to keep a trained nurse steadily at work among the sick poor of the city. Her services will be rendered at the request of various of the charitable societies, although she will continue under the care and direction of the Training School. The funds are at present insufficient to insure the success of the undertaking for any length of time, but it is hoped the experiment will so commended itself to the friends of the School that generous gifts will enable a permanent fund to be established for this especial object.

DETAILS OF THE PLAN OF DISTRICT NURSING.

"The plan is to assign a nurse who has been a year in training to duty among the sick poor, giving certain societies the privilege of sending to the Hospital for the services of such a nurse. Tickets are to be distributed to these societies and on their presentation at the Hospital, with statement of address of patient and the name of society sending, a nurse will visit the sick person and render the necessary aid. The nurse will divide her day among a stated number of sick, going from house to house, as occasion requires.

She will only as an exceptional thing and for very serious cases be absent from the Hospital at night.

Contagious cases cannot be visited, as one such would cut off from the nurse's care all other poor persons who might require her attention.

No serious case will be undertaken by the nurse unless a responsible physician is in charge.

The nurse will be expected to give her attention not only to the sick but to the cleanliness of the room and of all its adjuncts, to ventilation and to the care of sick diet.

As comforts of all kinds will be required for the poor, second-hand clothing, old cotton or flannel, calico for window curtains, towels, soap, brushes and combs, tambliers, spoons, cushions, pins, in short, any and everything needed in the care of the sick poor in their own homes will be most acceptable and may be sent to the Nurses' Home, Howard avenue, marked for the District Nurse.

Money for the purchase of car tickets, disinfectants, and for materials for sick diet, may be sent to Mrs. William Fitch, 185 Church street, Mrs. Leonard J. Sanford, 216 Crown street, or to Miss Creemer, Superintendent of Nursing at the Hospital."
ATTENTION IS INVITED TO THE FOLLOWING CERTIFICATES.

[From William D. Dutton, Esq.]
Watch Hill, R. I., Aug. 14th, 1887.
Miss B—— has served me in the most satisfactory manner, and I cannot speak too highly of her general efficiency and intelligence as shown in what she has done for me.

[From W. P. Smoll, M.D.]
GREAT BARRINGTON, Mass.
Miss H. S—— has discharged her duties as nurse in a manner not only satisfactory to patients and physician, but she has won our highest regard and gratitude for the bravery and self-sacrificing spirit which she has shown in her work. (Six cases of diphtheria.)

[From Henry de Vries, D.D.]
132 W. 44th St., New York City.
It gives me great pleasure to present my thanks for sending to us in our need, such a patient, faithful nurse as we have found Miss B—— to be. She came to us at Southington, and by her quiet and earnest labor of love, soothed the last earthly hours of a dear old father.

[From F. D. Edgerton, M.D.]
MIDDLETOWN, Conn.
It affords me very great pleasure to certify to the capacity of Miss W——, one of your pupils, who has been taking care of Mrs. W——. She has not only given entire satisfaction, but has shown self-sacrificing enthusiasm and kindly sympathy which have made her services unusually agreeable.

[From Mrs. O. F. Winchester.]
New Haven, Sept. 7, 1887.
It is with pleasure that I can testify to Miss B——'s faithfulness and acceptance in my family as nurse.

[From Mrs. John English.]
New Haven, Conn.
I can most cheerfully recommend Miss B—— as a competent, reliable and satisfactory nurse in all respects.

[From W. C. Burke, M.D.]
South Norwalk, Conn., Oct. 4th, 1887.
Miss B—— has had a very hard case as well as an exceedingly trying place to fill, and her conduct and services under the circumstances have been eminently gratifying and acceptable to me.

[From B. L. Lambert, M.D.]
New Haven, Conn.
This certifies that I consider Miss M—— a faithful, kind and sympathetic nurse, carefully attending to all details and especially well fitted to take charge of any case requiring skill and good judgment. Her services in the present case were valuable.

[From Mrs. G. W. Hazel.]
New Haven, Conn., April 14, 1887.
During the ten weeks Miss A—— has been at our house, we have found her at all times bright and cheerful, untroubling in her efforts to relieve and comfort my husband in his severe illness, and a thoroughly competent nurse. I cannot say too much in her favor.

[From Mrs. Clarence Dunning.]
New Haven, Conn., May 15, 1887.
Miss V—— was thoroughly competent, faithful and kind, and I wish her every success in the profession she is so well fitted to fill.
I take pleasure in saying that Miss R——, who has been attending my wife since the 5th inst., has shown herself a kind, attentive and painstaking nurse. Her engagement has proved a very satisfactory one to both Mrs. Wright and myself.

Miss B—— has been most attentive and devoted and has given entire satisfaction.

Miss W—— who has taken care of Miss D—— for the past two weeks, has proved to be just the one for the place. Miss W—— has decision and firmness but is also very kind and gentle. She is in my opinion an excellent nurse.

It gives me great pleasure to assure you that the services of Miss W—— were not only entirely acceptable, but very grateful, and I most cheerfully commend her to any in need of her services, as a faithful, kind and loving nurse. My daughters unite with me in this testimonial.
It is with pleasure that I hereby give testimony to the kindness, faithfulness and thoroughness of Miss L—- who has occupied the position of nurse to a young lady under my professional care for the past week, giving perfect satisfaction in every way.

[From Miss S. D. Ripley.]

HARTFORD, CONN.

I part with Miss B—— with great regret, having found her an indefatigable, kind, patient nurse, performing many disagreeable duties most cheerfully and with sympathetic care and attention.

Physicians or others desiring to secure the services of trained nurses for men or women, medical or surgical patients, should apply by telegraph or letter, stating the nature of the case, to the Superintendent of Nursing, New Haven Hospital.

The price per week for the services of a nurse sent from the Hospital to a family in this State is $12.00 and her expenses. If a nurse is sent out of this State, the price will be $15.00 per week and travelling expenses, $3.00 per week being added in case of contagious disease. It cannot be too strongly impressed upon the public that it is true economy, and safer for the patient, to employ a reliable nurse, than to indulge in a natural but misplaced sentiment, which sacrifices the strength of an entire family to the care of one invalid member.

GRADUATES.

* Graduates who have had their diplomas renewed.
** Have received RED SEAL: recommended as qualified for official position in hospitals.
† Married.
‡ Deceased.

Miss Lucena Van Werten,* Rocky Hill, Conn.
Miss Mary Riley,* Fair Haven, Conn.
Miss Ellen V. Clark,* West Haven, Conn.
Miss Rachel Bailey,** Northampton, Mass.
Miss Elizabeth Elder, Northampton, Mass.
Miss Chloe Roberts,** Winsted, Conn.
Miss Sarah Morris,**—— Vermont.
Miss Sarah Newell,* Ashburn, Ohio.
Miss Cynthia Langdon, Hatfield, Mass.
Mrs. Oliver Kinnie, Rockport, N. Y.
Miss Susan Lyman, Hartford, Conn.
Miss Emma Perry,† Plainville, Conn.
Miss Ellen Sykes,** Suffield, Conn.
Mrs. Theresa Chevrolet,* New Haven, Conn.
Miss Caroline Wilson,*——, Missouri.
Mrs. Hopkins, appointed Matron at Mary Fletcher's Hospital, Burlington.
Miss Elizabeth K. Bundy, for two years Superintendent, out of the Connecticut Training School,** Oxford, N. Y.
Miss Marie Reinersen,*** Washington, D. C.
Miss Emma Bolton, Hartford, Conn.
Miss Penelope Allison,** Milwaukie, Wis.
Mrs. Mary Lewis,** Farmington, Conn.
Mrs. L. M. Creemer,** New Haven, Conn.
Miss Alice Burnham,* Woodbridge, Mass.
Miss Abbie Abbott,** Cambridge, Mass.
Miss Almira Mitchell,* Pittsburgh, Penn.
Miss Cora Folsom,*——.
TRAINING SCHOOL FOR NURSES.

Miss Mary S. Lovejoy,** Princeton, Ill.
Miss Jeanie Pratt,** Chester, Conn.
Miss Emma Redfield, Saybrook, Conn.
Miss Carrie W. Riggs, Woburnville, Conn.
Miss Elizabeth Hubbell, Buffalo, N. Y.
Miss Mary Townsend,* Flushing, L. I.
Miss Mary A. Field,** Haddam Neck, Conn.
Mrs. Alice Strong, Hartford, Conn.
Miss Sarah Lamb,* Boston, Mass.
Miss Sarah Duffee,** Darien, Conn.
Mrs. Julia Sanford,* West Morris, Conn.
Miss Caroline Fechter,** Pittsburgh, Penn.
Miss Alice H. Colton, some years Superintendent of Training School, Homoeopathic Hospital, Buffalo, N. Y.*
Miss Mary A. Andrews, Laindon, N. Y.
Miss Jeanie L. Bacon,** Langdon, N. H. B.
Miss Ada J. Porter, Superintendent of Nursing, Hamp-
ton Normal School, Va.,** Nangaluck, Conn.
Mrs. M. E. Margaritoyd,** Poughkeepsie, N. Y.
Mrs. J. A. Wilcox.
Miss Caroline Griffin,* Barrytown, N. Y.
Miss Kate Van Voorhis, Stratford, Conn.
Miss Christiana Duff, New Brunswick.
Miss Charlotte B. Jabl, for two years Superintendent of Springfield Hospital, Massachusetts.
Miss Anna G. Clement, Superintendent of Nursing, Pittsfield Cottage Hospital,** Tilton, N. Y.
Miss Elizabeth Cremer, Superintendent of Connecti-
cut Training School for Nurses,** Port Chester, N. Y.
Miss Emily Lea, Marion, Conn.
Miss Helen A. Bruntain,** Syracuse, N. Y.
Miss Elizabeth H. Gorton,† New London, Conn.
Miss Emma E. Hawkes,** Buffalo, N. Y.
Miss Mary E. Cuit,* Norwich, Conn.
Miss Mary J. Walker, Detroit, Mich.
Miss Julia E. Love, Bellows, N. Y.
Miss Eva A. Castle, Matron and Head Nurse of Hos-
pital in Northampton, Mass.

TRAINING SCHOOL FOR NURSES.

Miss Matilda H. Ramsey,* Palmer, Mass.
Miss Estella Merriman,* Plantsville, Conn.
Miss Lottie E. Krach,* Norwich, Conn.
Miss Emma F. Ball, Athens, Vermont.
Miss Alice Ellis, Philadelphia, Penn.
Miss Mary E. Cook,* Varysburg, N. Y.
Miss Theresa Trimper,* Stockbridge, Mass.
Miss Beiss A. Miner, Mew London, Conn.
Miss Edith E. Hollister,* Monroe, Conn.
Mrs. Charissa H. Pike, Lady Superintendent of the City Hospital Training School, Worcester, Mass,** Providence, R. I.
Miss Josephine G. Peck,* Plainville, Conn.
Miss Agnes M. Sheldon,* Cadiz, N. Y.
Miss Frances J. Flagg,* Cambridge, Vermont.
Miss Lizzie M. Kinsman,* Keene, N. H.
Mrs. Eliza A. Clark, Manchester, N. H.
Miss Lottie K. Smith,* Massfield, Mass.
Miss Martha T. Hall, Wallingford, Conn.
Miss Anna F. Riley, Sandy Hill, N. Y.
Miss Anna C. Gorvan,† Middletown, Conn.
Mrs. Abila Tegger, Danville, N. Y.
Miss Nina Young, in charge of St. Peters Hospital, Helena, Montana, Marietta, Georgia.
Mrs. Emma J. Lucas, Assistant Head Nurse of St. Peters Hospital, Helena, Montana,* Peoria, Ill.
Miss Anna C. Learned, New London, Conn.
Miss Cora B. McCreary, Elmira, N. Y.
Miss Anna Stackhouse,† Fallsington, Penn.
Miss Kate A. Butts,* Wassaic, N. Y.
Miss Marie Hubbell,* Hubbell's Falls, Canada.
Miss Angie Grimes,* Pratt, Ill.
Mrs. Carrie A. Clarke, Barre, Vermont.
Mrs. Helen M. Parmelee,† Falls Village, Conn.
Miss Eleanor M. Brown, New Brunswick.
Miss Lucia M. Byrnes, Norwich, Conn.
Miss Ella M. Rollins, Campello, Mass.
Miss Marion E. Stevens, Assistant Head Nurse in Children's Hospital, Albany, N. Y.* Towanda, Penn.
Miss Arabella R. Bill,** Billtown, N. Y.
Graduates desiring copies of the Report will please send address to the Recording Secretary.

**Charles A. Sheldon, Treasurer, in account with "The Connecticut Training School for Nurses."**

**Dr.**

- 1887. Jan. 3. To balance from last year... $767.19
- Dividend New Haven Water Co. $128.00
- Interest New Haven and Northampton Co. $40.00
- Bronson Fund " Miller Fund " $50.00
- Donations $100.00
- J. B. Lippincott & Co., royalty on Hand Book for Nursing $100.00
- Services of Nurses $6,831.76

**Cr.**

- 1887. By Mrs. O. H. Day, for expenses of the School... $6,744.75
- Balance to new account... $1,013.75

**Charles A. Sheldon, Treasurer.**


Examined and found correct.

A. D. Osborn, / Auditors.

Wilbur F. Day, / Auditors.

### Report of the Treasurer of Executive Committee.

**Olivia H. Day, Treasurer of the Executive Committee in account with "Connecticut Training School for Nurses."**

**Dr.**

- 1887. Jan. 1. To Balance from last year... $19.60
- Received from Treasurer... $6,704.75
- " interest on fund for Missionary cases... $40.00
- Received from other friends for Missionary cases... $13.13
- Sale of text-books to Nurses... $37.58
- Board of Nurse... $27.00
- Returned by Nurse leaving the School... $2.00

**Cr.**

- 1887. By Payments to Nurses... $5,517.12
- Materials for Uniforms... $78.89
- Text-books, Stationery and Advertising... $44.23
- Bills for printing... $114.62
- Graduating nurses and prizes... $15.92
- Course of lectures to nurses... $36.00
- Articles of food for diet kitchen... $6.60
- Spoons and marking for diet kitchen... $4.72
- Expenses of "Nurses' Home"... $17.33
- Paid for missionary cases... $53.15
- Board of extra nurses at the Hospital... $156.00
- Balance to new account... $6,844.06
DONATIONS.

Mrs. L. J. Sanford ........................................... $10.00
Mrs. M. W. Burrows ......................................... 25.00
Miss L. B. Dunham .......................................... 25.00
Mrs. Thomas Wells .......................................... 10.00
Mrs. J. M. Colbourn ....................................... 10.00
Mrs. E. H. Jenkins ......................................... 10.00

$106.00

Detailed Expenses of Nurses' Home.

Salary of Matron .......................................... $300.00
Making uniforms and cleaning .......................... 113.30
Blankets and sheeting .................................... 19.99
Furnishing double room, 12 small tables, oil cloth, etc... 62.90
Articles for Infirmary .................................... 8.30
Ice chest and furnishings ................................. 6.15
Extra gas fixtures ......................................... 4.05
Copper boiler and plumbing ............................. 81.56
Repairing furnace ......................................... 4.95
Door bell, repairing locks, etc. ....................... 13.53
Side rail and painting steps ............................ 11.97
Marking ink .................................................. 1.50
Water bills ................................................... 28.00
Insurance, (2 years) ..................................... 104.40
Outside nurses' washing ................................. 56.75

$817.35